

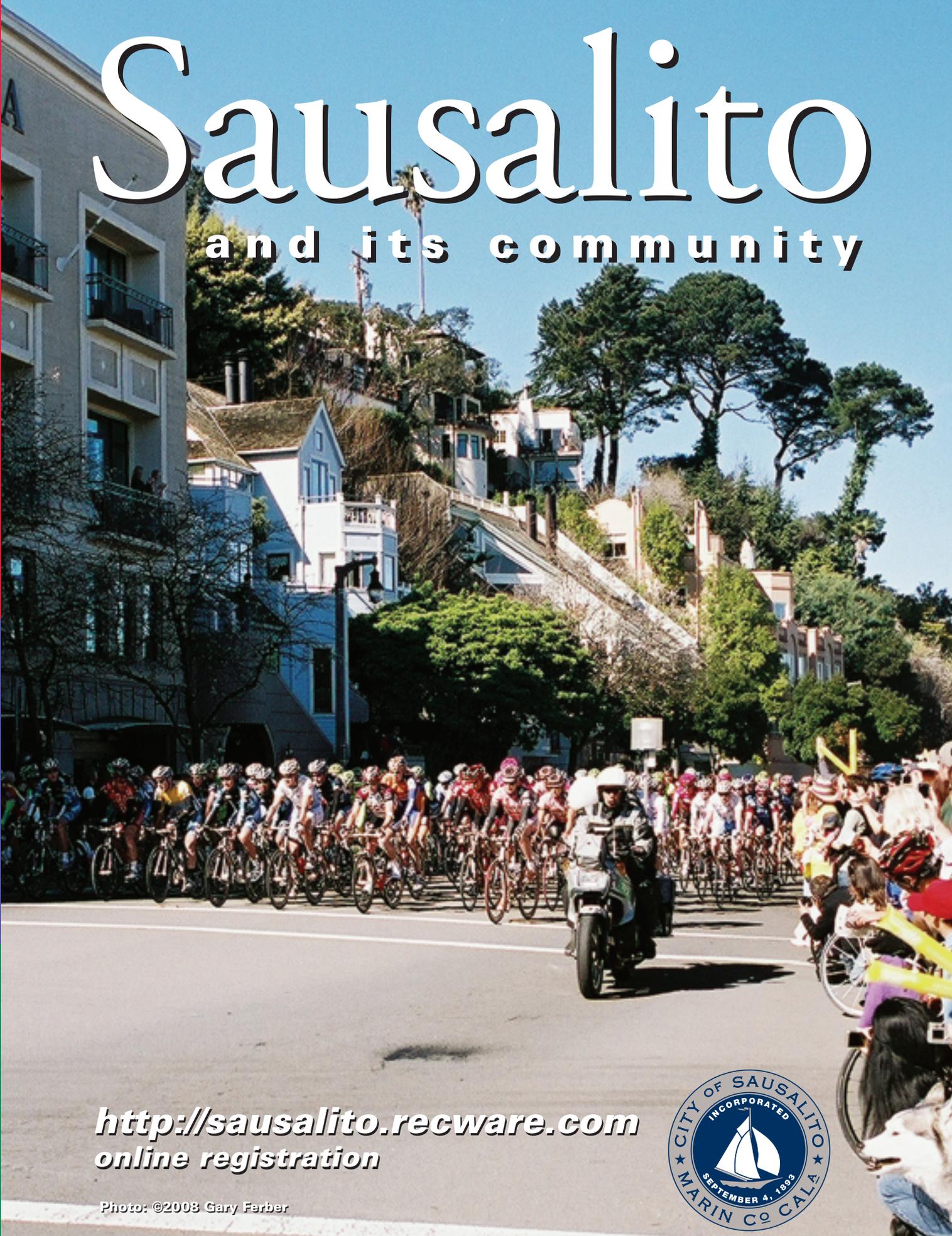
Sausalito

and its community

current through may 2008

city of sausalito

spring 2008



<http://sausalito.recware.com>
online registration

Photo: ©2008 Gary Ferber



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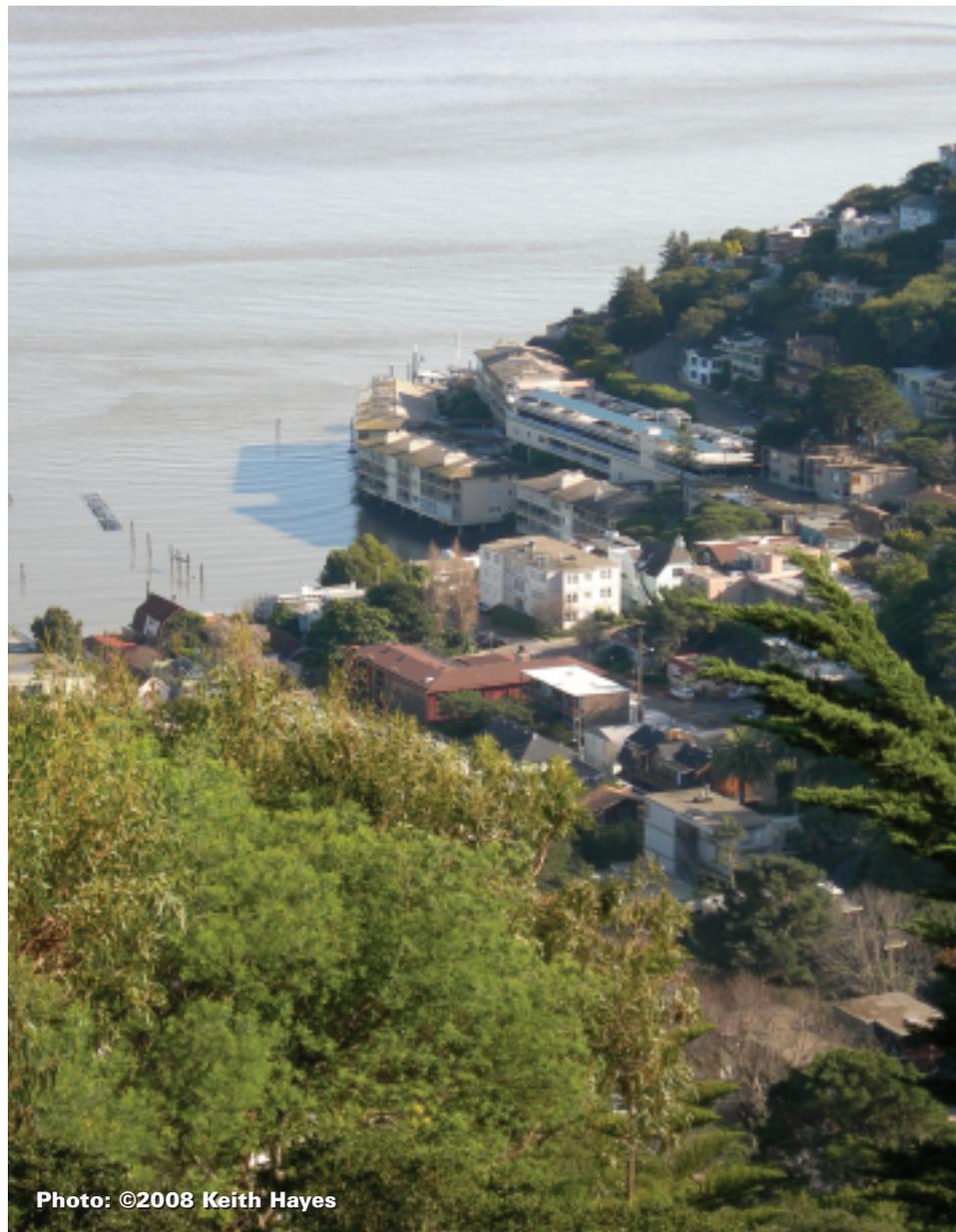


Photo: ©2008 Keith Hayes

Sausalito Parks and Recreation Department

420 Litho Street, Sausalito CA 94965 • 415-289-4152 • Fax 415-289-4189 • www.ci.sausalito.ca.us

Office Hours: Monday–Friday 8:30am to noon, 1pm to 5pm

Game Room Hours: Monday–Friday 3pm to 5pm

Parks & Recreation Director	Mike Langford	289-4126	mlangford@ci.sausalito.ca.us
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Community Guide Production Staff

Susan Nichols, Producer • Anita Wong, Coordinator • Jeanne Friedel, Editor • Keith Hayes, Design • Dale Vaughn, Proofreader

Calendar of Events

February

- **2/16 Crab Feed, Star of the Sea Church** Sponsored by the Sausalito Lions Club
- **2/15 Amgen Tour of California—Gala Event at the Spinnaker, 6pm–12am**
- **2/16 Amgen Tour of California Events—Family Bike Rodeo, 10am–2pm**
- **2/17 Amgen Tour of California Events—Tour de Cuisine, 6pm–11pm**
- **2/18 Amgen Tour of California bike race beginning at the Spinnaker, 9am; Autograph Alley, Expo Kids' Parade, Biker Brunch**

March

- **3/23 Easter Parade, Egg Hunt and Family Festivities in Dunphy Park, 10am–12 noon**
- **3/29 Little League Opening Day Auto Parade, 11am. Starts in the Discovery Museum**

April

- **4/27 Opening Day on the Bay of Yacht Season**
Sponsored by the Sausalito Yacht Club

May

- **5/3 & 5/4 Sausalito Spring Faire**
- **5/3 & 5/4 Heath Ceramics Open Studio, 10am–5pm**
- **5/7 Sausalito Community Blood Drive, 2pm–7pm**
At the Sausalito Yacht Club, sponsored by the Sausalito Women's Club
- **5/14 Sausalito Art Walk**
- **5/23–8/22 (Fridays) Jazz & Blues by the Bay at Gabrielson Park, 6:30pm–8pm**
- **5/25 Pancake Breakfast, 333 Johnson Street, 7am–1pm** Sponsored by the Southern Marin Firefighters Association and Sausalito Lions Club
- **5/25 Caledonia Street Fair/A Taste of Sausalito**

June

- **TBA 'Pig Feed' Bar-B-Que at Smitty's Bar & Grill, 214 Caledonia Street**

July

- **7/4 July 4th Parade on Caledonia Street, Picnic and Family Fun at Dunphy Park, 12 noon–5pm**
- **7/4 July 4th Fireworks Extravaganza at Gabrielson Park, 6:30pm–9:30pm**

All events sponsored by the Sausalito Parks & Recreation Department unless otherwise specified.

Town-Wide Photo Contest!

**Calling all photographers, professional and otherwise!
Submit your photos of Sausalito!**

First, second, and third place winners will be awarded. The grand prize winner will receive a \$100 gift certificate to Best Buy and the winning photo will be framed, matted and displayed at the Recreation Department, the City Hall, and featured in the next Sausalito Magazine.

Categories include:

- Landscape
- People
- Nature
- Animals

All photos must be 8" x 10" and include Sausalito and/or its residents. Submissions are due by April 25, 2008 and must be submitted electronically in JPEG format to awong@ci.sausalito.ca.us. All photos will become the property of the City of Sausalito and cannot be returned.

Photo contest sponsored by the Sausalito Parks & Recreation Department.

Southern Marin Firefighters Association and the Sausalito Lions Club

Pancake Breakfast

May 25, 7am–Noon—Come one, come all!

You are cordially invited to attend the annual Sausalito pancake breakfast put on by the Firefighters Association and the Sausalito Lions Club. Join us for breakfast and the opportunity to visit with friends and neighbors, and then enjoy the exciting and entertaining Caledonia Street Fair.

Breakfast will be served on Sunday, May 25, from 7am until 12 noon at the Southern Marin Fire Station at 333 Johnson Street.

All-you-can-eat breakfast includes light and fluffy pancakes, golden scrambled eggs, smoked and grilled ham, aromatic and full bodied coffee, sweet orange juice and refreshing milk. Tickets will be available for purchase at the Fire Station prior to the breakfast and at the door.

We look forward to seeing you at our breakfast table.



**Easter Parade and Family Festivities
at Robin Sweeny Park**

March 23, 10am–12 noon

A parade led by the Easter Bunny begins at the Fire Station at the corner of Johnson and Caledonia streets at 10am. An old-fashioned egg hunt and an Easter Bonnet Contest round out the morning at Robin Sweeny Park immediately following the parade. So put on your bright smiles and your craziest, most creative and beautiful Easter bonnets, and we'll see you Saturday, March 23, rain or shine. Don't miss the Easter Bunny!

Caledonia Street Fair/A Taste of Sausalito

May 25, 11am–6pm

Caledonia Street Fair

This event will celebrate its eighth year with over 100 fine arts and crafts vendors and food and entertainment for the entire family. The Fair has a strong focus on music and dance performances, with three stages of live entertainment. A special children's area on the lawn at City Hall provides art and activities for our littlest residents. There are always surprises at this event, so don't miss out. The show goes on, rain or shine.

A Taste of Sausalito

Don't miss "A Taste of Sausalito," a special luncheon and wine tasting event housed in a V.I.P. tent at Robin Sweeny Park from 12 noon to 5pm at the Caledonia Street Fair, featuring Napa and Sonoma Wineries and tasty bites from some of the best restaurants in Sausalito. Separate admission required; tickets will be on sale at the Recreation Office on April 15. Please call **289-4152** or visit the city website at <http://www.ci.sausalito.ca.us> after April 15. This event sells out, so buy your tickets early.

Caledonia Street Fair Call to Artists

If you want to enjoy the Caledonia Street Fair from the inside, why not apply to be a fine art or craft vendor? Applications for the 2008 Caledonia Street Fair are now being accepted. Please visit our city website at <http://www.ci.sausalito.ca.us> to download an application. You can also call the Parks and Recreation office at **289-4152** to have an application mailed to you.

Fourth of July Fireworks Donation Drive

The Sausalito Recreation Department is busy planning for our spectacular 4th of July event. We need your help and support to raise over \$25,000 to support the cost of the fireworks spectacle. Last year's show was our best yet, and plans are in the works to top that! Donations from local residents and merchants solely fund the fireworks show, so please send your tax-deductible donations to:

Fireworks
C/O Sausalito Parks & Recreation Department
420 Litho Street
Sausalito, CA 94965

**Movies at the Bay Model
Bay Model Visitor Center, 2100 Bridgeway**



They're back! Join Sausalito Parks and Recreation along with the Bay Model Visitor Center as we present monthly Movies at the Model. These movies will make you laugh, sit on the edge of your seat, and warm your heart! Bring your friends and family to 2100 Bridgeway, Sausalito. Eat popcorn and enjoy an easy and relaxing evening. There is something for the whole family. Kids are welcome to wear their p.j.s, bring a blanket and cozy up to their own age appropriate film. (Chaperones are present in the kids' theatre.) Refreshments are sold at the concession stand. This event is proudly sponsored by the Spinnaker restaurant. ALL MOVIES START AT 7PM.

- **2/29 Auntie Mame**
Charlotte's Web (2006)
- **3/28 Foul Play**
Jimmy Neutron, Boy Genius

**Sausalito Spring Faire
Celebrates Its 39th Year!**

Saturday and Sunday, May 3 and 4

The Sausalito Spring Faire will be held Saturday and Sunday, May 3 10am–7pm and May 4, 10am–6pm in downtown Sausalito. Over 100 artists will display many different hand crafted works including painting, photography, jewelry, clothing and sculpture. This free event offers food and wine, musical entertainment and a family area for the children. The children's entertainment line-up includes local musicians/entertainers, children's arts and crafts area and more. Adults will enjoy live music. For a schedule of events visit www.sausalitonurseryschool.org or call **332-0904**.

**The Sausalito Community Blood Drive
Wednesday, May 7, 2–7 pm, Sausalito Yacht Club.**

The Sausalito Woman's Club hosts the event where walk-ins are welcome and appointments can be made by calling Barbara Rich **383-5512**. All participants will be entered into a drawing for two \$25 dinner certificates. Bring picture ID, please.

**Volunteer for Parks
and Recreation Events!**

The Sausalito Parks and Recreation Department strives to provide quality programs to Sausalito and its community that enhance growth, expression and recreation through people, parks and programs.

**Would you like to meet new people?
Get to know new friends and neighbors?**

Whether you have just moved here or are a long time resident, an exciting and fun way to meet the people in your community is to volunteer for the Sausalito Parks and Recreation Department. We're already busy planning this year's Easter Parade, the Caledonia Street Fair/Taste of Sausalito, the Jazz and Blues by the Bay Concert Series, the Annual Fourth of July Picnic, Parade, and Fireworks, Arias in the Afternoon, the Chili Cook-Off, and the Halloween Parade and Haunted House. Phewww! That's a lot! So, you can tell we need your help. We need volunteers to help with all the events throughout the season. Also, if you want to help drive these events and participate on a different level, how about joining a committee for a specific event? The time commitments usually require several pre-event meetings and event day participation. The rewards are supporting our community and having fun while you do it. Did you know you could have this much fun without leaving town? Call the Recreation Department at **289-4152** and let us know how you would like to help. You can also send an email to the Special Events Coordinator at jfriedel@ci.sausalito.ca.us.

Advertise Your Business In the Next Sausalito Magazine.

Sausalito and its Community
is delivered to 15,000 local
consumers four times a year.

If you're interested in advertising
in the next issue, please contact
Susan Nichols at Sausalito Parks
and Recreation at 289-4152



Jazz & Blues by the Bay 2008

Come and enjoy good music, good food and good friends every Friday night from 6:30pm–8pm from May 23 through August 22 at our City's very own Jazz and Blues by the Bay at Gabrielson Park. Hosted by the Sausalito Parks and Recreation Department, this is a community favorite. Breathtaking views of Angel Island and San Francisco are the backdrop to this weekly musical celebration. Food and refreshments are available for purchase each night from our local non-profit groups or bring your own picnic. Join us to enjoy the music from local Jazz and Blues performers. With the help of our generous sponsors, we can bring these concerts to the residents of Sausalito free of charge. For additional information please call the Sausalito Parks and Recreation Department at **289-4152**. *No chairs or tables on lawn higher than 18 inches.*

RESERVED TABLES ARE BACK BY POPULAR DEMAND! If you are meeting friends and family at one of our café tables, they are available by advance reservation only. We have a limited number of reserved tables available, so plan on placing your orders early.

All tables come with 6 chairs and up to two additional chairs per table are available by reservation at \$6 each per night. This year's season table includes 4th of July!

Table sales were open to SPONSORS ONLY from 1/3/08 until 1/11/08.

Sponsorship Opportunities Available for Jazz & Blues by the Bay 2008 Fridays, May 23 to August 22, 6:30pm–8pm

Producers' Level Stage Sponsor—Solo/Exclusive \$7,000

SPONSOR BENEFITS

- Corporate logo on Stage Banner located across bottom of stage front (Exclusive)
- A 100-word corporate write-up, including hot link and logo, on the City of Sausalito website
- Six reserved parking spaces adjacent to Gabrielson Park for the concert series season
- Thank you announcements by the Mayor and City Council Emcee each week
- Company name included as official sponsor in Sausalito quarterly magazine with logo identification (circulation 15,000)
- Corporate logo in all newspaper ads and flyers promoting the entire season
- Sponsor name on event merchandise
- Twelve "official sponsor" Sausalito sweatshirts
- Two reserved tables for six for the entire season

Producers' Level-Duo/Limited to two companies \$3,500

SPONSOR BENEFITS

- Corporate logo (11"x17") on Stage Banner located across bottom of stage front (shared with another company)
- Four reserved parking spaces adjacent to Gabrielson Park for concert series
- Thank you announcements by the Mayor and City Council Emcee each week
- Company logo listed as a sponsor in Sausalito quarterly magazine (circulation 15,000)
- Corporate logo in all newspaper ads and flyers promoting the entire season
- Sponsor name on event merchandise
- Six "official sponsor" Sausalito sweatshirts
- One reserved table for six for the entire concert season

Platinum Business Level \$2,000

SPONSOR BENEFITS

- Corporate logo (8"x10") on Sponsor Banner located at park entrance
- Two reserved Parking Spots adjacent to Gabrielson Park for concert series season
- Thank you announcements by the Mayor and City Council Emcee each week
- Sponsor name on event merchandise
- Company name listed as a sponsor in Sausalito quarterly magazine (circulation 15,000)
- Corporate logo in all newspaper ads and flyers promoting the entire season



- Six “official sponsor” Sausalito sweatshirts
- One reserved table for six for the entire season

Gold Business Level \$1,000

SPONSOR BENEFITS

- Corporate logo (5”x7”) on Sponsor Banner located at park entrance
- Thank you announcements by the Mayor and City Council Emcee each week
- Company name listed as a sponsor in Sausalito quarterly magazine (circulation 15,000)
- Corporate logo in all newspaper ads and flyers promoting the entire season
- Sponsor name on event merchandise
- Six “official sponsor” Sausalito sweatshirts
- One reserved table for six for the entire season

Silver Business Level \$650

SPONSOR BENEFITS

- Corporate logo (4”x6”) on Sponsor Banner located at park entrance
- Company name listed as a sponsor in Sausalito quarterly magazine (circulation 15,000)
- Sponsor name on event merchandise
- Company name in all newspaper ads and flyers promoting the entire season
- One reserved table for six for the entire season

Bronze Business Level \$300

SPONSOR BENEFITS

- Company name listed as a sponsor in Sausalito quarterly magazine (circulation 15,000)
- Corporate logo (4”x6”) on Sponsor Banner located at park entrance

Season Table sales will open to Sausalito Residents on Tuesday, 2/12/08 on a first-come, first-serve basis at 9am.

Season Tables: \$500 Sausalito Residents.

Individual Nights are Available: \$50 per night for Sausalito Residents, beginning **Monday, March 10 at 9am**

Table locations based on a first-come, first-serve basis.

NON-RESIDENT RATES

Season Tables: \$595 Open to the general public, beginning **Friday, February 15 at 9am**

Individual Nights are Available: \$50 per night, open to the general public, beginning **Monday, March 10 at 9am**

Table locations based on a first-come, first-serve basis.

NEW! Private Boat Charters Available!

Private boat charters are available for each Jazz & Blues by the Bay night (up to six people per night). Prices for charters start at \$600 per night. Contact Sausalito Parks & Recreation at **289-4152** for more information.

Tables cannot be “resold” to other parties, although they can be gifted.

Tables can be selected from the event site plan. All table locations are approximate; there is no guarantee that tables will be placed at the exact same location each week.

Table will need to be cleared by 8:15pm each night for breakdown

Don’t wait until the last minute; we only have a limited number of tables available and they are all sold on a first come, first serve basis. Call the Recreation office to make your reservation at **289-4152**. All sales timelines will apply.



Photo: ©2008 Herman Privette



It All Starts Here!
The Third Annual Amgen Tour of California
President's Day Weekend, February 15-18

For the third year in a row, Sausalito has been selected to host the first stage of the Amgen Tour of California (ATOC), an 8-day professional cycling race that rivals the legendary Tour de France.

The race will start in Sausalito, Monday, February 18 (the President's Weekend holiday) with over 144 international cyclists traversing over 700 miles of challenging terrain from northern to southern California. After starting in Sausalito and cycling up coastal Highway One, then inland to Santa Rosa, the riders will go through Sacramento, Modesto, San Jose, Seaside, San Luis Obispo, Solvang, Santa Barbara, and Santa Clarita, ending in Pasadena. This year, the prologue for the race will be in Palo Alto versus San Francisco.

"From the world-class riders and aggressive and challenging competition, to the tremendous amount of support from the fans and host cities, the Amgen Tour of California has grown to become a highly anticipated event within the international cycling community in only two years. Now in our third year, fans can expect the best race yet."

—Kristin Balcochin, AEG Sports, race sponsor

The ATOC is the largest athletic event in the state of California and last year:

- Attracted over 1.8 million spectators
- Contributed more than \$100 million to the state economy.
- Raised \$100 million was raised for the Amgen Breakaway From Cancer initiative

Weekend of Events

As in past years, Sausalito is planning an entire weekend of festivities for locals and visitors alike, including:

- Team Presentation and Gala on Friday evening, February 15
- Family Bike Rodeo in The Big Bike Tent on Saturday, February 16
- The popular Tour de Cuisine on Sunday evening February 17
- Race Day on February 18!

- Also on Race Day, a Bike Expo, Biker's Brunch and Mayor's Bike Relay

Tickets for the Gala, Tour de Cuisine and Brunch can be purchased online at www.tourofcalifornia-sausalito.com or call Sausalito Parks and Recreation at **289-4152**. Also see the website for information on reserving a booth for the Expo.

Proceeds from local events benefit Marin County non-profit cycling programs and the Sausalito school Bikes for Kids program.

Meet & Greet the Pros

Prior to the race, as the cyclists are registering, spectators will have an opportunity to shake hands, get autographs, take photos, and see their favorite riders up close and personal.

Where to Watch

The race will start at Spinnaker Drive in downtown Sausalito. Cyclists will make two circular loops down Bridgeway and around Caledonia Street. Streets will be fenced off, but spectators are invited to gather on sidewalks for close viewing of the cyclists in action. The cyclists will head north out of town down Bridgeway towards Highway One.

Parking

Special parking areas will be provided and well publicized in advance of the event, as will areas of limited access. Road closure will be minimal.

Bike to the Event!

The Marin County Bicycle Coalition will provide valet parking for bicycles.

Before and after the Race—Stay & Play for the Day

Arrive early the morning of February 18th to secure the best viewing and avoid traffic issues associated with parking and/or traffic routing. A full day of activity is planned around the race start - before and after - for the entire family. Come early and plan to spend the day; watch the cyclists race the route and cross the finish line from our big screen TV; visit local merchants who are hosting race day specials.

Live Broadcast

Tune in to VERSUS America's professional cycling television channel for daily coverage of the race. An estimated 400 international and U.S. journalists will be covering the event. The world will be watching!

Volunteer!

Be a part of this exciting international athletic event. To volunteer, or for more information, visit www.tourofcalifornia-sausalito.com.

The Sausalito Parks & Recreation Commission

Susan Roe, Chair
Gina Viets, Vice Chair
Melissa Mooney
John Lerner
Todd Hurlbut
Jayne Reichert—Alternate

We offer a broad range of classes as well as social and community events. Each year we strive to expand our activities and classes to better serve the residents and those who participate. We, as commissioners, have a bocce league, are a dedicated group of individuals who take great pride in our parks, and constantly work toward park improvements for our community. We make recommendations to the City Council on matters pertaining to the creation, operation, maintenance, management and overall improvements of all parks, playgrounds and community recreation programs.

We also participate in local events such as the Sausalito Sister City Program and the Amgen Tour of California.

We encourage you to attend one of our monthly meetings. We meet on the third Wednesday of each month at 6:30pm in the Edgewater Room at City Hall, 420 Litho Street, and we welcome your involvement. Agenda items should go through the Parks & Recreation office by calling **289-4152**. We are proud to serve our community and we all enjoy working as volunteers to serve you.

Respectfully submitted,

Susan Roe, Chair, Parks & Recreation Commission
331-3126 or sroe@gordonrees.com

Get In The Loop!

The City of Sausalito distributes regular email messages through the "In the Loop" program. These messages disseminate information to residents, merchants, and other interested parties to keep them informed about matters of public interest and to encourage participation in City processes and events. Sign up to receive City news alerts via E-mail: InTheLoop@ci.sausalito.ca.us.

Sakaide, Japan: Sausalito's Sister City

Celebrating 20 years of history, 2008 is the year of the anniversary of the Seto Ohashi bridge in Sakaide, Japan. Sausalito and Sakaide have been Sister Cities for 20 years and we are planning a large celebration that we wish to share with our community.

On May 9, 10 and 11, 2008 we will be honored with a delegation of visiting residents of Sakaide and a group based from their City Council structure. We will host the Mayor's Group locally, a special thank you to Hans Mulders at the Casa Madrona for supporting this program, and to all of those on the board, former homestay families, Yoshi Tome and a variety of local organizations, Rotary, Lions Club as well as private citizens who have donated to this program.

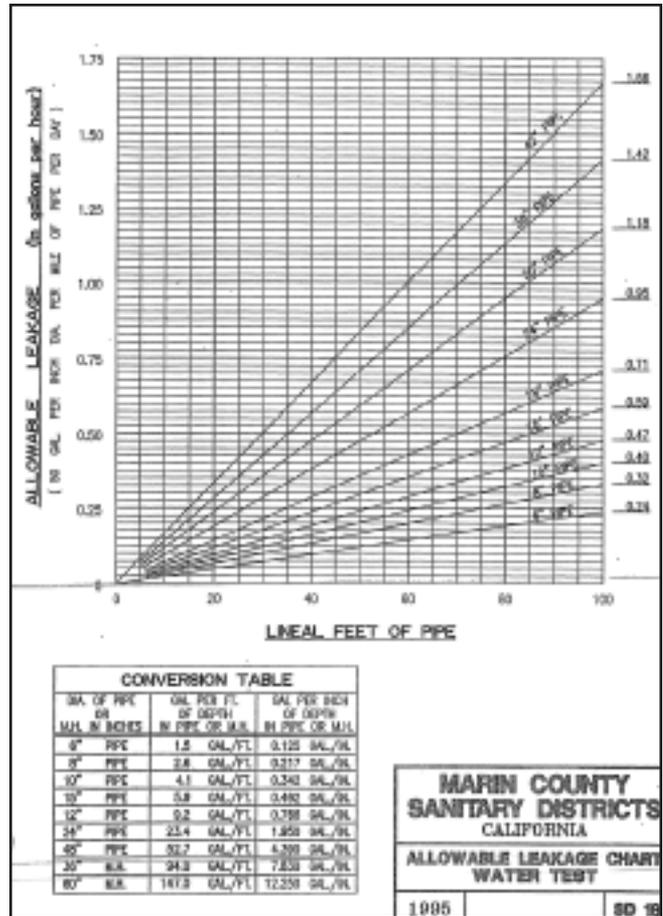
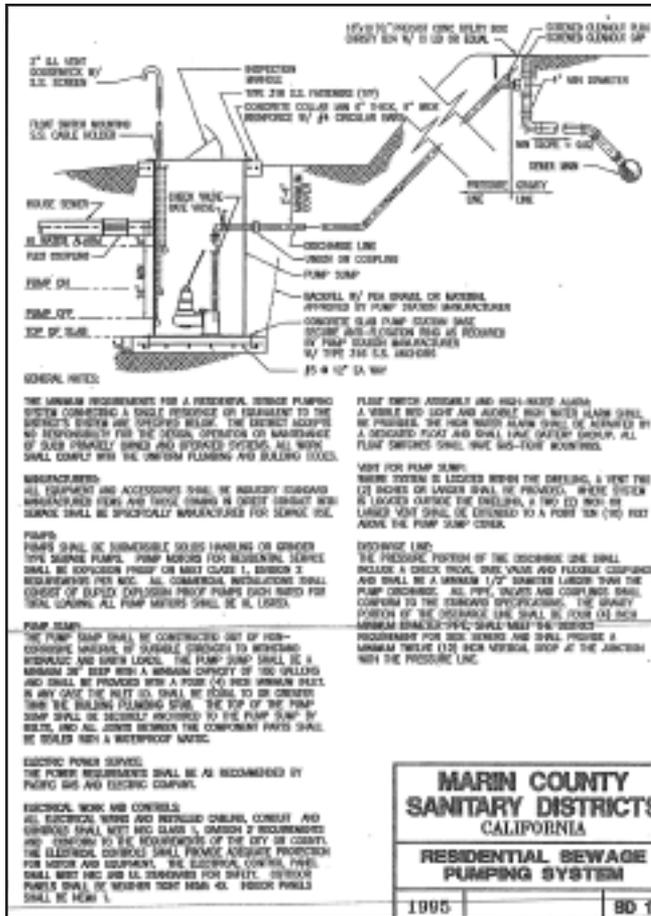
We will have the entire delegation in Sausalito on May 9, 2008 for a ceremony at City Hall, a tree planting ceremony, lunch, shopping and then the pot luck so please come and be a part of this program and welcome them to Sausalito in grand style. Watch the local newspapers for more details surrounding this anniversary celebration.

We are currently working on a web site and will have that up and running in advance of their visit. We have a small delegation going to Sakaide in April to celebrate the bridge and if anyone is interested in attending that ceremony please notify Susan Roe at **331-3126** to find out the costs involved.

The resident or citizens group will be comprised of approximately 30 persons and they will have engaged a tour company to make those arrangements, such as hotel, airfare, meals and tours for their brief stay and the Mayor's Group will stay at the Casa Madrona. We have planned on Friday, May 9th a very large community pot luck dinner at the Bay Model so put that on your calendar and please contact me, Susan Roe, President of the Sister Committee if you want to be involved. Any donations can be mailed to my attention and checks payable to the Sister City Committee and we will send you a confirmation and acknowledgement of your kind contribution.

We also host the student exchange program this year in late July early August so if there are any residents who want to learn more about the opportunities of being a homestay family please call me at **331-3126** and we can consider your application.

Feel free to contact me about how you can help. We need your generosity to make this program memorable and to help support the activities we wish to host for our friends in Sakaide. Thank you, and best wishes for a happy and prosperous 2008 from the Parks & Recreation Commission.



Sewer Ejection Systems: Yearly Maintenance Program

In the City of Sausalito Approximately 500 properties with sewer ejection systems contribute to the total amount of sewage created in the community. In many cases those subject property sewage ejection systems have direct interface with the local marine environment.

Having this direct interface with the local marine environment creates accelerated degradation to the appurtenances contained within these private ejection systems.

Degradation such as:

- Rusted and failing discharge lines
- Rusted and failing submersible pumps
- Rusted and failing holding tanks
- Rusted and failing inflow and discharge connections
- Rusted and failing exterior electrical panels and electrical connections
- Deteriorated tank seals, discharge line seals and inflow line seals

The only way to properly maintain a sewer ejection system is by

inspection, operation maintenance and prompt repair of defective components. Similar to the responsibilities car owners have.

With so many residences and in some cases businesses, utilizing sewage ejection systems, it is this department's opinion that a Yearly Maintenance Program be considered by the property owners.

The most important reason for this program is to protect ourselves, our community, our property and our local environment from the ill affects of sewage flowing freely from poorly maintained sewage ejection systems.

It is the wish of this department that private side sewer ejection systems that serve a residence or business in the City of Sausalito facilitate yearly inspections and (if needed) repairs of those subject property sewer ejection systems.

It is the property owner's responsibility to have this done.

I suggest that inspections be provided by licensed, bonded sanitary sewer professionals specializing in mechanical expertise (ejection systems).

After each inspection I recommend that the ensuing documentation be forwarded to The City of Sausalito Community



Development Department (CDD) Sanitary Sewer Coordinator (SSC).

When the SSC receives said documentation, it will be placed in the subject property file and become part of the ongoing yearly maintenance program for that sewer ejection system.

If you have any questions you may call me at **289-4100 ext.192**.

Sincerely,

Patrick A. Guasco
City of Sausalito

Cc Building official

Patrick A. Guasco
Sewer System Coordinator
City of Sausalito Community Development Department
249 Litho Street
Sausalito, CA.94965
(415) 289-4192
pguasco@ci.sausalito.ca.us

Sausalito Historical Society

The Sausalito Historical Society invites the public to visit the historic exhibit and Phil Frank History Research room on the second floor of Sausalito City Hall on Wednesdays and Saturdays from 10am to 2pm. Docents are available to assist with information and research. In addition, the SHS operates the Ice House Visitor Center and Historic Display at 780 Bridgeway from Tuesday through Saturday, 11:30am to 4pm. Visit the Marinship World War II exhibit at the Army Corp of Engineers Bay Model.

The Sausalito Historical Society has been in operation since 1975. Memberships and donations support the preservation and archiving of Sausalito's rich history. Upcoming events are noticed in their members' quarterly newsletter and the city's website calendar. Call the SHS at **289-4117** or email at **www.info@sausalitohistoricalsociety.com** with questions or to obtain membership information. We welcome new members.



Inside the "Ice House" Visitors' Center



What is CERT?

Simply put, Community Emergency Response Teams are groups of amateur emergency workers. CERT personnel receive basic training from emergency response professionals and work in the initial aftermath of a disaster to augment official emergency services. CERT members are not intended to replace a community's professional response capability, but rather to serve as an important supplement to it.

In a large scale disaster, both self-reliance and the use of volunteers under professional guidance will be necessary. With this in mind, the Fire Departments and Districts in Marin County are offering a program in Community Emergency Response Training (CERT) for civilians.

The CERT program and manual were developed under the auspices of the Marin County Disaster & Citizen's Corps Council (DC3) based on the Federal CERT program.

This program is designed to emphasize hands-on experience, and is taught to Marin County residents by Marin Fire Agency personnel. Classes will train and prepare volunteers to achieve higher levels of skills in emergency preparedness, disaster first aid and triage, fire prevention and suppression, basic search and rescue skills and home utilities management

We live in "earthquake and wildfire country." Realistically, emergency personnel just can't be everywhere at once! We must be prepared to take personal responsibility for our own safety and survival, as well as our families, for at least 96-120 hours.

CERT Class Outline

In Southern Marin, the following four Fire Department (Mill Valley, Tiburon, Marin County & Southern Marin) have joined together to teach the 10-hour, 2-day CERT course. Trainings are generally Saturday & Sunday from 9am-4pm. A BBQ lunch, prepared by the firefighters is provided on the second training day. Students receive a CERT manual and upon completion of the training, each graduate will receive a disaster service worker identification card, CERT response backpack (helmet, vest, goggles, gloves, dust mask, flashlight, batteries, wrench, barrier tape, light stick), and a certificate of completion.

CERT Class Schedule - 2008

2/23-2/24 SATURDAY 9am-4pm; SUNDAY 9am-4pm, BBQ lunch
5/3-5/4 SATURDAY 9am-4pm; SUNDAY 9am-4pm, BBQ lunch
8/23-8/24 SATURDAY 9am-4pm; SUNDAY 9am-4pm, BBQ lunch
11/15-11/16 SATURDAY 9am-4pm; SUNDAY 9am-4pm, BBQ lunch



Digital architectural rendering of Sausalito's future public safety buildings

Public Safety Buildings Update

On December 18, the City Council voted to authorize the project architect, Glass Architects, to begin work on the construction documents, which is the final of three pre-construction phases.

Work on the construction documents will take place between January and April. When the construction documents are completed, they will be submitted for building plan check, a process that is anticipated to take place between April and June. Following the approval of the plans, the public safety buildings project will be put out for competitive bid. Construction is scheduled to begin by August 1, 2008, with occupancy by the Police and Fire Departments scheduled for October 2009.

While the buildings are under construction, the Fire Department will be operating out of Fire Station No. 2, located at 300 Spencer Avenue.

Emergency Support Fund

In December 2007 the Sausalito City Council voted to donate the money collected through the downtown free meter parking to a new homeless and emergency support fund. The \$2500 will be used to provide emergency shelter, food, or transportation on a limited basis. This new service will be operated through the Police Department and offered 24 hours a day to those in need. The City also anticipates that this money will help those less fortunate get through the more severe winter months. The Police Department is accepting any donations towards this fund in order to keep the program working throughout the entire year. Please contact Sergeant Stacie Gregory for further information at **289-4170**.

Marin Abused Women's Services (MAWS) Cell Phone Recycling Program: Peace Starts at Home

WHAT: Upgrading your cell phone? MAWS is collecting used cell phones to benefit families experiencing domestic violence. Proceeds will help provide EMERGENCY FOOD, SHELTER AND CLOTHING to those women and children within our community whose homes and lives have been disrupted by domestic violence.

This is an opportunity to double your good works by helping the environment and supporting MAWS at the same time. A win-win situation!

WHERE: Sausalito Police Department
300 Locust St., Sausalito, CA 94965
289-4170

WHY: Did you know that millions of cell phones are disposed of daily, adding to a growing environmental crisis? Old cell phones can be re-used or recycled responsibly while supporting the vital services of organizations such as Marin Abused Women's Services.



With the VOLUNTEERS IN PUBLIC SAFETY—“VIPS”—program, the Sausalito Police Department offers a unique opportunity for residents to assist and cooperate with our excellent police department in its goal of keeping Sausalito safe. Our 20 VIPS members, ranging in age from mid-20s to early 80s, work both individually and in teams to support our police whenever and wherever needed.

The VIPS program has been in place for several years, and our activities have made a difference from early on. Whether taking on routine assignments, or standing by for a call-out—several of us have pagers—the VIPS free up our police to respond to the extraordinary number of situations where sworn officers are required. We proudly wear our uniform which identifies us as VIPS. You may have seen us assisting with traffic control at the 4th of July parade, the Children’s Easter and Halloween parades. We provide safety patrols at city sponsored street fairs as well as at the Sausalito Art Festival. We’re out there assisting with special police projects such as Pedestrian Crosswalk Safety and Bicycle Safety checkpoints. You may have seen us performing our follow-up surveys of drivers’ and bicyclists’ observance of the laws which the police have emphasized at the checkpoints and which are a continuing safety concern, particularly on Bridgeway. We perform seatbelt surveys, as well. Yes, as you would hope, the public does respond favorably to our police department’s emphasis on traffic laws which promote the safety of our residents, business people, and visitors alike. It’s truly satisfying to get that kind of return on energy and time spent assisting our police.

VIPS also deliver and pick up documents for the courts and the district attorney’s office at the Marin Civic Center. There is basic,

routine record keeping and a variety of other tasks within the police department as well, assigned to VIPS members, and freeing up busy administrative staff. You may have seen us out on vacation house checks, and disabled parking space checks, as well as delivering information packets to the members of our City Council in sufficient time for them to review the material before Council meetings. And it’s “all hands on deck” for our annual foodbooth fundraiser at a Friday Jazz by the Bay event: we’re looking to replace our official VIPS car.

Officers from other police departments in southern Marin, as well as the Highway Patrol, have generously offered their services to make the Pedestrian Crosswalk Safety exercises as effective as possible, providing for continuous enforcement in the event that our Sausalito officer in charge of the exercise was needed elsewhere. It’s always very satisfying to watch those officers take in the sight of a team of uniformed Sausalito VIPS walking into the conference room for the pre-exercise briefing. Their attitude is one of thoughtful envy! Our attitude: It is an honor and a privilege to assist the Sausalito Police whenever and wherever we are called upon.

As can be seen from our activities, there is a place for everyone: the diverse skills and energy each person brings, enhances our ability to assist our police. Completion of a course at the Sausalito Citizens Police Academy is a prerequisite, so that VIPS joining the organization have been introduced to police procedures and background work. That course in itself is extremely worthwhile. The VIPS heartily endorse it!

For more information about the VIPS program, please contact Sausalito Police Administrative Assistant Susan Barnes at **289-4173**.



Edgewater Seniors

The Edgewater Seniors of Sausalito have been meeting for 27 years. The many members meet for a variety of social gatherings, presentations, trips and friendly conversation. A large percentage of the club members are longtime residents of Sausalito and are an important part of our community.

To be eligible for membership, one must be at least 55 years of age and pay annual membership dues of \$8 at the beginning of each year. Clergy of all faiths are accepted as honorary members.

2007 Executive Board

Bettina Strongoli—President

Roberta Hoover—Vice President

Wera Musaus—Treasurer

Rose DeMartini—Secretary

Bob Hallin—Historian

Gwen Long—Sunshine

Purpose

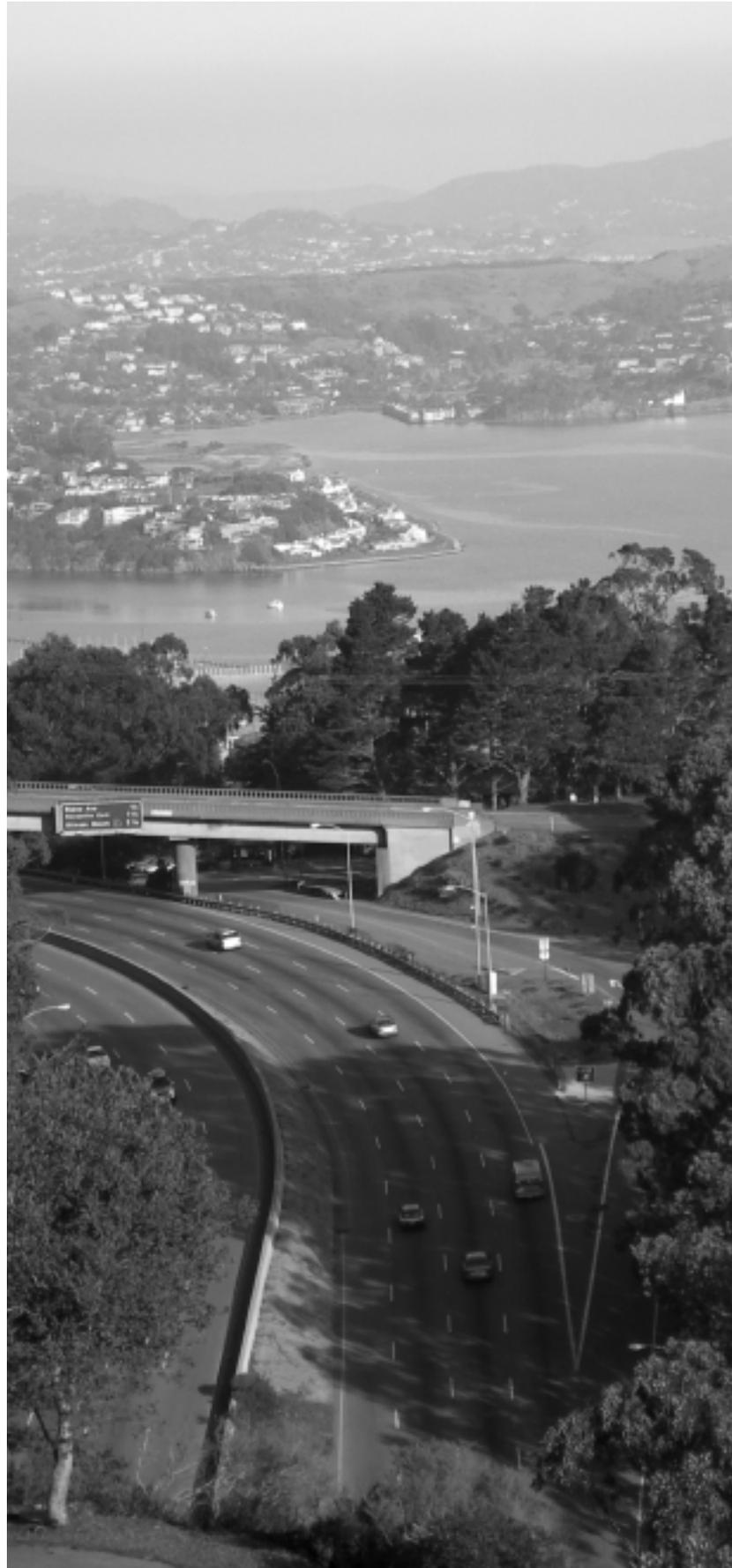
The Edgewater Seniors Club was created to provide an opportunity for seniors to create and develop friendships, enjoy special events and share experiences.

Meetings

Regular luncheon meetings are held on the first and third Tuesday of every month. The first meeting of the month is a business meeting. The third is a social meeting that offers programs, special presentations and birthday celebrations. Meetings begin at 11am in the Edgewater Room located in the lower level of City Hall.

Members receive 25% discount on monthly trips

Last year's trip included Golden Gate Fields and the Conservatory of Flowers. Details of trips (cost, sign-up information and times) are available in the Seniors' monthly newsletter. Call for a copy! Contact Anita Wong at **289-4152** for more information regarding the Senior Club or trip information.



Library Information

Phone: 289-4121 (Circulation and Reference Desk)

Web: www.ci.sausalito.ca.us/library

Hours: Monday-Thursday, 10am-9pm; Friday-Saturday 10am-5pm; Sunday, Noon-5pm

Children's Programs

Story Time

Stories range from favorite classics to the newest in children's literature

When: Every Thursday

Time: 4pm-4:30pm

Ages: 3-7

Cost: Free!

Where: City Hall Council Chambers 420 Litho Street

Special Holiday Programs

• **Thursday 2/14** Program TBA. Check in Library or our web site for further details

Time: 4pm-5pm

Ages: Children of all ages

Cost: Free!

Where: City Hall Council Chambers, 420 Litho Street

Adult Speakers' Series

Time: 6:30pm Refreshments; 7pm Speaker

Where: City Hall Council Chambers 420 Litho Street

Cost: Free!

- **3/10** How to we know what we know? Robert Burton, M.D., local author, neurologist, and author of the Salon.com neuroscience and popular culture feature, *Mind Reader* will discuss his new book, *On Being Certain: Believing You Are Right Even When You're Not*.
- **5/19** *Annie Leibovitz: A Photographer's Life, 1990 - 2005*. TBA docent from the Fine Arts Museums of San Francisco will talk about a current exhibition of the photographs of Annie Leibovitz.

Check in the Library or its website (above) for further details of these and other programs. These programs are sponsored by the Friends of the Sausalito Library

CompuLab Computer Classes

Through a generous donation by the Sausalito Library Foundation, the library is offering monthly a variety of hands-on workshops on a variety of topics using a portable lab of laptop computers. Topics include computer basics, setting up e-mail accounts, using the library catalog and databases, finding interesting stuff on the Internet and more!

Email Augie Webb at awebb@ci.sausalito.ca.us for more information.

Training is currently offered by librarian Marisa Bowen by reservation. This one-on-one session takes approximately 45 minutes to an hour. Please call the library at **289-4121** to arrange for your personal training.

Friends of the Sausalito Public Library

Founded in 1961, the mission of the Friends is to support the library through volunteer services and financial contributions to supplement the library's collections and services. Book sales held three times a week are the major source of income. The Friends contribute approximately \$30,000 to the Library's 'wish list' each year. Thus far, the 2008 wish list includes \$10,000 towards new DVDs, books on CD, and music CDs, new furniture, special children's programs, museum passes to the Fine Arts Museums and Asian Art Museum, and a subscription to downloadable videos. New Friends are always welcome.

To leave a message, contact **331-3352** or drop by the library at 420 Litho Street to speak to someone in person.

BOOK STORE

Visit the Friends' Bookstore upstairs from the Library. Hours are every Monday 9am-1pm, Wednesday 10am-1pm and Saturday 10am-1pm. The Friends also maintain a \$1 book cart in the library across from the circulation desk. Donate books to the Friends for resale. Leave them in the barrel just inside the Library door or arrange to have them picked up by calling Libby Wilkinson at **332-0206**. Donations are tax deductible.

VOLUNTEERS

Have an extra couple of hours a week or even once a month? Why not join a congenial group in a friendly work environment? Volunteers are always needed to help with book sales, book mending, and lending a helping hand in the Library. No experience is necessary. We'll train you!

If you'd like to help with the Saturday book sales call Mary Lou Anderson **332-6440** or drop by any Saturday between 11am and 1pm. Most book sale volunteers work just a few times a year. You can work with a friend if you like.

Jim Delano is in charge of Library volunteers and is happy to schedule work times that are convenient for you. Call him at **332-6939**.

Special Services

MUSEUM PASSES

The Friends of the Library have sponsored two institutional museum memberships: one with the San Francisco Fine Arts Museums and the other with the Asian Art Museum. The memberships include free passes which Sausalito residents will be able to borrow for a day at a time. Each pass will admit two adults and children 17 years of age and younger. One pass is good at the De Young, the Legion of Honor, and the Copia in Napa and the other at the Asian Art Museum. For more details call the library.

TEST PROCTORING

Test proctoring is now available in the library thanks to the Friends. For a fee both residents and non-residents can have both open and closed book exams proctored. Phone **289-4123** to make arrangements.

NOTARY SERVICE

Notary certification is available in the library Tuesday–Friday 10am–12pm and 1:30–4:30 pm. There is a \$10 fee and you must have a valid picture I.D.

PASSPORT APPLICATION ACCEPTANCE SERVICE

The Library offers passport application acceptance by appointment. This is for new passports only (you can renew passports yourself by mail). Call the Library at **289-4121** to make an appointment and then bring in your identification information and required photos. Library staff will verify the information and forward the application to the U.S. Passport Agency. The new passport will then be mailed directly to you. There is a \$30 execution fee charged for the service plus applicable passport fees. For more information about passports, you can go to www.travel.state.gov.

News from the Library Board of Trustees

THE LIBRARY'S PLANNING PROCESS CONTINUES

The Library's Strategic Planning Committee has accomplished a lot since its telephone survey done in August 2007. The survey provided the group with public feedback about various facets of the library's collection, service and information delivery systems. The group took a look at the Library and its community, chose nine service responses, and asked Sausalito residents to pick their top choices through online and in-house surveys as well as through contact with key community groups. Beginning April 1, 2008, a final plan on how the Library can best serve its residents may be found on the Library webpage of the city's website www.ci.sausalito.ca.us/library.

SAUSALITO LIBRARY FOUNDATION NEWS

Sausalito Library Foundation is dedicated to ensuring the sustained excellence of the Sausalito Public Library over the next 100 years by securing and administering a permanent revenue source, beyond public monies.

The Foundation seeks donations to support special Library projects, and gifts and bequests to provide a safeguard against future budget crises. These funds will not supplant our publicly funded Library budget, but will enhance the Library's ability to provide additional services to the community.

In order to fund the library's current strategic planning process and its new portable computer lab project, the Foundation seeks gifts from everyone who cares about viable programming and the future of the Library. Gifts can be cash, stocks, or bequests. Brochures and gift envelopes are available at the Library or by phoning 331-3084.

All gifts to the Foundation include one-year membership as a Friend of the Sausalito Library.

The Foundation is a public charitable organization, entitled to receive fully tax-deductible contributions.

The Foundation's Board of Directors includes President Lee Follett; VP Don Means; Secretary Mary Richardson; Treasurer Fritz Warren; Ellen Fuerst, Sue Hock, Jerry Rampleberg, Sue Roegiers, Roxanne Sheridan

The Advisory Council members are Mary Lou Anderson, Stan Bair, Bill Broder, Marilyn Burns, Barbara Geisler, JoAnn Goldschmidt, John Hefler, Marty Krasney, Cindy Roby, Bill Sims, Betsy Stroman, Joe Troise, and Libby Wilkinson.

For more information:

Call **331-3084**

Write c/o 420 Litho Street, Sausalito

Email alfollett@aol.com

HOW YOUR DONATIONS CAN SUPPORT THE LIBRARY

Friends of the Library: Contributions support immediate needs and short-term projects on the Library's wish list.

Sausalito Library Foundation: Contributions will be used to establish a long-term permanent revenue source, beyond the current budget shortfall, to support the Library through special projects and to provide a safeguard against future budget crises.

Note: Neither the Friends of the Library nor the Sausalito Library Foundation contributions are meant to supplant our publicly funded Library budget.

Let A Thousand Blossoms Open!

By Dr. Debra Bradley

Spring is about new possibilities. Nothing I can think of better expresses the optimism of tomorrow than our annual celebration of spring's arrival.

In Springtime, one of the many traditions we share in this beautiful part of the world is San Francisco Japantown's annual Cherry Blossom Festival. This year, the festival's 41st, will be held on the weekends of April 12th and 13th, and April 19th and 20th.

I am delighted to announce that, for the second consecutive year, students of the Sausalito Marin City School District's Bayside Elementary School and Willow Creek Academy have been invited to perform together on the center stage during the festival.

Our involvement in the festival is an outgrowth of our sister city relationship with Sakaide, Japan. I cannot think of anything that does more to stimulate a child's curiosity and desire to learn about the world than their exposure to other cultures. Our sister city friendship, that has grown stronger with each passing year, has greatly enriched the hearts and minds of bright young people both in Sakaide and Sausalito.

At the heart of this enrichment has been all that we have learned from one another. Like the cherry blossom trees given by Sakaide to Sausalito that bloom anew each year, every new experience builds on that of earlier seasons and strengthens the special bond between our two communities.

During this school year, and the previous year as well, our students spent a series of afternoons with two masters of the art of Noh. Outside their classroom was the world that they have always known, but inside they were transported to 14th Century Japan. The Noh instructors, Shonosuke Okura and Masayuki Namiyoshi, led the students in songs, drumming, and the dances of this ancient art, they held the undivided attention of their audience. And of course, when it was time for the children to perform, they were enthusiastic to try the drums themselves.

Many of these same students performed on the main stage at the Cherry Blossom Festival in 2007. Now in 2008, a second group of our students will have that same wonderful experience, showing off their newly acquired skills in the art of Japanese drumming while dressed in traditional Japanese kimonos. This memorable experience would not have been possible without our very special sister city relationship.

As of press time we did not have the performance date and time, but if you're interested in watching this wonderful student event, check our website at, www.sausalitomarin-city-schools.org, where it should be posted by the first week of April. Also, you're always welcome to call our district office at **332-3190** for more information about this and other events.





Willow Creek Academy Update

Willow Creek started off the 2007-08 school year with the exciting news that its students had earned an API ranking of 830, a substantial increase from the prior year's score of 738. At Willow Creek, we felt validated in our belief that our use of project based instruction with a strong emphasis on the arts, the environment and physical education nurtures successful students. We find that as we add more complex programs to our school, our test scores go up—but so do our other accomplishments. While a good test score attracts positive attention to our school, it only through spending some time at Willow Creek that one gets to know and appreciate the students and teachers behind those great scores. Test scores are only part of the picture when it comes to creating a positive educational environment—we work hard to achieve a balance among the heart, the head and the body. As a result, we are committed to music and math; to field trips and forests; to reading and roaming about; to track meets and spelling bees. We not only allow, but encourage, daydreaming as a problem solving technique.

Come and visit us; experience the richness of our diverse community. Sit in amazement as kids create podcasts of their 8th grade projects and be in awe of the expression and drama 4th graders bring to oral reading. Enjoy watching laps being run and girls playing football. Experience the “aha” moment when a student figures out the difference between a mixture and a solution.

Spend time visiting with our Upper School community (6th through 8th grade) as they create medieval castles and wrestle with genuine legal issues in their Law and Order elective (a special youth Court program developed by the YMCA). Meet with the staff as they tangle with schedules in order to balance math with chorus and art with PE. Get a feel for what these remarkable educators gracefully navigate each day.

Call **415-331-7530** so you can become a part of our community. Kindergarten enrollment is now open for the 2008-09 school year. We also have a few openings in most grades for the current year. We welcome your questions and visits.

featured employees

Parks & Recreation Staff: Energy, Events and Enthusiasm—Oh, my!

By Dale Vaughn

The Parks & Recreation Department is getting back to full staffing with the recent hiring of a new department Director and other positions during the latter part of 2007. There is one more key position to fill, but the City is pleased to introduce the dynamic Recreation team that presently serves our community.

Mike Langford came on board as the Parks & Recreation Director on January 7, 2008. He brings with him a boundless enthusiasm and passion for the Recreation field and is a true asset to both the staff and the community.

Mike grew up in Cupertino and attended De Anza Junior College before going to Cal Poly at San Luis Obispo to complete his Recreation Administration degree. Mike had long been the organizer of activities and trips for his group of friends, so when one of them suggested that he look into the field of Recreation, he investigated and decided to pursue it. He liked the sound of making a living at what he loved!

While growing up, Mike's family took annual vacations to Lopez Island, one of the San Juan Islands, where they enjoyed fishing, boating and other outdoor pursuits. Another family passion was skiing. Mike's parents were both on the Ski Patrol at Bear Valley, and Mike started skiing at age 3. While at Cal Poly, he led the trips of the 1000-member Ski Club to places like Canada, Utah and Colorado.

Mike's first job in the Recreation field was 8 years with Tuolumne County as Recreation Coordinator, then Recreation Supervisor. He managed a sports complex, 4 swimming pools, adult sports programs, youth trips and a variety of special events. He next served as Recreation Supervisor for the City of Menlo Park. He managed swimming pools, 250 contract classes per quarter, facilities maintenance, and special events. After 5 years there, Mike moved to the City of Oakland in 2007, but was lured to the Sausalito position when he heard about it. His experience translates to a perfect match with the Sausalito recreation programs. - Lucky us!

Mike happily reports that he and wife Debra were married in August 2007 on Lopez Island, where his parents have a permanent home. The wedding was on a beautiful beach with 100 friends in attendance. He notes that Debra has nicely adapted to the "Recreation lifestyle" that requires Mike to often work at weekend and holiday events.

In his leisure time, Mike volunteers for the Tri-California Triathlons about 5 weekends each year and has volunteered at the Wildflower Triathlon for 18 years. He enjoys both home and auto repair and keeps his '69 Austin Healey Sprite in good working order. To own an English car, one must know how to fix it! He and Debra enjoy travel and are partial to scuba dive vacations in places like St. Croix, Cancun, Cozumel, and Monterey Bay. And skiing remains a favorite activity.

Jeanne Friedel worked for the City as a consultant for several months in 2007 to plan and execute special events during staff

vacancies in the Recreation Department. She was then hired as the Special Events Coordinator in May 2007. Although Jeanne has a wealth of work experience in a variety of areas, she has long wanted to produce special events, so she is thrilled to be filling this role.

Jeanne was born in Brooklyn, New York, and later lived in Hackensack, New Jersey, but she and her mother moved to California after her father's death when Jeanne was 10 years old. Though they were headed to Santa Cruz to live near family, they fell in love with Marin and settled in San Rafael.

She enjoyed 8 years of employment at Macy's in Corte Madera, where she moved from sales to operations, then served as the Customer Service Control Manager. She next worked for Kimber Management in Sausalito for 8 years managing operations and learning about property management. She went on to the Ecumenical Association of Housing property management division. The whole time she worked for Kimber and EAH, Jeanne pursued educational classes and completed rigorous requirements to qualify for her certification as a Certified Festival and Event Executive (CFEE). She received that accreditation in 2005.

Jeanne served 15 years as the Volunteer Coordinator for the Sausalito Art Festival, and for the final 6 years was a seasonal Festival employee as Operations Director. She "retired" from that commitment in 2003 but remains involved as an active volunteer for the Festival and other Chamber and community events. Following her family's tradition, she has served 10 years on the Salvation Army of Marin Advisory Board. Former volunteer activities include the Sausalito VIPS group, Sunny Hills Children's Garden and the Corporate Ski Challenge.

In all her "spare" time, Jeanne loves to shop. She's an avid shoe collector with more than 100 pairs. Jeanne likes to "nest" at home, where she reads and watches scads of movies. Travel includes a trip to Disneyland at least once a year and going on cruises. She cherishes her family and a special circle of friends—also "family."

Jeanne has realized her dream with her position with the City, since events planning and production is what she has always wanted to do. Again, lucky us!

Anita Wong was hired as the Recreation Administrative Aide in July 2007. She is a San Francisco native with 2 siblings and lived in the same home for over 20 years. She still lives in "the City" with significant other Jon and three active dogs: Penny, a Jack Russell Terrier; Cocoa, a Long-Haired Chihuahua; and Tiny, a Pomeranian.

Anita graduated from Thurgood Marshall High School, where she worked on the Yearbook Committee, taking photos and conducting interviews. Anita started working while she attended Skyline Junior College for 2 years. She then began working full time for the same chiropractor, where she handled appointments, billing, personnel management and assisted in programs and trainings for patients. After 7 years there, Anita came to the Sausalito Parks and Recreation Department, where she pitched right in during a time of



The Sausalito Parks & Recreation Staff: (L-R) Anita Wong, Susan "Susie" Nichols, Mike Langford, and Jeanne Friedel

short staffing. She really likes the interaction with the public and does a great job of that. Anita is a self-described "workaholic" - she loves to work and in a short time has become a dedicated Sausalito employee. Wow, once more -- Lucky us!

In her leisure time, Anita likes to watch TV at home and walk and run with the dogs. She smiles as she describes herself as a "shopaholic"—clothes and expensive purses are her favorite acquisitions.

Susan "Susie" Nichols is the most long-term employee of the Parks and Recreation team; she started part-time work for the department in September 2003. She provides back-up in the office, works on special events and now works on putting together this Community Magazine.

Susie grew up in Tiburon and is a 3rd generation Marin County native. She has always lived in Marin except for her time at Stephens College in Missouri.

After college, Susie returned to Marin and to a job that she had done the summer after graduating from high school, which was that of a 911 Police/Fire Dispatcher for the City of Mill Valley. Susie then took the plunge into the corporate world with a job at a San Francisco ad agency, where she worked as a media buyer. After a year, she went to work for KGO TV in sales of air time for 3 years,

then moved to KFRC Radio for the next 2 years. After a year off, Susie next worked for 11 years for United Airlines in Sales, then as Customer Service Airport Supervisor and Supervisor for Reservations.

She left that job when she and husband David welcomed the birth of their daughter, Katie, in 1996. As Katie grew and her activities expanded, Susie volunteered in a variety of capacities. For several years she prepared the publicity for the Marin Designers Showcase. She currently works with others on the Parent Disaster Advisory Council to write the "Get Ready" program for 5th graders and is well qualified, due to her own CERT training.

Susie sparkles whenever she talks about her life with Katie and David and their beloved pets: Golden Retrievers Monte and Maggie and their rescue cat Riley. Susie accompanies Katie to lots of practices and performances with the Stapleton Ballet. They also enjoy traveling, shopping, cooking and baking and walking the dogs together.

Susie sees her working future in the field of special events. She says that she really likes dealing with people, and her ready smile and warm enthusiasm consistently reinforce that. I have to say again, "Lucky us!"

To contact the Parks & Recreation Department, call **289-4152**.



Photo: ©2008 Stephanie Mohan

Ted's friends Nelli and Tully



Ted's Place

So, it's spring and you're reading this article, reflecting on how fast time flies and the New Year's resolutions you swore you were going to keep this year: lose weight (spend more time walking the dog); organize your closets (make more space for the dog toys); learn a new language (read the dog Whisperer); spend less money (less money on yourself, more on the dog. . . just wanted to see if you were paying attention)...

Woof, woof! Wake up people, it's spring time in Sausalito! We've survived the rain and it's time to get outside, look at all this great stuff the city has coming up:

- **The Easter Parade and Egg Hunt** Definitely dog friendly, but leave the bunny alone.
- **The Amgen Tour of California** Lots of events, unfortunately not many dog friendly. I'll have to return my tux for the gala, but well-behaved dogs on leash are welcome spectators on race day. Humans, please be mindful of your four legged friend(s) in crowd.
- **Caledonia Street Fair** One of my personal favorites: food, music, dancing and drinks, what more could a dog want?
- **Jazz and Blues by the Bay** Ditto with this event. We're very excited to see the new layout of the tables and bandstand. It's promising more space, but remember dogs need to be on leash—yes even you uber petite ones.

So that's the fun stuff coming up. For many of you, 2008 means it's time to renew your dog tags: go to www.marinhumansociety.org for a dog license application. This is your safe ticket home, so make sure you're registered and if you haven't been "chipped" yet, do it. It's the only way to go.

Okay, time to meet my friends Nelli and Tully. They can be found at the Sausalito dog park every day. Nelli and I hang together. (She totally digs me—gave me a sashaying tail wag the last time we were together.) Tully, he just hangs on his own—the strong silent type but ever mindful of his sister's whereabouts. .

Online Registration!

Register for your favorite classes anytime, day or night, from your home or office computer. Go to <http://sausalito.recware.com>.

Registration Form

first name	last name
address	city/state/zip
home phone	work phone
email	

Would you like to receive email updates about upcoming programs, registration information, events, and more? yes no

Course/Program Information

first name	last name	birth date	code #	program name	fee
(NON-RESIDENTS ADD AN ADDITIONAL \$7 FOR ALL COURSES UNDER \$50, \$10 FOR ALL COURSES OVER \$50, \$2 FOR ALL DROP-IN CLASSES) →					
TOTAL →					

Method of Payment (Please select one of the following)

Cash \$	<input type="checkbox"/> VISA	<input type="checkbox"/> AMERICAN EXPRESS	CARD #
Check #	<input type="checkbox"/> MASTERCARD		EXPIRATION DATE (mm/dd/yy)

Registrations are accepted depending on class availability. No registration will be accepted unless accompanied by full payment. Resident fees apply to anyone living or owning property in Sausalito and youth in the Sausalito/Marin City School District. All others pay non-resident fees.

Refund Policy

A full refund (excluding online convenience fee) will be issued if the Sausalito Parks & Recreation Department cancels a class/program or if the registration was received after maximum class/program enrollment has been met. Refunds will be issued less a \$10 processing charge ONLY IF REQUESTED 5 WORKING DAYS OR MORE PRIOR TO CLASS/PROGRAM. No refunds will be issued for cancellations made within 5 working days prior to the start of a class/program.

Class Makeups

No make-up classes are offered by the Recreation Department. It is the participant's responsibility to meet all classes as scheduled.

WAIVER [All City of Sausalito classes require the signature of the registering adult or the parent or guardian of any minor(s)]

Permission to participate in the above programs, including associated travel sponsored by the City of Sausalito—Parks & Recreation Department, is given for myself and/ or child as shown above. In consideration of participation in this program, I hereby indemnify and hold harmless and release the City of Sausalito, its agents, its employees and volunteers working for the City from any and all liability for injury suffered by myself or my child arising from or connected with this program. I assume all risk for any injuries. I sign of my own free will.

Registrant's signature (parent or guardian if participant is under 18 years old)
Print name
Second registrant's signature (if two adults are registering on same form)
Print name

SAUSALITO PARKS & RECREATION DEPARTMENT 420 LITHO STREET, SAUSALITO, CA 94965. FAX: 415-289-4189.

CUT HERE



Photo: ©2008 Nora Stratton

Adventure Club

Would your child like more room to jump, skip and stretch his or her legs? In addition to enjoying our wonderful Tot Club at the Recreation Center, your child can come to the MLK GYM for Adventure Club. Our new Adventure Club offers a space for imagination and creative energy with puppets, dress up clothes, crafts and lots of bouncy balls. Share smiles and laughs with friends every Wednesday!

Ages: 0-3

1482	W	Ongoing	10:30am-11:30am	\$25/8visitsR	\$30/8visitsNR
1482-1		daily drop-in fee		\$5R	\$8NR
1482A		Super Club Card*		\$40/8visitsR	\$50/8visitsNR

Location: MLK Gym, 610 Coloma Street, Sausalito

*Purchase a *Super Club Card* and visit both Adventure Club and Tot Club

Tot Club

Enjoy a relaxed social atmosphere where parents and/or caregivers can bring their child(ren) and play in a safe environment. This is a great program to find out information about tot activities in Marin County. Come on down and join us for an hour of play. The first class is free! Staff is always on hand.

Ages: 0-3

1402	M,F	Ongoing	10:30am-11:30am	\$25/8visitsR	\$30/8visitsNR
1402-1		daily drop-in fee		\$5R	\$8NR
1482A		Super Club Card*		\$40/8visitsR	\$50/8visitsNR

Location: Exercise Room, 420 Litho Street, Sausalito

*Purchase a *Super Club Card* and visit both Adventure Club and Tot Club

Adventures With Toddlers

If your child is too big for the backpack, but too small to hike far, join Lonnie on tot treks through beautiful outdoor habitats.

We spend an hour or so hiking "toddler style" ...stopping, looking and discovering nature's treasures along the way. We find great outdoor spots for tots as we explore the ins and outs of grasslands, oak and bay woods, creeks and ponds. Along the way and during our picnic there is plenty of time to look for roly-polies, spittlebugs and the Red-tail hawk. These outings encourage first steps toward learning about nature while allowing your child to play and make new friends along the way. Different locations each outing, each month.

Instructor **Lonnie Greenfield** trained at the former Terwilliger Nature Education Center, a "hands on" learning center for young children. She created Tots Discovery Tours, a guided art, science and nature program for toddlers, for the Bay Area Discovery Museum. In addition, she has led nature walks for youngsters as a volunteer docent with Audubon Canyon Ranch.

Children 1 1/2 through 5 years bring a picnic and one parent.

Ages: 1½-5 years (with parent)

1401	TU	4/1-4/22	10am-12pm	\$100/4daysR*	\$110/4daysNR*
1401A		daily drop-in fee		\$30R*	\$35NR*

Directions to trail heads mailed prior to beginning of sessions

*Price applies to one parent and child. Extra adult fee is \$20 per outing.

Music for Tots

Music for Tots celebrates the wonderful world of songs, rhythm and movement. We sing and clap together, learn fingerplays, play simple percussion instruments, and dance. The songs are all well-known children's songs by Raffi, Ella Jenkins and Woody Guthrie, as well as a few originals by the instructor and a song or two in Spanish. We also introduce the tots to different types of instruments up close.

Kenny Blacklock has been teaching music to kids of all ages for over 20 years. He attended Berklee College of Music and has an MA in Interdisciplinary Humanities. Kenny plays violin, mandolin, guitar and keyboards with several local groups and is the father of a pre-schooler.

Ages: 0-3

1203C	TU	2/26-4/1	4:30pm-5pm	\$40R*	\$47NR*
1203D	TH	2/28-4/3	10am-10:30am	\$40R*	\$47NR*
1203E	TU	4/15-5/20	4:30pm-5pm	\$40R*	\$47NR*
1203F	TH	4/17-5/22	10am-10:30am	\$40R*	\$47NR*
1203-1		(Daily drop-in fee)		\$8R*	\$10NR*

All sessions meet six times.

Edgewater Room, 420 Litho Street, Sausalito

*Half-price for second sibling



**Did You Love “Purple Crayon?”
Then You’ll Love “Little Artists!”**

Even the youngest child benefits from and enjoys creating art. Little Artists promotes interactive, hands-on projects where children will color, paint, glue and bead to create new projects each week. Watch your children’s artistic spirit (and fine motor skills) blossom as they create spring flower wall hangings, bright kites to fly in the wind, stand-up zoo animals, feely books, and much more. Grown-ups work beside their children.

Our materials are washable, but please bring a smock if you would like your child to wear one.

Instructor **Astrid Smith** (you may know her from Adventure Club!) is in her last semester at San Francisco State for a degree in Fine Arts; emphasizing Mixed Media Painting and Printmaking. She has been with the **Purple Crayon Art Studio** for over three years, as an instructor and birthday party event leader, and is passionate about sharing her love of art with young artists of all ages! Your home will be a gallery by the end of this wonderful program, featuring work you will treasure forever.

Ages: 24–36 months (2–3 years)

1422A M 2/25–3/31 1:30pm–2:15pm \$135R* \$145NR*
Exercise Room, 420 Litho Street, Sausalito
*\$25 material fee included

Preschool French with Mom & Dad

French with mama and papa. Share with your child the gift of language and the joy to interact with him/ her and others; you both will be encouraged to speak French through playful activities including songs, games, dance and stories.

Classes are taught by **Anne Marie Lebas**, native French and highly experienced teacher.

Ages: 2–5

1423 F 3/7–4/11 11am–11:50am \$108/6wksR \$118/6wksNR
1423A F 4/18–5/23 11am–11:50am \$108/6wksR \$118/6wksNR
1423-1 daily drop-in fee \$20R \$23NR
Edgewater Room, 420 Litho Street, Sausalito

**Pre-Ballet
Mommy and Me for 2–3 Year Olds**

Moms and nannies are encouraged to participate in this introduction to creative movement. This playful class improves motor skills as children perform finger plays, dance to nursery rhymes, and move with balls or scarves to music. Wear comfortable clothing, such as leggings and a stretch top or leotards and tights. Come barefoot or wear ballet shoes.

Miss Matrisha teaches children’s dance classes throughout the Bay Area. She’s trained in ballet, modern dance and theater.

Ages: 2–3

1205B W 2/27–4/2 9:45am–10:30am \$60R/6wks \$70NR/6wks
1405A W 4/16–5-28 9:45am–10:30am \$74R/7wks \$84NR/7wks
Exercise Room, 420 Litho Street, Sausalito
Instructor: Miss Matrisha

Ballet and Tap for 3–4 Year-Olds

This is a fun introduction to ballet and tap dancing. Children enjoy the rhythm and sounds while learning basic tap steps. During the ballet portion of the class they use their imagination as they plié like fairies, tendue like frogs and jeté like deer. Activities include stretching exercises, learning simple dances, free dancing with scarves and playing games that teach social skills. Both tap shoes and ballet shoes are required for this class. Shoes are available at D’Lynnes Dancewear, 1850 4th Street in San Rafael.

Ages: 3–4

1206B W 2/27–4/2 10:45am–11:30am \$60R/6wks \$70NR/6wks
1406A W 4/16–5-28 10:45am–11:30am \$74R/7wks \$84NR/7wks
Exercise Room, 420 Litho Street, Sausalito
Instructor: Miss Matrisha

The Clubhouse

Looking for a place to chill? Come check out the Clubhouse at the Sausalito Recreation Department. We have a stereo, big screen TV, and pool tables. And it’s all FREE!

Children under eight must be accompanied by an adult. No adults without children.

M-F 3pm–5pm

children's sports

Junior Tennis (Level 2)

Group lesson. Introductory and intermediate level. Classes involve skill activities, stroke instruction, practice time, and tennis games.

Ages: 7-10

1417 TH 4/10-5/15 5:15pm-6:15pm \$66/6wksR \$76/6wksNR

Marinship Tennis Courts, Sausalito

Instructor: Tennis in Marin staff

Tennis on the Web!

All tennis information is available at www.tennisinmarin.com.

Instructors subject to change.

Christie Kenpo Karate Teaches Lil'Pandas

We believe it's important to recognize each child's individual potential. Classes are designed to develop confidence, self discipline, self defense and leadership. The skills they learn carry over into all aspects of their lives. Our students excel in academic performance and other activities because of their improved focus and confidence. They interact better with children and adults because of the emphasis on problem solving, conflict resolution, courtesy and respect for others. Our goal is to help our students be better people and martial artists!

Kids Karate, ages 6-12, children begin learning the Kenpo Karate system including jujitsu, weapons, and instructor training.

Ages: 6-12

1415A 3/1-4/12* \$149/6wksR \$159/6wksNR

1415B 4/19-5/24 \$149/6wksR \$159/6wksNR

Classes meet on Mondays or Wednesdays from 4pm-4:30pm or on Saturdays from 10:30am-11am.

Christie Kenpo Karate, 3001 Bridgeway, Sausalito

*No class 3/23



World Cup Soccer Camps and Clinics Coming this Summer!

For the past sixteen years World Cup Soccer Camps has offered youth camps for many communities in the Peninsula, South Bay and East Bay. World Cup Soccer Camps is committed to helping children of all ages and abilities reach their greatest potential as people and athletes. Whether your child is just learning soccer, a competitive player or a goalkeeper, we offer the right camp. Our professional team of coaches is committed to providing every child with a positive and challenging experience. With an emphasis on instruction; your child will receive the highest level of attention in a fun and safe environment. With a 1:10 player to coach ratio, our experienced and educated staff is able to evaluate players and focus on developing your child's athletic and team building skills. But most importantly make sure the campers have fun!

All fees include a soccer ball, T-shirt, player's evaluation and camp memorabilia. Team camps (ages 5-16) also available.

World Cup Soccer Camps and Clinics

- Classic Camp (ages 5-13, all levels)
- Advanced Player's Camps (ages 11-16, experienced players)
- Goalkeeper Camps (ages 8-15)



HALF DAYS

2482	M-F	6/23-6/27	9:30am-12:30pm	\$229R	\$239NR
2482A	M-F	7/21-7/25	9:30am-12:30pm	\$229R	\$239NR
2482B	M-F	8/11-8/15	9:30am-12:30pm	\$229R	\$239NR

FULL DAYS

2483	M-F	6/23-6/27	9:30am-3pm	\$269R	\$279NR
2482A	M-F	7/21-7/25	9:30am-3pm	\$269R	\$279NR
2482B	M-F	8/11-8/15	9:30am-3pm	\$269R	\$279NR

GOALKEEPERS' CAMP

2484	M-F	6/23-6/27	8:30am-9:45am	\$85R	\$95NR
2484A	M-F	7/21-7/25	8:30am-9:45am	\$85R	\$95NR
2484B	M-F	8/11-8/15	8:30am-9:45am	\$85R	\$95NR

For parents who can't make it back to camp by 3pm, extended day care from 3pm to 5pm is available for \$10 per hour.

MLK Field, 610 Coloma Street, Sausalito

Instructor: World Cup Soccer Staff

Visit www.worldcupsocceercamps.com

*Early drop-off between 8:45am-9:30am is complimentary



Chinese Brush Painting

As a Chinese Brush Painter, **Andrea Allen** has developed a unique style that combines the traditions of the Chinese Masters with a subtle, contemporary flair. Andrea studied Chinese Brush Painting for six years and has been painting and teaching in this style for over twenty years.

Andrea utilizes many ancient Chinese techniques such as grinding her own Sumi ink, mixing it with watercolor, loading the calligraphy brush, and applying it to handmade rice paper with a minimal amount of brush strokes to complete each painting. She carefully balances the unpainted and painted spaces in each composition, creating a tranquil flow throughout each painting.

Ancient Chinese symbolism and philosophy influence her work, enhancing the feeling of vital energy and serenity. The inherent effect is for the viewer to feel effortlessly invited into each painting to experience a peaceful balance and harmony in a timeless continuum.

Andrea has exhibited extensively in group as well as one-person shows throughout the Bay Area, including the Asian Art Museum in San Francisco. Her work includes original paintings, scrolls, hand-painted ceramics, prints and cards, which she creates in her studio in the ICB in Sausalito.

2513 SA 3/8–4/12 10:30am–12:30pm \$112/6wksR \$122/6wksNR
 2513A SA 4/19–5/24 10:30am–12:30pm \$112/6wksR \$122/6wksNR
 Industrial Center Building, 480 Gate 5 Road, Studio #242, Sausalito

Spring Mosaic Classes

Mosaic is a rich and ancient medium and an inspiring art form for self-expression. Fun and intensive, this class will begin on Saturday with a discussion of various mosaic-making materials and techniques before students design and make their own small mosaic. On Sunday students return to grout and finish their projects. The class structure allows for much private attention and student driven inquiry, making this an ideal workshop-type class. Return students encouraged. All materials and tools are provided; however, students are very welcome to bring their own suitable material and favorite tools. Class is limited to 12 people. For more information on the class, please call Pippa Murray at **415-637-6217** or to learn about the artist visit www.pippamurray.com

2560 SA 3/15 11:30am–6pm
 SU 3/16 10:30am–12pm \$160R \$170NR

Pippa Murray Mosaic Studio, 100 Ebbtide, Unit #230, Sausalito
 Instructor: Pippa Murray

Interested in Teaching a class?

If you have a special skill or are particularly knowledgeable about a subject and would like to share it with others, we'd love to hear from you. Proposals for all ages, classes, and/or workshops are encouraged. Please contact Sausalito Parks and Recreation at **289-4152** or send to jfriedel@ci.sausalito.ca.us.

Intro to Ceramics Class.

"Man learned how to make pottery before he learned how to write". A Ceramics class can be a wonderful way to express and explore your own creativity. This 2 day intro class is designed to show the basics of making something lasting and wonderful in clay. The first day we will work in clay, the morning class is designed to show the basics of working on a potter's wheel. Or take the afternoon class, which will cover hand-building techniques including slab construction and square plates. Then you will come back one week later to glaze your fired pieces, which will cover decorating and glaze application. Tools are provided in this intro class. The classes are very small, the wheel class is limited to 5 people, and the hand building class limited to 6 people, which means those taking classes will receive lots of individual attention.

Instructor **Lorna Newlin** has been creating pottery for over 25 years. During the summer of 2002 she followed her dream, left the corporate world, and opened her own studio-Sausalito Pottery. She wants you to enjoy working with clay as she has. Most of her students have been mesmerized too; she has a very high repeat rate! Lorna also teaches private and ongoing classes as well as Kids Camps during the summer.

The fee includes tools, materials, glazes and 2 firings: bisque and Cone 6 Stoneware in an electric kiln. Please call Lorna at **332-9353** with any questions. Or email sausalitopottery@hotmail.com

2504	SA	2/16–2/23	9am–12pm	\$120R	\$130NR
2504A	SA	2/16–2/23	1pm–4pm	\$120R	\$130NR
2504B	SA	3/15–3/22	9am–12pm	\$120R	\$130NR
2504C	SA	3/15–3/22	1pm–4pm	\$120R	\$130NR
2504D	SA	4/12–4/19	9am–12pm	\$120R	\$130NR
2504E	SA	4/12–4/19	1pm–4pm	\$120R	\$130NR

Location: Sausalito Pottery, 610 Coloma Street, Suite 790

adult classes—basketry, card making, photography

Basketry Classes

Emily Dvorin, award-winning, nationally-known fiber artist, has exhibited at shows and galleries in and out of the country for the last 35 years. For 33 years she has owned and operated Various & Sundries in San Anselmo, selling contemporary crafts. She has taught different techniques of basketry to children and adults for 17 years. She is now teaching one-day Saturday workshops in her Sausalito studio. In all her workshops, all levels are welcome and materials are included.

March 8: Twined and Plaited Basketry

Weaving, criss-cross, over and under... Explore one of the most traditional forms of woven basketry. Use reed to develop simple and fast techniques for a variety of weaves. Enjoy the process and go home with a completed basket. You will receive personalized instruction and satisfying results. BRING: scissors, note pad, pencil and a bag lunch.

2506 SA 3/8 10am–4pm \$53R \$61NR
Studio #205, ICB Building, 480 Gate Five Road, Sausalito

March 22: Coiled Basketry

Relaxing, ongoing, spiraling... Learn to form a strong and beautiful basket by wrapping and stitching around a core foundation, connecting in a spiral. Experiment with shape, color, pattern and a variety of stitches. Very individualized instruction. Traditional techniques with a modern approach. BRING: scissors, note pad, pencil and a bag lunch.

2506A SA 3/22 10am–4pm \$53R \$61NR
Studio #205, ICB Building, 480 Gate Five Road, Sausalito

April 5: Contemporary Random Weave Basketry

Transform modern, urban, ordinary materials into an extraordinary, free-form vessel. Play with fun materials using this unconstrained basketry technique. BRING: scissors, note pad, pencil and a bag lunch.

2506B SA 4/5 10am–4pm \$53R \$61NR
Studio #205, ICB Building, 480 Gate Five Road, Sausalito

April 19: Natural Basketry

See what Mother Nature has to offer... Incorporate twigs, vines, leaves, bark, fronds and sheaths to construct a container using highly original, sculptural layering and embellishing. A walk to gather some of the materials and share tips on choosing, preparing and using found, natural ingredients is part of the class. BRING: strong scissors, note pad, pencil and a bag lunch.

2506C SA 4/19 10am–4pm \$53R \$61NR
Studio #205, ICB Building, 480 Gate Five Road, Sausalito

May 10: Wacky Basketry

Get wacky, be silly, express yourself! Enjoy an unpredictable class. Stretch your imagination while creating a free-form vessel, using a mixture of techniques. BRING: recycled plastic, wire, rags, crazy stuff and collected junk. Also bring scissors, note pad, pencil and a bag lunch.

2506D SA 5/10 10am–4pm \$53R \$61NR
Studio #205, ICB Building, 480 Gate Five Road, Sausalito

Card Making

Here is your opportunity to design one-of-a-kind cards for those special occasions. These cards use Strathmore Creative Paper decorated with hand-crafted papers, stickers, charms, and stamps. Instructor, Carol Baum will provide a variety of materials, ideas and support to help you get started. By the end of the session you will have the basics for creating your own cards.

2372A TH 3/6 5pm–7:30pm \$25R \$30NR
Edgewater Room, 420 Litho Street, Sausalito

Easter Cards

Here is an opportunity to create one-of-a-kind Easter Cards for friends and family. These cards use Strathmore creative paper decorated with hand-crafted papers, stickers, and stamps. The cards are so unique that they themselves can be an Easter gift. They are fun to make and a great way to express your creativity. Instructor, **Carol Baum** will provide a variety of materials, ideas and support to assist you.

2372B SU 3/9 1pm–3pm \$20R \$25NR
Edgewater Room, 420 Litho Street, Sausalito

Digital Photography

Students will explore the environment through the world of photography. You will be introduced to the features of a digital camera. Then we will take photos, using the programmed modes and progress to the creative modes with emphasis on the aperture and shutter priority modes.

Instructor, **Carol Baum** will discuss composition, framing, lighting and some techniques for storing and printing your photographs.

2372C SA 3/29–04/26 1:30pm–2:30pm \$65/5wksR \$755/wksNR
2372D SA 3/29–5/31 1:30pm–2:30pm \$120/10wksR \$130/10wksNR
Edgewater Room, 420 Litho Street, Sausalito



Jazz Acappella Marin Chorus

A chorus class singing a wonderful assortment of four-part harmonies—from jazz, blues, popular, to Motown, doowop, folk & rock—sung acappella and accompanied. Parts are learned with CD tracks and piano accompaniment. Sheet music is provided. Ability to sing on pitch and learn harmony parts is important.

Instructor **Richard Kalman** is noted for dynamic scat singing and upbeat interpretations of jazz standards. He holds a BA in Jazz Studies and has taught vocal jazz for several years. He has appeared at Yoshi's, Kimball's East, jazz festivals, and currently leads a vocal jazz harmony.

Richard Kalman email: richkalman@aol.com. Website: <http://richardkalman.com>.

2402 TU 3/4–6/10 7pm–9pm \$150/15wksR \$160/15wksNR
 2402-1 daily drop-in fee \$10R \$12NR
 Game Room, 420 Litho Street, Sausalito
 Material Fee: Practice CDs \$5

Beginning Vocal Jazz Workshop

This workshop is for the curious beginner to the budding jazz singer and for the lovers of pop, blues, and Broadway music who wants to gain a mastery of singing and performance skills. Ability to read music is not required. In this small class format, we introduce about 30 all-time favorite jazz standards, learn about different singing styles and rhythms, and explore jazz harmonies and improvisation. We are able to bring out your best singing qualities!!

Instructor **Richard Kalman** is noted for dynamic scat singing and upbeat interpretations of jazz standards. He holds a BA in Jazz Studies and has taught vocal jazz for several years. He has appeared at Yoshi's, Kimball's East, jazz festivals, and leads a vocal jazz harmony combo that plays at several bay area jazz venues, including Anna's Jazz Island, and the Marin Film Festival. He also leads the Jazz Acappella Marin group that meets Tuesday evening.

Richard Kalman, email: richkalman@aol.com. Website: <http://richardkalman.com>.

2304 M 3/5–6/9 7pm–9pm \$210/15wksR \$225/15wksNR
 2304-1 daily drop-in fee \$16R \$18NR
 Game Room, 420 Litho Street, Sausalito
 Material Fee: Practice CDs \$5

*No class 5/26

West African Drum Class with Amadou Camara

Learn the traditional West African rhythms using the djembe and dun-dun drums. This class will be geared towards all levels, beginners through advanced. Amadou will teach us rhythms that he will break down step by step, making this a fun and easy way to learn.

Originally from Conakry Guinea, West Africa, **Amadou Camara** was a master djembe player of the National Ballet Djoliba and has been teaching drums for over ten years. Come and join us and experience the spirit and power of drum and music.

Bring your own drum. Extra drums are available by prior arrangement. **707-490-6775**.

2435 M, ongoing 8:30pm–10:30pm \$48R \$55NR
 2435-1 daily drop-in fee \$15R \$17NR
 MLK Gym, 610 Coloma Street, Building 6

Private Piano Lessons with the Instant Piano Instructor

Private piano lessons may be taken by anyone wishing to learn the piano. (Former Instant Piano class attendees will be given first choice of times). A phone interview prior to the lesson will be required. Information about your past piano experience and type of music you prefer will enable the instructor to assess proper lesson preparation.

Nancy Matlin has a degree in music and teaching credentials from U.C.L.A. and is a member of the Contra Costa Chapter of the Music Teachers Association of California. She also studied jazz at the Berkeley Jazz School and Piano Pedagogy at the University of Minnesota.

Private lessons are a half hour. Group lessons (3 or fewer people) are also available upon request. Call **289-4152** to schedule an appointment.

Cost: \$30/½hr; \$40/hr each for two people
 Edgewater Room, 420 Litho Street, Sausalito

Instant Blues and Boogie Piano

This hands-on workshop introduces beginners as well as experts to the American Piano form - the Blues. You will learn the basic blues patterns and scale, how easy it is to improvise using the blues scale, basic boogie patterns and chords that make you sound like a pro.

2585C SA 5/10 9:30am–12:30pm \$25R \$32NR
 Edgewater Room, 420 Litho Street, Sausalito
 Instructor: Nancy Maitlin



How To Play Piano By Ear

Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing—all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Expand your musical horizons and free yourself from sheet-music dependence; be the life of the party! Prior experience with chords recommended. Materials fee of \$26 for the *How to Play Piano by Ear* Book and Practice CD will be collected in class by the instructor.

Topics include:

- How to find the starting note
- How to determine when chords change
- How to predict the chord progression
- How chords help you find the correct melody
- How the melody helps you find the correct chords
- How to learn songs from recordings in all keys
- How to transpose
- The Universal Key Signature
- How to use the Circle of Fifths
- How to recognize the most common chord patterns

2585D SA 5/10 1:30pm–4:30pm \$25R* \$32NR*
 Edgewater Room, 420 Litho Street, Sausalito
 Instructor: Nancy Maitlin
 *\$26 material fee payable to instructor on first day of class
 Both Piano classes (#2585A or B & #2585D) \$40R \$47NR

Instant Piano

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll. Total beginners can request a free pamphlet by sending a SASE to Innovative Keyboard Instruction, 2841 S. Southwind Dr., Gilbert, AZ 85296

Topics include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

As seen on the PBS television program "Piano in a Flash"

2585A SA 4/5 9:30am–12:30pm \$25R* \$32NR*
 2585B SA 4/5 1:30pm–4:30pm \$25R* \$32NR*

Edgewater Room, 420 Litho Street, Sausalito

Instructor: Nancy Maitlin

*\$26 material fee payable to instructor on first day of class includes workbook and 60-minute practice CD

Both Piano classes (#2285A or B & #2585D) \$40R \$47NR

Ladies & Gentlemen, Let's Dance!

Enjoy a private dance session with entertainer, dance coach and choreographer, **Cynthia Glinka**. She will share her tips and tricks on the dance floor and guarantees that after one session you'll be dancing. "If you can walk, you can dance. We're not going for a trophy here, folks!" Social partner dancing is Cynthia's specialty. She will coach gentlemen to spin and dip their partners. "It's great exercise and it's what women want: Dance with me!" And, ladies, if you're solo, Cynthia will teach you to follow.

Dance styles include the swing, fox trot, tango, waltz, rumba, one step, salsa & more.

Dates & times by appointment, \$300/2hrs

Call **289-4152** to register.

Take a peek at Cynthia's work as choreographer for the feature film SWING currently on DVD along with her 30 minute bonus track "On The Dance Floor" you can view on her website at www.CynthiaGlinka.com.



The First Dance:

A Honeymoon or a Nightmare?

Brides and Grooms want their first steps in life to be perfect. Why not start with your first dance at your wedding? Take ONE SESSION with choreographer Cynthia Glinka and she guarantees you'll be dancing out the door. "That's right, one session! If you can walk—you can dance!" You want your wedding day to be romantic? With Glinka's tips and tricks, you'll be dancing for a lifetime! Having our men learn the basics is "the gift that keeps giving." Learning to dance can be the most fun you have while preparing for your wedding day. "Ladies, if our men don't dance—we'll be sitting out."

Gift certificates, available for the wedding party, rehearsal dinner and parents.

"Spin, dip, and dance with me."

Dates & times by appointment, \$300/2hrs
Call **289-4152** to register.

Yoga with Dr. Ehret

Dr. Ehret teaches a basic Hatha Yoga routine to increase flexibility, release tension and tone muscles. Join this drop-in class when you can for an hour of development and relaxation for the mind, body and spirit.

2407 TH Ongoing 7:30pm–8:45pm \$80/10wkR \$90/10wkNR
2407-1 Daily drop-in fee \$10R \$15R
Exercise Room, 420 Litho Street, Sausalito
Instructor: Dr. Richard Ehret, Chiropractor

Rosen Method Movement

These classes are simple and fun and include different kinds of music support movements that are designed to improve alignment and flexibility. By gently moving joints and muscles, we come in contact with the parts in us that are open as well as those that have been closed because of tension or physical and emotional pain. As range of motion increases, the breath comes in more fully and we come in touch with a new awareness of our bodies and a renewed feeling of our selves.

Aurella Priotto-St. John was trained and certified by Marion Rosen.

2409 M, TH Ongoing 8:30am–9:30am \$10R \$12NR
Exercise Room, 420 Litho Street, Sausalito

Somatic Movement for a Better Body

Become more supple and reduce pain and stiffness through neuromuscular rebalancing! Somatic movement will help you recognize and release unconscious habitual holding patterns that contribute to chronic pain and movement restrictions. Through gentle, relaxing, and enjoyable movement sequences—mostly lying on the floor—we learn to move safely beyond existing limitations. Expect improved comfort, posture, breathing, balance, flexibility, coordination, ease, and vitality.

Please bring a blanket or mat and wear stretchy, comfortable clothing. This class is wonderful for those with movement limitations from injury, surgery, arthritis, or other conditions, as well as athletes and musicians wanting optimally free and efficient movement.

Karin Scholz Grace, M.S. is a certified Hanna Somatic teacher. Her private practice in Sausalito specializes in pain reduction and movement re-education; she works with clients to release tension, restore balance, and rejuvenate healthy function. She holds a Masters Degree from Stanford University. For more information on this class or private sessions, call **331-9950**.

2415 SA 4/26 10am–12pm \$22R \$29NR
Exercise Room, 420 Litho Street, Sausalito

Chi By the Bay

Enjoy the gentle and flowing movements of Tai Chi and Qigong in the same beautiful waterfront location as Jazz and Blues by the Bay. Qigong is an ancient philosophical system of harmonious integration of the human body with the universe. It is an art and science that plays an active role in protecting and strengthening health, preventing and treating diseases, resisting premature senility, and prolonging life. No previous experience is required.

Led by **Joe Quinn**, retired firefighter, healing massage therapist, and currently a student of medical Qigong at the East West Academy of Healing Arts with Dr. Effie Chow, **SausalitoTaiChi@hotmail.com**.

2417 SA Ongoing 9am–10am \$10R \$12NR
Gabrielson Park, Sausalito

adult classes—movement, fitness

Tai Chi Basics

Beginning and Intermediate Level

Tai Chi is a gentle, complete aerobic exercise. Daily practice of this Chinese art increases aerobic capacity and improves balance while developing a physical center and sense of mental well-being. Students will be exposed to the scientific principles from which the mystical qualities of this ancient Chinese art arise. Special emphasis will be given to avoidance of knee pain and damage. Included will be basic use of breath and the fundamentals of footwork.

Joe Quinn has been teaching Tai Chi for over ten years. He currently teaches Yang style Tai Chi in Sausalito and San Anselmo.

2403 TH Ongoing 6:15pm–7:15pm \$10R \$12NR
Exercise Room, 420 Litho Street, Sausalito

Self-Healing Ch'i Exercise for Everyone Through Movement, Breath and Posture

In this class we practice Immune (lymphatic) circulation and cleansing; important accupressure points for stress, headache, and pain relief; opening and stretching exercises for joints, muscles and structural alignment. We will use color, sound, breath and movement to energize and heal internal organs and emotional imbalances (including a short, 5 min. T'ai Chi form that utilizes and circulates healing energy), and harmonize and balance our personal energy with Universal Energy. These exercises are safe, enjoyable, relaxing/energizing, and have been clinically shown to treat a wide range of disorders including arthritis and back pain, allergies, insomnia, depression, extreme mood swings, mental stress and scatteredness, heart disease, and cancer. Most of the exercises can be done while seated in a chair or standing.

Inverness resident and certified instructor **Chris Anderl** is a poet and philosopher with post-graduate education in Chinese philosophy and literature. He has been a primary student of Mark Johnson, 30 year practitioner, a founder of the National Chi Gung Association, and producer of the nationally best-selling videos *Tai Chi for Seniors*, *Tai Chi for Healing*, and *Tai Chi for Women* (www.chi-kung.com). Both Mark and Chris teach from the foundation of Master Hua Ching Ni's family lineage of the Integral Way, a continuous tradition of healers and teachers extending 75 generations to the Han Dynasty (216 B.C.). Master Ni has written over 90 books (in English and Chinese) on Traditional Chinese Medicine and ancient Daoism, and is the founder of Yo San University of Chinese Medicine. (www.sevenstarcom.com)

2507 SA 2/23–3/9 11am–12pm \$72/6wksR \$82/6wksNR
2507-1 daily drop-in fee \$15R \$17NR
Exercise Room, 420 Litho Street, Sausalito

ChiRunning Clinic

Many people enjoy running, or wish they could, if it wasn't for the stiffness, pain and even injury that sometimes accompany it. ChiRunning aligns your posture and reduces impact, so running hurts less and is a lot more fun.

This clinic provides the tools for anyone to enjoy a lifetime of pain-free running. It accommodates all skill and speed levels, including longtime runners, returning runners and brand-new runners, and is perfect for those training for a charity race or event.

Certified ChiRunning Instructor David Ferris is a runner and fitness trainer who brings patience, humor and a host of useful tips to this four-hour course. Participants incorporate lessons from the ancient martial art of T'ai Chi while learning core-muscle exercises, injury-prevention techniques and personalized strategies for improving form.

For more about David's clinics, visit www.ferrisfitness.com. For more about ChiRunning, visit www.chirunning.com. Register today, or tell a friend that running can be fun again! Clinic runs two consecutive Saturdays.

2399 SA 5/17–5/24 10am–12pm \$150R \$160NR
2399A SA 5/31–6/7 10am–12pm \$150R \$160NR

Martin Luther King School, 610 Coloma Street, Sausalito

Instructor: David Ferris

Bags & Abs:

Get in Shape While Learning Self Defense!

Bags & Abs is a great total body workout! Develop strength, balance and stability while learning punching & kicking techniques to sculpt and tone your whole body! This is a great cardio workout to build endurance and core strength!

2358 M,TH ongoing 6:30pm–7:30pm \$170/10classR \$180/10classNR
Christie Kenpo Studio, 3001 Bridgeway, Sausalito

Instructors: Kris and Lyle Christie

Core Restore

Back pain will occur in 80% of us at some point in our lives. Learn how to minimize your risk for the debilitating effects of a dysfunctional spine. This weekly exercise class will emphasize proper spinal alignment and core muscle activation. Classes will incorporate yoga, Pilates, and traditional therapeutic exercises to improve core strength, flexibility and postural awareness.

Instructed by **Lisa Bollheimer**, licenced physical therapist, certified yoga instructor and certified strength and conditioning specialist. Learn more at <http://www.yoganetwork.org/yogalab>. (Reduced rates available for seniors 65 and over.)

2463 M Ongoing* 5:15pm–6:15pm \$70/10wksR \$80/10wksNR
2463-1 Daily drop-in fee \$12R \$14NR

Exercise Room, 420 Litho Street, Sausalito



Big Sur Backpack

Skill Level: Moderate

Discover why Big Sur is hailed as one of the most inspiring coastlines in the United States. May is the perfect time to experience the redwood forest, oak woodlands and incredible ocean vistas of this magnificent wilderness area. Plan on leaving the Bay Area on Friday evening, hiking and camping throughout the weekend, and returning home Sunday evening. We will be hiking 5-7 miles Saturday and Sunday on steep and moderate terrain. Very good physical condition and previous backpacking experience required. Fees include food, group gear, permits, fees and Outdoor Programs guides. Personal gear and transportation not included.

2436 TU, F-SU 5/8, 5/11-5/13 5pm \$160R \$170NR
Instructor: Outdoors Unlimited

Memorial Weekend in Yosemite

Skill Level: Moderate

Explore the Northern backcountry of Yosemite National Park, home to many natural wonders. Your weekend trek takes you through one of the world's most breathtaking destinations. Plan on leaving the Bay Area Friday afternoon and returning home Monday evening. Price includes permit and park entrance fees, food, group gear and instruction. A moderate level of physical fitness is required.

2437 TU, F-M 5/20, 5/23-5/26 5pm \$210R \$220NR
Instructor: Outdoors Unlimited

Yosemite Beginner Backpacking Clinic

Skill Level: Easy

Learn how to backpack with style and experience the outdoors in a whole new way! Outdoor Programs is offering a backpacking clinic perfect for both the first timer and those with some backpacking experience looking to expand their skill base. This clinic will cover how to pack and fit your backpack, map & compass skills, water filtration, backcountry cooking and Leave No Trace practices.

2438 TU, F-SU 6/24, 6/27-6/29 5pm \$160R \$170NR
Instructor: Outdoors Unlimited

Yosemite Waterfalls Weekend

Skill Level: Easy

Join Outdoor Programs for a weekend of exploration in Yosemite Valley. From our riverside campsite, we will day-hike to some of Yosemite's most stunning waterfalls. No experience necessary, Outdoor Programs guides will teach you everything you need to know to camp and hike safely and comfortably. Price includes food, camping equipment, instruction, park permits and fees.

2428 TU, F-SU 4/22, 4/25-4/27 5pm \$160R \$170NR
Instructor: Outdoors Unlimited



Hiking and Discovering Marin

On our hikes we will explore some of the most breathtaking scenery Marin has to offer, including magnificent beaches with pounding surf, majestic Redwood forests, and pristine alpine lakes and rolling hills with breathtaking views of the Pacific and San Francisco Bay.

The hikes are moderate and average 6 to 8 miles. Participants must be capable of hiking at a 20-minute mile pace and be able to ascend a fairly steep grade without undue exertion.

We meet at 9:30am and return by 1:30pm Bring lunch and beverage. A schedule with trailhead directions is given out at time of registration. Enrollment is limited. We hike rain or shine! Instructor:

Anna Jane Reid.

2220B	TU	3/11-4/15	9:30am-1:30pm	\$102R	\$112NR
2420A	TU	4/29-6/3	9:30am-1:30pm	\$102R	\$112NR
2420B	TU	6/17-7/29	9:30am-1:30pm	\$102R	\$112NR
2420C	TU	8/12-9/16	9:30am-1:30pm	\$102R	\$112NR
2420-1		daily drop-in hike fee		\$21R	\$25NR
Location TBA					

Women's Hiking Adventures

It's time to hike and discover the magical waterfalls of Marin and the beautiful wild flowers of spring time. Connect with nature to rejuvenate, replenish and nurture yourself. Have fun exercising in the beauty of nature. We will explore Marin's most magnificent hiking trails with abundant waterfalls, magical redwood forests, majestic mountains, winding creeks and rolling hills. Quite often we spot deer, elk, owls, bobcats and foxes. The hikes are moderately challenging and average 4 to 6 miles. Participants need to be in good health and able to hike at a twenty-five minute mile pace. We hike in light rain, so bring the rain gear. Schedule and directions to trailheads are given at time of registration. Enrollment is limited.

2479	F	2/1-2/22	9am-12pm	\$75R	\$85NR
2479A	F	3/7-3/28	9am-12pm	\$75R	\$85NR
2479B	F	4/4-4/25	9am-12pm	\$75R	\$85NR
2479C	F	5/2-5/23	9am-12pm	\$75R	\$85NR
2479D	F	6/6-6/27	9am-12pm	\$75R	\$85NR
Location: TBA					
Instructor: Donna Simonsen					

adult classes—fitness, kayaking



Leisure Walks In Marin

Do you find the rugged trails of Marin too challenging? Join us for easy and fun walks in the flat lands of Marin. We'll take time to do bird watching, admire the flowers and meditate on the beautiful scenery around us. This is a great opportunity to meet new people and to enjoy the splendor of the great outdoors. Length of walk is approximately 2 miles. Led by Donna Simonsen who leads Gentle Yoga classes and Hiking Adventures for Women. COED. Enrollment is limited.

2480	F	4/4–4/25	1pm–2:30pm	\$50R	\$60NR
2480A	F	5/2–5/23	1pm–2:30pm	\$50R	\$60NR
2480B	F	6/6–6/27	1pm–2:30pm	\$50R	\$60NR

Location: TBA

Instructor: Donna Simonsen

Introduction to Sea Kayaking

Skill Level: Easy

This one-day introductory course is designed to give you the skills and confidence to begin paddling on your own in a single kayak. In the morning we will cover boat design, paddling techniques and rescue skills. After lunch we move into the classroom to talk tides, weather and safe boating practices. This course is taught to ACA standards and is recognized by most sea kayaking companies, qualifying you for future rentals. Price includes professional instruction, wetsuit, paddle jacket, and all kayaking equipment.

2422	SA	3/8	8:30am–3pm	\$110R	\$120NR
2425	SA	4/5	8:30am–3pm	\$110R	\$120NR
2425A*	SA	5/3	8:30am–3pm	\$110R	\$120NR
2425B*	SA	6/14	8:30am–3pm	\$110R	\$120NR

Instructor: Outdoors Unlimited

*Mission Bay Trip

Sausalito Moonlight Paddle

Skill Level: Easy

Moonlight, the bay, and a chance to share the experience with new friends and old: join us and enjoy the panoramic views from Richardson Bay as the sun sets behind Mount Tamalpais on this moonlight paddle adventure. You'll witness unforgettable views of San Francisco, Angel Island, Treasure Island and Alcatraz. Plan to arrive at 6pm in Sausalito. We'll talk safety, paddle onto the bay, and stop to share a snack and new memories before returning home. Depending on the moon schedule, we'll be paddling for between two and three hours.

2423	SA	3/22	6pm–9pm	\$65R	\$75NR
2424	SA	4/19	6pm–9pm	\$65R	\$75NR
2424A	SU	5/18	6pm–9pm	\$65R	\$75NR
2424B	M	6/16	6pm–9pm	\$65R	\$75NR
2424C	TU	6/17	6pm–9pm	\$65R	\$75NR

Instructor: Outdoors Unlimited

Angel Island Paddle

Skill level: Moderate

Experience one of the Bay Area's most loved destinations, Angel Island. This 1-day trip begins with a basic safety and paddling skills orientation, kayaking on the bay, followed by lunch on historic Angel Island. Plan on arriving by 9am at Sausalito's Dunphy Park. Fees include all necessary kayaking equipment and Outdoor Programs guides.

2426	SA	5/17	9am–4pm	\$110R	\$120NR
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Instructor: Outdoors Unlimited

Sea Kayaking Level II

Skill level: moderate

This class is for those who have taken our Introduction to Sea Kayaking Class and are looking for the next step. Our level II class will help you improve your judgment, refine your paddle techniques, and increase your confidence in your rescue skills. In addition, you will learn how use edging to increase your maneuverability in your kayak.

2427	SU	5/18	8:30am–3pm	\$110R	\$120NR
2427A	SU	6/29	8:30am–3pm	\$110R	\$120NR

Instructor: Outdoors Unlimited



Starlight Paddle

You'll never forget a night on the water. A short introductory session prepares you for a leisurely paddle into the sunset along Sausalito's wacky and wonderful waterfront. We'll paddle past harbor seals relaxing on docks and enjoy the city's eclectic and colorful houseboats under the silhouette of Mt. Tamalpais. Enjoy the sparkling San Francisco skyline and the silvery starlight in our wake. No experience is necessary. Each kayak is equipped with a "glow stick," and flashlights for your nighttime safety.

2421	SA		5pm–8pm	\$65R	\$75NR
			choose a date: 2/16, 2/23, 3/1, or 3/8		
2421A	SA	3/15	6pm–9pm	\$65R	\$75NR
2421B	SA		6:30pm–9:30pm	\$65R	\$75NR
			choose a date: 3/22, 3/29, or 4/5		
2421C	SA	4/12	6:45pm–9:45pm	\$65R	\$75NR
2421D	SA		7pm–10pm	\$65R	\$75NR
			choose a date: 4/26, 5/3, 5/10, 5/24, or 5/31		

Schoonmaker Beach
 Instructor: Sea Trek

*Three-hour tour starting one hour before sunset. Details emailed upon registration.

Full Moon Paddle:

A short introductory session prepares you for a leisurely paddle into the sunset along Sausalito's wacky and wonderful waterfront. We'll paddle past harbor seals relaxing on docks and enjoy the city's eclectic and colorful houseboats while the silhouette of Mt. Tamalpais towers over us in the distance.

This is a *full* moon paddle. As the moon rises, we will pull together and enjoy the sparkling San Francisco skyline and the silvery moonlight bouncing off the water in our wake.

2459	W	2/20	5:30pm–8:30pm	\$75R	\$85NR
2459A	TH	3/20	6pm–9pm	\$75R	\$85NR
2459B	SA	4/19	7pm–10pm	\$75R	\$85NR
2459C	SA	5/17	7pm–10pm	\$75R	\$85NR

Schoonmaker Beach

Sea Trek Baja Adventures

Sea Trek has been kayaking in Baja for 29 years. You have to believe that after that many years there must be a good reason. Join us in March and April, when the air is warm and the wind is calm, and the sunrises and sunsets alone are worth the price of admission.

No experience necessary. Our trips are designed to accommodate beginners and also more experienced paddlers by offering advanced skills classes and additional paddling time. The warm water makes it very easy to practice rescues and new skills.

Sea Trek has a reputation of treating you to a style of kayak camping that sends your spirits and your taste buds soaring. Our trips are a unique combination of a kayak expedition, vacation and a comfortable base camp. We use a support boat to provide more amenities in camp; a complete kitchen, more fresh water, fruits and vegetables, cool beverages, and beach chairs.

Since you pack and carry only your personal gear in your boat, you can spend less time packing and more time exploring and paddling in lighter kayaks. Most importantly, our support boat acts as a safety net in case of any emergencies.

Trip Departures 2008

- Islas Carmen and Danzante, 8-days
- Feb 17-24 Family Basecamp*
- Feb 24-March 2
- March 2-9,
- March 9 - 16
- Meditation Trip**
- March 16 - 23
- March 23-30
- March 30 - April 6
- April 6 - 13
- April 13 - 20

\$1150. Price includes all hotels, transfers, food, farewell dinner in town, gear, three guides, support boat. It does not include airfare.

*The President's Holiday week is exclusively reserved for families. Children as young as 8 years old are welcome, call us for details.

**One week- long Meditation Retreat from March 9-16 will be co-led by Mark Coleman, <http://www.awakeinthewild.com>, a teacher at Spirit Rock Meditation Center <http://www.spiritrock.org>, and Bob Licht, Sea Trek's owner. The cost is \$1,550.

For more detail, contact Mark Coleman through his website or call Bob Lichtat **332-8494**.

adult classes—kayaking, self-improvement

Open Rowing Center

Introduction to Open Water Rowing

If you're looking for a new way to exercise and get out on the Bay with the local wildlife, come check out the introductory rowing classes at the Open Water Rowing Center. After completing the four-hour Novice Program, you'll be certified to use the club rowing shells. Working at our dock, the first session introduces you to the equipment and the basic technique. The second session takes you out on Richardson's Bay, where you'll have room to practice and get a sense of what it's like to row on the Bay. An extra hour of practice is included in the package. Classes are limited to four students.

Open Water Rowing was voted one of the best places to learn in San Francisco Magazine's Best of the Bay Area 2004. Call **289-4152** to register.

Prerequisites: Participants must be able to swim; participants must attend part 1, Saturdays, 11am–1pm, and part 2, Sundays 8:30am–10:30am to complete the program..

2437A	SA	Ongoing	11am–1pm	\$150R	\$160NR
2437B	SU	Ongoing	8:30am–10:30am	\$150R	\$160NR

Schoonmaker Point Marina, Sausalito

Enneagram Tour of the Types

Anger, pride, vanity, envy, avarice, fear, gluttony, lust, and sloth—the nine vices—and serenity, humility, truthfulness, equanimity, non-attachment, courage, sobriety, vulnerability, right action—the nine virtues—are familiar to people on a path of personal growth, recovery, or spiritual practice. The Enneagram, a rich description of nine different character types and worldviews, gives us an elegant psychological framework for seeing how it all comes together.

Understanding our Enneagram type gives us the key to our point of view, our habit of attention, and our personal style. We discover how our type operates in daily life—how it works well, and how it takes us over in automatic reactions and behavior patterns. From here we find opportunities for self-awareness, emotional healing, and powerful choice.

With compassion and humor, participants in this workshop will explore vivid depictions of the nine types and will begin to identify their own types.

Karin Scholz Grace, MS, is a certified Enneagram teacher and professional member of the International Enneagram Association, working with clients to cultivate vibrant inner life and relationships. Karin is also a certified Hanna Somatic therapist, working with clients to release muscle tension, restore balance, and rejuvenate function. She holds a Masters Degree from Stanford University. Karin is available for private Enneagram typing and coaching; she can be reached at **331-9950** or at karin@marinhealingarts.com.

2416	F	5/16	7pm–9:30pm	\$25R*	\$32NR*
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Location TBA (Contact instructor at **331-9950**)

*First ten people to register may bring a friend or partner for free.



The Enneagram of Relationship: Understanding Your Partner's Worldview and Discovering Points of Contact

This is a half-day workshop for singles, couples, and anyone who works with others. The Enneagram is considered by many to be the most effective relationship tool available today. It is used in families, therapy groups, church congregations, and business organizations to support effective communications, reduce conflict, and help people bring their best selves to connect with others.

Understanding and practicing this profound and powerful system helps one to identify and move beyond non-productive habits of body, speech, and mind; increases compassion for self and others; and effectively integrates psychological and spiritual life.

Participants in this workshop will explore styles of communication and relating typical of each type. We'll do partner and small group exercises to gain insight about our habits of communication and practice new communication skills, learning how to apply the Enneagram insights to relationship issues, challenges, and goals.

Pre-requisite: Participants should have taken the Enneagram Tour of the Types class or some other introductory class and have a sense of their type.

2418	SU	5/18	1:30pm–5:30pm	\$40R*	\$47NR*
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Edgewater Room, 420 Litho Street, Sausalito
Instructor: Karin Scholz Grace

*First ten people to register may bring a friend or partner for free.



Eating for health

Are you tired of trying to lose weight? Do you wish you had more energy? Do you have afternoon energy slumps? Are you reliant on statins or blood thinners to keep your heart healthy?

We all know that eating healthy food can make us feel better, but the vast majority of us don't know how or where to start. Through a series of 4 evening classes Karyn will help you understand the basics of nutrition, and will take you through a program designed to promote eating for health. The following provides a brief overview of each class:

- 1. Improve your digestion.** Learn how to live without digestive aids (Pepto-Bismol/Zantac etc.)
- 2. Regulate your blood sugar and lose the extra weight.** See how eating for health can help you maintain energy levels, and control cravings
- 3. Help your heart be healthy.** Hear what you can do for your heart without relying on Rx medication
- 4. Boost your immunity.** Be amazed by how eating for health can help strengthen your immunity, and perhaps even help you live allergy free

These classes are intended to work together as a whole program, (e.g., materials from the digestion class will be referred to in the immune section etc.), and as such you are encouraged to sign up for all 4; please note if you miss a class you will be provided with notes.

Karyn Duggan is a Certified Nutrition Consultant and Natural Chef and is here to help!

2503 M 3/24–4/14 7pm–8:30pm \$80/4wksR \$87/4wksNR
 2503-1 daily drop-in fee \$20R \$25NR
 Edgewater Room, 420 Litho Street, Sausalito

Literary Masters

Want to read (or reread) the masters of literary fiction? Want to hone your critical reading skills while enjoying treasures of literature? Join the exploration of classic works, both old and new. We'll engage in stimulating literary conversation as we dig deep into these great works. This is a book club that will meet once per month for a two-hour session to discuss great literature—The Literary Masters.

2481 SA 2/16, 3/15, 4/19 10am–12pm \$50R \$57NR
 2481A SA 5/17, 6/21, 7/19 10am–12pm \$50R \$57NR
 Edgewater Room, 420 Litho Street, Sausalito
 Instructor: Liz Epstein

Working with Dreams

Dreams are impartial, spontaneous products of the unconscious psyche, outside the control of the will. They are pure nature; they show us the unvarnished, natural truth, and are therefore fitted, as nothing else is, to give us back an attitude that accords with our basic human nature when our consciousness has strayed too far from its foundations and run into an impasse.

Small group discussion on aspects of how dream works. A member brings in a dream(s) for weekly discussions.

Groups are led by **Matthew Van Lokeren**, a Jungian Analyst trained in Zurich, CH. Matthew has led these groups for the last two years in Europe and is presently in private practice in Marin.

2452B M 2/4–2/25 6pm–8pm \$80/4wksR \$90/4wksNR
 2452-1 Daily drop-in fee \$25R* \$28NR*
 Edgewater Room, 420 Litho Street, Sausalito

Wilderness First Aid

Skill level: Easy

Wilderness First Aid emergencies are unique in their needs. Learn what it takes to tackle these emergencies correctly in our lively and informative class, where the emphasis is on making good decisions by staying calm, making accurate assessments and employing good communication and leadership skills. This class is taught by **Bobbie Foster**, an American Health and Safety Institute instructor who has taught for Outdoor Programs for over 15 years.

2439 SA–SU 4/19–4/20 8am–5pm \$155R \$165NR
 Instructor: Outdoors Unlimited

American Red Cross Adult CPR and Standard First-Aid

Learn how to react to help your family, friends and neighbors in recognizing and caring for life-threatening respiratory, cardiac or sudden illness emergencies until medical help arrives. All materials included. Upon completion of the class, you will receive certification.

CPR certificates are good for one year and First-aid is good for three years.

2440 SA 4/19 9am–4pm \$70R \$80NR
 Bay Model Visitors' Center, 2100 Bridgeway, Sausalito
 Instructor: Chris Gallagher

adult sports classes, leagues, & clubs

Adult Tennis Classes

Level 1—Intro to Tennis

Students are introduced to the basic skills of tennis, including forehand, backhand, serve, and volley. Emphasis is placed on proper stroke technique and enjoyment of the game.

2529 TH 4/10–5/29 6:30pm–8pm \$160R/8wks \$170NR/8wks
Marinship Tennis Courts, Sausalito
Instructor: Tennis In Marin Staff

Level 2—Early Intermediate Tennis

Students are taught stroke production, practice skills, and tennis-related games. Focus is on additional stroke development and an introduction to strategy and rules. Six weeks.

2530 W 4/9–5/28 6:30pm–8pm \$160R/8wks \$170NR/8wks
Marinship Tennis Courts, Sausalito
Instructor: Tennis in Marin Staff

Level 3—Intermediate (NTRP 3.0)

Advanced stroke production—spins, shot placement, doubles and singles positioning. Work towards directional control. Six weeks.

2531 TU 4/8–5/27 6:30pm–8pm \$160R/8wks \$170NR/8wks
Marinship Tennis Courts, Sausalito
Instructor: Tennis in Marin Staff

Level 3—Intermediate (NTRP 3.0) Weekends

Advanced stroke production—spins, shot placement, doubles and singles positioning. Work towards directional control. Six weeks.

2532 SA 4/12–5/31 10:15am–11:45am \$144R/8wks \$154NR/8wks
MLK Tennis Courts, Coloma Street off Bridgeway
Instructor: George Zahorsky

Round Robin Doubles

Sharpen your doubles skills and meet new players! No partner required, and all levels welcome. No more than 20 players admitted. Call **289-4152**.

2433 SA ongoing 8am–10am \$10R \$12NR
MLK Tennis Courts, Coloma Street off Bridgeway
Instructor: George Zahorsky

Tennis on the Web!

All tennis information is available at www.tennisinmarin.com. Instructors subject to change.

Bocce by the Bay

The Spring Bocce League is back. Bocce is a very easy game to play and with each game you begin to hone your skills as a Bocce Master, so don't be afraid if you are a novice, the game is easy to learn and fun to play. Get outside and spend some time with friends and family. Anyone can participate. Bocce is not age, strength or gender dependent. All teams must have at least 2 players and the season will last 7 weeks. Sign up soon. Bocce is limited to 8 teams per season/per day. No more than 8 members per roster. Guidelines will be distributed upon registration. List of team members required at time of registration.

2505 F 2/29–4/11 5pm \$45/teamR \$52/teamNR
2505A SA 3/1–4/12 10:30am \$45/teamR \$52/teamNR
Bocce Court, Dunphy Park, Sausalito

Marin Table Tennis Club

MLK Gym is an excellent, well-lit location for table tennis. Going into its third year, the club has been attended by over 200 enthusiasts, with a typical night seeing from 12 to 20 players. There are six tournament class Stiga tables and nets. Balls are provided and bats are available. A variety of play formats allows competition and recreation for all levels, from beginners to tournament players. Come try us out, meet new players in a friendly atmosphere, work on improving your game if you want, and have a great time!

Sponsored by the Sausalito Parks and Recreation Department, the Marin Table Tennis Club and Stiga Corporation.

2406 TH ongoing 7:30pm–10pm \$30/10nightsR \$37/10nightsNR
2406-1 (Drop-In fee) \$5R \$7NR
MLK Gym, 610 Coloma Street, Sausalito

Fencing: Beginning And Advanced

If you like fun, fast, exciting and challenging sports, you'll find that nothing quite compares to the thrill of authentic swordplay. All you need is an agile wit, a passion for perfection, and the nerve to pick up a blade—and do it.

Instructor **Frank Lurz** has been a fencer since 1964 and has taught fencing in Marin County since 1990. Mr. Lurz is a certified fencing master, professionally trained in the classical Italian school. He is currently Assistant Director of the Fencing Masters training program at San Jose State University. Ten weeks.

2434 TU ongoing 7pm–11pm \$120R \$130NR
2434-1 Daily drop-in fee \$8R \$10NR
2434-2 Daily drop-in fee for advanced fencers \$12R \$14NR
MLK Gym, 610 Coloma Street, Sausalito

Cazneau Playground

Small children’s play area near the intersection of Cazneau and Girard.

Cloudview Park (available for rentals)

Located on Cloudview Road west of Booker Ave. Children’s play area, bathrooms, small meeting room, and an amazing view of the bay.

Dunphy Park (available for rentals)

Waterfront gazebo, sand volleyball court, bocce court, and large lawn area. East of Bridgeway between Napa and Litho.

Gabrielson Park

Located between the downtown Ferry Landing and the Spinnaker Restaurant. Lawn area, benches, sculpture, picnic tables with view across Richardson Bay.

Harrison Playground

Opposite Star of the Sea Church on Harrison Street. Children’s playground with equipment.

Langendorf Playground (available for rentals)

At the intersection of Easterby Street and Woodward Avenue. Small children’s area, lawn, BBQ and picnic tables.

Marinship Park (available for rentals)

Three lighted tennis courts, parking lot, large lawn area and bathrooms. Located at Marinship/Libertyship Way

Martin Luther King Park

(available for rentals)

Five tennis courts, running track, lawn area, two basketball courts and softball fields, gym.

Remington Dog Park

One-acre dog park. Located at 100 Ebbside Avenue.

Robin Sweeny Park, City Hall

Located at Caledonia and Litho Street. NEWLY RESURFACED! Lighted basketball court, playground, grass area and picnic area.

Schoonmaker Beach

Shoreline Public Access. Adjacent to 85 Libertyship Way

Edgewater Room, Exercise Room and Clubhouse at City Hall (available for rentals)

All located at City Hall, corner of Caledonia and Bee Streets. Edgewater Room has meeting space, Exercise Room has a large wooden floor and Game Room has a variety of recreation activities for children and adults.

Southview Park

One tennis court, one basketball court, children’s play area, small lawn and sitting area. Entrance on North Street between Third and Fourth Streets.

Swede’s Beach

East End of Valley Street. Sandy beach.

Tiffany Beach

West Side of Bridgeway at east end of North Street.

Tiffany Park

West side of Bridgeway at east end of North Street. Sitting and picnic area.

Turney Street Ramp

East of Bridgeway and under water. This area is for launching boats.

Viña Del Mar Plaza

Street intersection of Bridgeway, Anchor, and El Portal. A greenbelt area with fountain and landscaping.

Yee Tock Chee Park

On the bay side of Bridgeway at Princess. Passive park with landscaping, lights, benches & water access.



facility and park rental fees

Facility & Park Rentals

Having a party? Need a professional environment to hold a business meeting? We're here to assist you in planning your next event.

We offer you several different parks that can serve as the perfect venue for your wedding, birthday party, fundraiser or performance. Most of our parks are located on the waterfront with breathtaking views, all at affordable rates!

Need an indoor facility? Your guests are bound to feel at ease in our charming, historic City Hall building located at 420 Litho Street, complete with a conference room including a full service kitchen, a patio nestled beneath the trees, an exercise room that's great for social gatherings, and a game room for kids to

enjoy. Our center is equipped with rectangular tables and chairs. Our conference room offers a supportive environment, perfect for professional gatherings.

If your meeting requires a larger area, the Martin Luther King Gymnasium, located at 610 Coloma Street, is available. If you need break-out space, this is a perfect location for team-building sessions and conferences.

Call the Parks and Recreation Department today to see which facilities best suit your needs. Reservations are required and facilities are booked in advance, so call **289-4152** for more information.

Sausalito Facility and Park Rental Fees

Parks		Group I	Group II	Group III	Group IV
Dunphy Park					
Area 1	Main Area including Gazebo	\$22 per hour	\$32 per hour	\$42 per hour	\$52 per hour
Area 2	Sand Volleyball Area	\$12 per hour	\$22 per hour	\$32 per hour	\$42 per hour
Area 3	Bocce Court	\$12 per hour	\$22 per hour	\$32 per hour	\$42 per hour
Special Events Package		\$42 per hour	\$52 per hour	\$77 per hour	\$102 per hour
Marinship Field		\$17 per hour	\$22 per hour	\$27 per hour	\$37 per hour
Martin Luther King Field		\$17 per hour	\$22 per hour	\$27 per hour	\$37 per hour
Robin Sweeny Park		\$12 per hour	\$25 per hour	\$37 per hour	\$52 per hour
Langendorf Park		\$12 per hour	\$25 per hour	\$37 per hour	\$52 per hour
Cloudview Park		\$12 per hour	\$25 per hour	\$37 per hour	\$52 per hour
Tennis Courts (Marinship & MLK)		\$17 per hour	\$22 per hour	\$27 per hour	\$32 per hour
Other Parks		\$12 per hour	\$25 per hour	\$37 per hour	\$52 per hour
Facilities					
Edgewater Room	Groups under 25	\$17 per hour	\$27 per hour	\$37 per hour	\$52 per hour
	Groups over 25	\$32 per hour	\$42 per hour	\$52 per hour	\$77 per hour
Exercise Room	Groups under 25	\$17 per hour	\$27 per hour	\$37 per hour	\$52 per hour
	Groups over 25	\$32 per hour	\$42 per hour	\$52 per hour	\$77 per hour
Game Room	Groups under 25	\$12 per hour	\$22 per hour	\$32 per hour	\$42 per hour
	Groups over 25	\$27 per hour	\$37 per hour	\$47 per hour	\$62 per hour
MLK Gymnasium		\$37 per hour	\$52 per hour	\$67 per hour	\$82 per hour

***GROUP I refers to Sausalito non-profit groups, and/or youth groups or public agencies; GROUP II refers to Sausalito residents; GROUP III refers to non-residents; and GROUP IV refers to commercial groups.**



Important Phone Numbers

Administration Department Office Hours: Monday–Friday 8am to 5pm
420 Litho Street, Sausalito CA 94965 • **415-289-4100** • Fax 415-289-4167 • Job Line 415-289-4100 Ext. 630

City Manager	Adam Politzer	289-4166	apolitzer@ci.sausalito.ca.us
City Attorney	Mary Wagner	453-8866	mwagner@ci.sausalito.ca.us
Assistant to City Manager/Deputy City Clerk	Debbie Pagliaro	289-4165	dpagliaro@ci.sausalito.ca.us
Administrative Services Manager	Dale Vaughn	289-4130	dvaughn@ci.sausalito.ca.us
Finance Director/Treasurer	Louise Ho	289-4105	lho@ci.sausalito.ca.us
Accountant (PT)	Josie Limos	289-4144	jlimos@ci.sausalito.ca.us
Accounting Technician	Elena Shankin	289-4101	eshankin@ci.sausalito.ca.us
Administrative Aide	Doug Smith	289-4106	drsmith@ci.sausalito.ca.us

Business Licenses

Muni Services **800-987-0999** M–F 9am to 5pm

Technology

Technology Manager	Rhett Redelings-MacDermott	289-4196	rnett@ci.sausalito.ca.us
Technology Assistant	Jeremy Holt	289-4196	jholt@ci.sausalito.ca.us

Sausalito Public Library Library Hours: Monday–Thursday 10am to 9pm, Friday and Saturday 10am to 5pm, Sunday noon to 5pm
420 Litho Street, Sausalito CA 94965 • **415-289-4121** • Fax 415-331-7943

City Librarian	Mary Richardson	289-4123	mrichardson@ci.sausalito.ca.us
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Community Development Department—Planning/Building/Engineering Hours: 7:30am–5:30pm Monday–Thursday. Closed Fridays.
420 Litho Street, Sausalito CA 94965 **415-289-4112** • Fax 415-339-2256 • TO SCHEDULE BUILDING INSPECTIONS: 415-289-4100 Ext. 811

Community Development Director	Diane Henderson (Interim)	289-4133	dhenderson@ci.sausalito.ca.us
Deputy Planning Director	vacant	289-4154	
City Engineer	Todd Teachout	289-4111	tteachout@ci.sausalito.ca.us
Building Inspector	Kenneth Henry	289-4136	khenry@ci.sausalito.ca.us
Associate Planner	Sierra Russell	289-4131	srussell@ci.sausalito.ca.us
Associate Planner	Brent Schroeder	289-4134	bschroeder@ci.sausalito.ca.us
Sewer Systems Coordinator	Pat Guasco	289-4192	pguasco@ci.sausalito.ca.us
Permit Technician	Denis Brown-Bouvier	289-4127	dbrown-bouvier@ci.sausalito.ca.us
Administrative Aide	Albert Viana	289-4112	aviana@ci.sausalito.ca.us

Parks & Recreation Department Office Hours: Monday–Friday 8:30am to 12pm, 1pm to 5pm
420 Litho Street, Sausalito CA 94965 • **415-289-4152**

Parks & Recreation Director	Mike Langford	289-4126	mlangford@ci.sausalito.ca.us
Special Events Coordinator	Jeanne Friedel, CFFE	289-4140	jfriedel@ci.sausalito.ca.us
Recreation Specialist	Susan Nichols	289-4152	snichols@ci.sausalito.ca.us
Administrative Aide	Anita Wong	289-4152	awong@ci.sausalito.ca.us

Public Works Department Office Hours: Monday–Friday 6am to 3pm
530 Nevada Street, Sausalito CA 94965 • **415-289-4113** • Fax 415-289-4138
EMERGENCY: CALL POLICE DEPARTMENT DISPATCH: 415-289-4170

Public Works Director	vacant	289-4176	
Public Works Supervisor	Dan Zeponi	289-4113	dzeponi@ci.sausalito.ca.us

Police Department Office Hours: Monday–Friday 7am to 5pm
300 Locust Street, Sausalito CA 94965 • **415-289-4170** • Fax 415-289-4175 • **Emergency 911** • Parking Citations: 415-289-4149

Chief of Police	Scott Paulin	289-4181	spaulin@ci.sausalito.ca.us
Police Captain	Don MacQuarrie	289-4177	dmacquarrie@ci.sausalito.ca.us
Administrative Aide II	Susan Barnes	289-4173	sbarnes@ci.sausalito.ca.us

Fire and Emergency Medical Services Office Hours: Monday–Friday 8am to 4pm.
Southern Marin Fire Protection District • **415-388-8182** • Fax 415-388-8181 • Emergency 911
Sausalito Station, 333 Johnson Street, Sausalito, CA 94965

Fire Chief	Denis Walsh	388-8182	dwalsh@smfd.org
Deputy Chief	Jeff Powers	388-8182	jpowers@smfd.org
Battalion Chief	Jeffrey Allen	388-8182	jallen@smfd.org
Battalion Chief	Jim Irving	388-8182	jirving@smfd.org
Administrative Services Manager	Katherine Johnson	388-8182	kjohnson@smfd.org
Administrative Assistant	Susan Kim	388-8182	skim@smfd.org

Parking and Transportation Division Hours: Monday–Friday 8am to 5pm
420 Litho Street, Sausalito CA 94965

Parking and Transportation Manager	vacant	289-4128	
Lead Parking Attendant	Chris Maggiora	286-0550	parking@ci.sausalito.ca.us

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