

CURRENT THROUGH DECEMBER 2015

# Sausalito

A N D I T S C O M M U N I T Y

REGISTER ONLINE [www.sausalitoparksandrecreation.com](http://www.sausalitoparksandrecreation.com)

FALL 2015

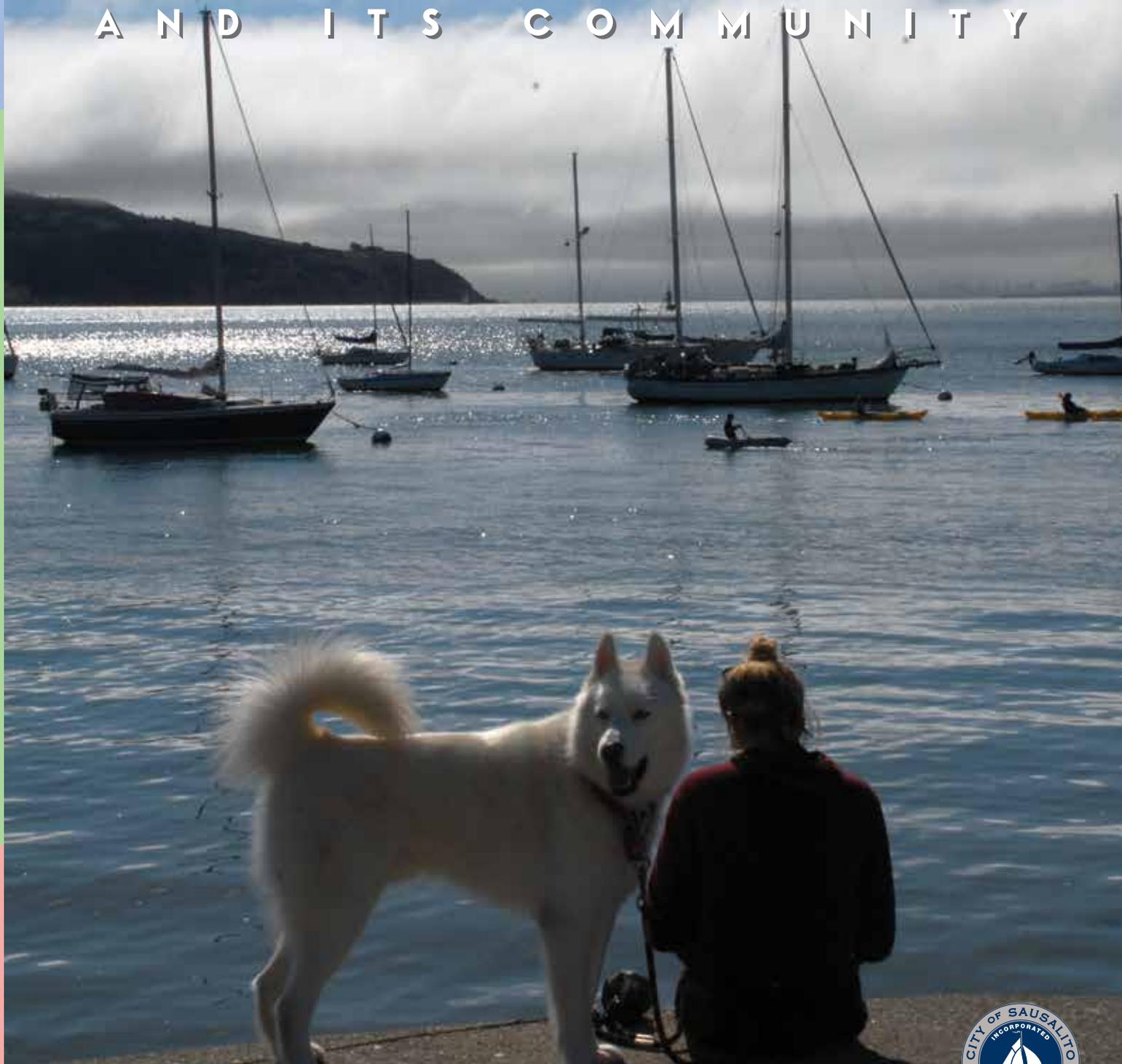


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## Sausalito Parks & Recreation Department

420 Litho Street

Sausalito, CA 94965

415-289-4152 • 415-289-4189 (Fax)

[www.sausalitoparksandrecreation.org](http://www.sausalitoparksandrecreation.org)

**Parks  
Make  
Life  
Better!**

Office Hours: Monday–Thursday 8:30am–5pm

Friday 8:30am–12 noon, 1pm–5pm

### PARKS & RECREATION DIRECTOR

Mike Langford • 415-289-4126 • [mlangford@ci.sausalito.ca.us](mailto:mlangford@ci.sausalito.ca.us)

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# BUY A TREE, MAKE A DIFFERENCE.



# DUNPHY PARK CHRISTMAS TREE LOT



**A PORTION OF THE PROCEEDS BENEFIT**

**ROBIN SWEENEY PARK**

**OPEN 11/28-12/24**

**HOURS: M-SAT: 11AM-8PM, SUN: 10AM-5PM**

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## Parks & Recreation Calendar of Events

### SEPTEMBER

- 9/12 Concert for Kids – Tim Cain
- 9/26 Chili Cook-Off

### OCTOBER

- 10/3 Concert for Kids – Nichole Forester
- 10/3 City-Wide Yard Sale
- 10/10 Beautification Day
- 10/31 Halloween Events

### DECEMBER

- 12/5 Breakfast With Santa

*Like us on Facebook at Sausalito Parks and Recreation to stay up to date with all events and activities.*

All events sponsored by the Sausalito Parks & Recreation Department.

Message from the

## Parks and Recreation Director



FALL 2015

Fall may be my favorite season in Sausalito. We get to dial in our focus on the local Sausalito community after the hustle and bustle of producing our larger scale summertime events.

This year I'm especially excited and honored by our community's commitment to the Parks with the investment of over Seven Million Dollars from a certificate of participation bond to improve the Martin Luther King Jr. campus including the Gym and Park, Dunphy Park, Robin Sweeny Park, and Southview Park. We are already hard at work with park improvements: Soon we will be breaking ground on a large scale landscape, accessibility and playground improvement to Robin Sweeny Park, In addition the Rotary Club service project to upgrade Cazeneau Park is well underway. These are exciting times for the parks indeed!

We welcomed a new employee into the Parks and Recreation Department late this Summer. Julie Myers has an extensive event planning career from management of volunteers for the Super Bowl 50 Host Committee to directing activities programs at the High School level. We are excited to have her on board and welcome you to meet her at this Fall's events, such as the Chili Cook Off, the City Wide Yard Sale and of course our Halloween Celebration including Parade, Trick-or-Treat Lane on Caledona Street, Haunted House in the Recreation Department & Dog Costume Contest. As we turn the corner toward the Holidays, we will also have our popular Breakfast With Santa event at the Sausalito Yacht Club. It has expanded to two seatings, but continues to be a sellout hit—so please get tickets early if you want to join in the fun.

The classes offered in the Recreation Department continue to appeal to a wide range of appetites. Whether you are interested in improving fitness, learning or honing artistic skill, or looking to play sports, such as bocce-ball, basketball or tennis, we have a lot going on that you might enjoy.

We hope that you join us as we celebrate local Sausalito living this Fall.

*Mike Langford*  
Parks & Recreation Director

**Parks  
Make  
Life  
Better!**



# 37th Annual Chili Cook Off

SATURDAY, SEPTEMBER 26

11am-4pm

DUNPHY PARK

The air at Dunphy Park will be thick with the aroma of tomatoes, beans, peppers and spices. Come join us and experience booth after booth of delicious park-made chili. Tasting will begin at high noon. Purchase a \$10 unlimited chili tasting wrist band and visit each booth to try unique and original chili. Tasters will help decide the winners by casting their "bean vote." Voting beans will be given to the first 1,000 people who purchase a tasting wrist band so don't bean late!

## WANTED: Chili Chefs

Come share your favorite chili recipe. You must make at least ten gallons of chili at the Cook-Off itself, but you may do your prep work off-site prior to the event. This is a fun event and free to enter!

Registration opens August 17. Register by August 30 to have your team name included on the Apron.

Prize Categories:

**MOST CREATIVE:** Presentation is everything! Dress up your booth and your helpers.

**JUDGES' CHOICE:** A panel of judges will help to determine best chili.

**PEOPLE'S CHOICE:** Your beans count! Cast your special voting beans for your favorites and cheer them on to victory.

To participate in the fun, applications are available at [www.sausalitochilicookoff.com](http://www.sausalitochilicookoff.com). Prizes donated by our fantastic sponsor, Heath Ceramics.

The Volunteers in Public Safety (V.I.P.S.) will also be onsite cooking delicious hot dogs for non-chili enthusiasts.

## Concert for Kids

Sponsored by the Sausalito Lion's Club

SATURDAY MORNINGS

10:30am-11:15am

ROBIN SWEENEY PARK

The Sausalito Lion's Club is sponsoring the Sausalito Parks & Recreation Department's Concerts for Kids concert series. This annual children's entertainment event takes place on Saturday mornings once a month from June – October at Robin Sweeney Park. These summer and fall performances feature music, fun and laughs for children of all ages. Bring your family, a blanket and enjoy these FREE concerts thanks to the Sausalito Lion's Club. Entertainment begins at 10:30am.

Schedule of Performers

9/12 Tim Cain  
10/3 Playland Music Class  
Teacher: Nichole Forester



## City Wide Yard Sale

SATURDAY, OCTOBER 3

9am – 2pm

MLK PARKING LOT & BASKETBALL COURTS

SELLERS AND BUYERS WANTED!

BUYERS: Come by and see what awesome items you might find.

ADMISSION IS FREE. Over 80 different booths!!!

SELLERS: Sign up for Sausalito's Community Yard Sale where your old goodies might be someone else's new treasures. Make some money selling what you no longer need. Please no craft vendors allowed, no food vendors allowed and only garage/rummage sale items to be sold. The City reserves the right to refuse any items it does not view as appropriate for sale at this event.

Spaces rent between \$12 and \$28, depending on location.

Space choice and table rentals are first come, first served.

REGISTRATION OPENS SEPTEMBER 1 AT 9AM.

Yellow Space	\$12R	\$17NR
Blue Space	\$15R	\$19NR
Orange Space	\$17R	\$22NR
Purple Space (TENT ONLY)	\$17R	\$22NR
Pink Space	\$22R	\$27NR
Red Space	\$28R	\$33NR
6' Table Rental (one per booth)	\$10	
3' Round Table Rental	\$5	

Check out the SPACE MAP online: [www.sausalitoyardsale.com](http://www.sausalitoyardsale.com)

## Beautification Day 2015 Volunteers Needed

When: Saturday, October 10th

Time: 9am-12 noon

Registration: [volunteer@sausalitobeaautiful.org](mailto:volunteer@sausalitobeaautiful.org)

Join your friends and neighbors in improving some of our City's most visible public landscapes through simple hands-on tasks such as weeding, trimming and raking. Little or no experience is required. Work location and other details will be provided upon registration.

Beautification Day is proudly co-sponsored by Sausalito Beautiful and the City of Sausalito.

Sausalito Beautiful is a volunteer-based, donor-funded, non profit whose mission is to improve Sausalito's public landscapes through advocacy, partnership, and a commitment to shared responsibility. Remember to register for Beautification Day and to visit us now at [www.sausalitobeaautiful.org](http://www.sausalitobeaautiful.org). Together we can make Sausalito even more beautiful!

### Halloween Parade and Trick or Treat Lane

SATURDAY, OCTOBER 31 5:45pm-8pm  
 PARADE BEGINS AT FIRE STATION — ENDS AT ROBIN SWEENEY PARK  
 Ghouls, Goblins, Princesses, Superheroes, Cats, Ghosts, and Monsters of all sizes, shapes and ages UNITE together at the corner of Caledonia and Johnson to haunt the street in search of free candy. We march at 6pm sharp so be ready to line up at 5:45pm. We will finish our Halloween Parade at Robin Sweeney Park, otherwise known as Trick or Treat Lane for more treats and Halloween fun. The Halloween Parade and activities in Robin Sweeney Park and the Recreation Center are sponsored by Sausalito Parks & Recreation, Caledonia Street Merchants and local community groups.

### Howl'O'Ween Dog Costume Contest

SATURDAY, OCTOBER 31 6:30pm  
 ROBIN SWEENEY PARK  
 Ghoulish greyhounds, devilish dachshunds, poodle princesses and butterfly bulldogs. Dress up your pups and bring them with you on Halloween to compete in this free contest. Prizes will be awarded to the funniest, best couple (dog and owner) and most original canine costumes. Sponsored by Soulmates Animal Care

### Haunted House

GAME ROOM, CITY HALL  
 Come see what spooky terrors lurk in this year's inception of the annual Sausalito Haunted House. They're dying . . . to meet you!

PREVIEW: Beat the Halloween evening rush! The Haunted House will be open before the parade from 4pm-5pm for sneak peeks to anyone curious and daring enough to venture in.

\$5 per-person, \$20 per-family Suggested Donation.

#### Haunted House Schedule

Saturday 10/31 4pm-5pm (child-friendly)  
 6:15pm-8pm (full haunt)

### Haunted House Call for Volunteers

The Haunted House is volunteer planned, designed, and operated. If you want to help with this year's haunt, call Recreation Supervisor, Jeff Dybdal at **289-4140**.

# Breakfast With Santa

SATURDAY, DECEMBER 5  
 SAUSALITO YACHT CLUB

Santa's coming! He's making a special trip to the Sausalito Yacht Club to eat breakfast with you and your family! He will sail up and join the breakfast at 9am. It will be a jolly morning where the kids make holiday crafts and visit with Santa while elves prepare a delicious breakfast of pancakes, sausage, milk and juice. Take your photo with Mr. Claus himself and make special memories! (Psst. Don't forget your camera!) Bring a toy to donate to the Southern Marin toy drive and receive \$1 off admission.

#### SPACE IS LIMITED. PRE-REGISTRATION REQUIRED.

Call Sausalito Parks and Recreation at **289-4152**

SA	12/5	8:30am-9:30am	\$8R	10NR
SA	12/5	9:30am-10:30am	\$8R	10NR

**FREE FOR CHILDREN TWO AND UNDER!**  
**HIGH CHAIRS BY REQUEST ONLY.**



### Letters from Santa

Would your son or daughter love getting a personalized letter from Santa? Sausalito Parks and Recreation will work with Santa to send a letter to your child.

Letter from Santa application and payment must be received by 2pm Wednesday December 9, 2015. Pick up your Letter from Santa application at

the Parks and Recreation department office at City Hall, 420 Litho Street, or download the application at [sausalitosanta.com](http://sausalitosanta.com)

Application takes about ten minutes to complete.

Cost \$5R \$8NR

## Parks & Recreation Commission

Doreen Gounard, Chair      Cindy Powers      Sela Seleska  
Joe Burns, Vice Chair

This summer has proven to be another eventful one here at Parks and Rec—the 4th of July, Jazz and Blues by the Bay have kept our town moving and grooving. We commissioners are very hopeful that the City Council’s vote to include Certificates of Participation into the new fiscal year budget will bring about vast improvements in four of our major parks. This inclusion in the budget allows city staff to work on the details and bring them back to the Council. Please keep your eyes on the City Council agendas/meetings to remain informed of this process.

In the early Summer we began the search and interviewed several candidates for the replacement Events Recreation Supervisor. In late July, Julie Myers came on board and is now up and running—planning and executing all the special occasions that make Sausalito such a fun town.

These events are so successful due to the support and participation of our greater community as well. If you’d like to volunteer for an event, please contact Julie Myers, our new Special Events Recreation Supervisor. If you would like to teach a class, please contact Jeff Dybdal and if you want general information about our programs or facilities please contact Anita Cheng and she will happily assist you.

Your Parks and Recreation Commission meets the 3rd Wednesday of each month at 6:30pm in the Edgewater Room at City Hall, 420 Litho Street. The Commission meetings are open to all. Please note that to add items to the agenda one must go through the Sausalito Parks and Recreation Department Office at **289-4152**. Your attendance and participation is always welcome.



Respectfully Submitted,  
Doreen Gounard  
Sausalito Parks and Recreation Commission Chair

### Want to Get Involved?

The Sausalito Parks & Recreation Department strives to provide quality programs to Sausalito and its community that enhance growth, expression, and recreation through people, parks, and programs.

#### WOULD YOU LIKE TO MEET NEW PEOPLE? GET TO KNOW NEW FRIENDS AND NEIGHBORS?

Whether you’ve just moved here or are a longtime resident, an exciting and fun way to meet the people in your community is to volunteer for the Sausalito Parks & Recreation Department. We’re already busy planning the next Breakfast with Santa, Easter Egg Hunt, Haunted House, and Caledonia Street Festival. So, you can tell we need volunteer help with all of these events throughout the season. If you want to help drive these events and participate on a different level, how about joining a committee for a specific event? The time commitments usually require several pre-event meetings and event day participation. The reward is supporting our community and having fun while doing it! Did you know you can have this much fun without leaving town? Call the Recreation Department at **289-4152** and let us know how you’d like to help.

### Commemorative Bench

Are you looking for a way to commemorate that special someone or special day? The City of Sausalito is blessed with many great benches to sit and look at the view and reminisce over fond memories. These benches can be dedicated to create that special place for you and your family. Benches are located in various City Parks and along pathways throughout the City. If you are interested in a Commemorative Bench please contact the Parks and Recreation Department at **415-289-4152**.



## Chamber of Commerce Calendar

The Sausalito Chamber of Commerce is located at 1913 Bridgeway (beside Suzie's Nails and Fred's Coffee Shop).

### SEPTEMBER

- 8 BizX Meeting  
The Trident, 555 Bridgeway  
8:15am-9:30am
- 17 Chamber Member Mixer  
Seaplane Adventures, 242 Redwood Highway, Mill Valley  
5:30pm-7:30pm

### OCTOBER

- 7 BizEd Seminar  
Bay Model Visitor Center, 2100 Bridgeway  
5:30pm-7:30pm

### OCTOBER

- 13 Annual General Meeting  
The Spinnaker, 100 Spinnaker Drive  
8:15am-9:30am
- 15 Chamber Member Mixer  
Bank of Marin, 2656 Bridgeway  
5:30pm-7:30pm

### NOVEMBER

- 10 BizX Meeting  
Barrel House Tavern, 660 Bridgeway  
8:15am-9:30am
- 19 Chamber Member Mixer  
IDESST Sausalito Portuguese Hall, 511 Caledonia Street  
5:30pm-7:30pm

### DECEMBER

- 3 Chamber Holiday Mixer Open House  
Bay Model Visitor Center, 2100 Bridgeway  
5:30pm-7:30pm
- 8 BizX Meeting  
Sausalito Public Library, 420 Litho Street  
8:15am-9:30am

### BizX

Meeting the second Tuesday of the month from 8:15am–9:30am. BizX is an abbreviation for “Business Information Exchange.” BizX is a monthly business meeting where Chamber members, Chamber President and CEO, the City Manager and representatives from the Chamber Board of Directors and City Council, meet to discuss current business issues and to promote upcoming events and programs. For location details, visit [www.sausalito.org](http://www.sausalito.org).

### Chamber Mixers

Chamber Mixers are typically held on the third Thursday of the month from 5:30pm–7:30pm. Mixers are an opportunity for both Chamber and non-Chamber members to meet and network.

The location of the BizX Meeting and the Mixers varies each month. Hosting a BizX Meeting or a Mixer is a great opportunity to showcase your business. Contact the Chamber at **331-7262** or by email to [chamber@sausalito.org](mailto:chamber@sausalito.org) if you are interested in being a host.

For additional information on the events listed above, visit [www.sausalito.org](http://www.sausalito.org) or call the Sausalito Chamber at **331-7262 extension 10**.

### BizEd Seminar

The Sausalito Chamber of Commerce believes in the importance of continuing business education and our Membership Committee has put together a series of Educational seminars over the past three years. These seminars are free and are open to Chamber members, as well as non-Chamber members at a minimum cost.

If you would like to attend one of these seminars or if have any suggestions for future educational seminars, please call the Chamber at **415-331-7262 ext. 10** or email [chamber@sausalito.org](mailto:chamber@sausalito.org).



### Sausalito Beautiful Launches Web Site

Sausalito Beautiful's Board of Directors proudly announces that our website is ready for viewing! Visit us at [www.sausalitobeaautiful.org](http://www.sausalitobeaautiful.org) to learn about:

- Our Mission and Vision
- How we came to be
- Some of the Projects we're excited about
- How you can Donate and Help as we work to enhance and protect Sausalito's public landscapes

If you support our efforts, please help us spread the word by forwarding this announcement to friends who may be interested.

Your vote of confidence will make all the difference!

Warm regards,

Shelby Van Meter  
President, Sausalito Beautiful Board of Directors  
[president@sausalitobeaautiful.org](mailto:president@sausalitobeaautiful.org)



### 30th Annual Sausalito Floating Homes Tour September 12, 2015, 11am – 4pm

Sausalito's colorful floating homes community opens its doors and gangplanks to visitors on Saturday, September 12, from 11am to 4pm. The tour will include a variety of waterfront homes, such as a gingerbread cottage called Nona's Hobo by the owner's grandchildren, the Kimosabe (Trusted Ship) with an entry reminiscent of a California kelp forest, and a daffodil-yellow A-frame chalet.

Docents will be on-board to describe this incredible waterfront lifestyle and answer questions.

Kappas Green is the center for food and fun throughout the day, featuring local musicians and an Art Show & Sale. Great food and drinks will be available for purchase. Free ample parking and shuttle service will be provided nearby.

Advance tickets are recommended as the tour regularly sells out. Purchase tickets online for \$40 at <http://floatinghomes.org/tour/purchase-tickets/>. Tickets on the day of the Tour will be \$45. Ticket sales partially benefit the Friends of the Marin City Library, Sausalito Village and other local non-profits.

The Floating Homes Tour is sponsored by the Floating Homes Association, a non-profit volunteer organization representing the owners and residents of floating homes within five Sausalito marinas. Additional information may be obtained by calling the Floating Homes Association at 415-332-1916. Color photos of previous tours can be viewed at [www.floatinghomes.org](http://www.floatinghomes.org).

### So what's New at the Bay Model?

Just thought you would all like a brief update on the Bay Model as things have been very busy down by the water. As you may or may not know we entered into a new partnership with the Aquarium of the Bay located on Pier 39 just over a year ago. The new partnership is entitled Bay Model Alliance. This allows the Bay Model to accept donations and invest them back into the facility mainly the educational programs. The Aquarium is also handling our bookstore for us and have stocked some specific Bay Model Alliance items. This partnership leverages both the Bay Model and Aquarium's strengths. The Aquarium has a diverse educational staff and programs. We have already been offering some of their programs and anticipate doing more. The Bay Model also has a wonderful gallery space which we extend the use to local artists. Each of these artists usually has a reception during the time their show is displayed here & all are free and open to the public. A list of the upcoming shows for the year is shown below. You also must be aware by now that we are the new home to Sea Trek. That relationship is working out quite nicely and we encourage you to come down and take a paddle. The only thing that is missing from the old site is the beach, but honestly most say they don't miss the sand in all their equipment. I am sure you have visited the Educational Tallship where they are building the Matthew Turner. If you have not seen it or it has been awhile since you last saw it – you must go by. They are making tremendous progress and when finished it will become the sister ship to the Seaward which is owned by the Call of the Sea and makes its home here. These are going to be wonderful opportunities for kids and adults to get out on the Bay and learn about this precious environment. So I invite you down to check out the Bay Model and see what we have been up to and sign up for our email mailing list that goes out bi-monthly so you can get a list of programs and events. It's right in your own backyard. So don't miss out.

### GALLERY SHOWS FOR 2015

October 6 - November 16 Muriel Schmalberg Ullman: 3-D painted surfaces  
November 17 - January 4 George Sumner

## The Sausalito Woman's Club Rose Garden In Gabrielson Park

There is a beautiful corner of Gabrielson Park which holds special place in the history of the Sausalito Woman's Club (SWC.) In the early eighties, this pocket of beauty was planted with rose bushes to honor Mrs. Blanche A. Dunphy and there is a plaque in her memory. After many years the bushes had aged and lost their vitality. Along came SWC member Wera Musaus who loved gardening --and who became chair of the SWC's Community Enhancement Committee. A friend and fellow club member Charlotte Mastrangelo was recruited to work with Wera on the improvement this area.

Camaraderie and mutual appreciation between volunteers and employees of the Sausalito Public Works Department had much to do with the success of this project. The SWC provided money for new plants, the City of Sausalito provided hard-working men (Les James, Martin Rodriguez, and Jason Finch) who could assist by doing the heavy work and adding their knowledge of drainage and a watering system; Wera and Charlotte chose the variety of plants, nurtured them, and continue to hand-water and trim as necessary. While working, the ladies have become unofficial ambassadors to the thousands of tourists who wander by. One day, Wera (who is bi-lingual) heard a young German couple exclaiming to each other about the "dear old ladies who were working so hard."

The project has not been without problems. On at least three occasions, several newly-planted rosebushes "disappeared" the night after they were placed in the ground. The scoundrel responsible has not been apprehended—should that person read this article and feel remorse, he/she could make a contribution to Public Works or the SWC's Community Enhancement Committee!

Recent additions to this special corner of Gabrielson Park are two stoneware planters which originally came from Sally Stanford's Valhalla Restaurant. The planters now overflow with lovely flowers to welcome visitors to Gabrielson Park.



L-R: Martin Rodriguez, Wera Musaus, Les James and Jason Finch, in the Sausalito Woman's Club Rose Garden in Gabrielson Park

## Do Something Greener

Whether it's riding your bike to work on Fridays, composting food waste in your kitchen, or simply making a phone call to switch to "Deep Green," the Sausalito Sustainability Commission encourages you to set out to make one change in your life that lowers your carbon footprint. Here's a few easy ways to save the planet:

1. Put food scraps in your green bin. In Sausalito, approximately 46% of our waste could be composted instead of being thrown in the trash. Buy or create a countertop compost bin with a coffee can and use a compostable bag to fill it with kitchen scraps and food waste. You can even compost pizza boxes, paper towels, and food-stained cardboard.
2. Commute to work or get around without your car, even if it's just once a week. In 2010, our transportation choices in Sausalito were responsible for 42% of our carbon emissions. Try riding your bike, taking transit, carpooling, or telecommuting. If you do, rest assured – Marin County has a free emergency ride home program for all residents and employees. Visit [www.gotimemarin.com](http://www.gotimemarin.com) for more information about alternative commute options in Marin.
3. Use reusable bags for all your shopping – not just at the grocery store. The "Great Pacific Garbage Patch" is twice the size of Texas and it's floating somewhere between San Francisco and Hawaii. It weighs 3.5 million tons and is 80% discarded plastic. Don't add to it. Keep reusable bags in your purse or car for everyday shopping and errands.
4. Switch to Deep Green. For only a penny more per kilowatt, you can enroll in Marin Clean Energy's "Deep Green" 100% renewable energy program. For most residential households, the additional cost is less than \$5 per month.
5. Buy local food. A typical carrot in America travels 1,838 miles to reach a dinner table. Support our local farmers markets, join a CSA (Community Supported Agriculture), and help stimulate our local economy.

For a more holistic look at your household's carbon footprint and help losing those carbon pounds, check out <http://www.resilientneighborhoods.org/>. This free program helps you and your family to understand the impact of your household decisions and undertake carbon-reducing actions that make a difference.

Join the community conversation about green initiatives and sustainability. The Sausalito Sustainability Commission meets monthly, second Thursdays at 6pm in City Hall.

## Sausalito Classic Car Show

Sunday October 4th the Sausalito Classic Car Show returns to celebrate the automobile with a fun event. Join us, free admission, food and beverages are proudly served by Sausalito Parks and Recreation, music and of course the classic cars, all showcased along the beautiful Sausalito waterfront. Open to the public 11am-4pm. Vehicle registration begins at 9am. For more information, visit [sausalitoclassiccarshow.com](http://sausalitoclassiccarshow.com).



## Frank Lloyd Wright on the West Coast

7PM THURSDAY, OCTOBER 8, 2015

SAUSALITO WOMAN'S CLUB, 120 CENTRAL AVENUE

The Sausalito Woman's Club is hosting a community event titled "Frank Lloyd Wright on the West Coast." The event features a presentation of Wright's Inspiration in Architecture Excellence, a conversational media presentation by architectural historian Mark Anthony Wilson, who has taught seminars on historic architecture for the National Trust across the United States. The presentation will feature over 200 lush photographs by Joel Puliatti, covering Wright architecture from the coast of Seattle to the Hollywood House in Los Angeles. Of course special attention will be paid to two local iconic structures designed by Frank Lloyd Wright: The Marin Country Civic Center in San Rafael and the shop at San Francisco's 1940 Maiden Lane. There are Thirty-Six structures designed by Wright that have been constructed on the West Coast. The Sausalito Woman's Club invites anyone interested in architecture design and history, or curious about iconic designer Frank Lloyd Wright to participate. A No-Host Bar will be open during the event. For more information you may contact the Sausalito Woman's Club by phoning **332-2700** or visit the website: [sausalitowomansclub.org](http://sausalitowomansclub.org).

## Happiness from a Different Source By Eva Brzeski

Have you ever had the feeling that there must be some key to your life, some secret ingredient that would make everything else make sense? I certainly had that feeling for a long time. It seemed I was always looking for that person or place or situation that would bring it all together. I would move, try different jobs, travel to exciting destinations. New experiences, creative projects, adventures—I was sure the answer was somewhere out there, and it was up to me to find it. Sometimes the journey felt dramatic and exciting. At other times it was exhausting and not very satisfying. And meanwhile the years were ticking by.

After a while I started to have a niggling doubt that perhaps my efforts were never going to produce the perfect balance I was seeking, that feeling of "Ah, finally everything is just right." I started to notice that no matter what I accomplished, it never seemed quite enough, that whatever good conditions I was able to pull together, the right house, the right partner, the right body, job etc, sooner or later something would fall out of alignment and I'd be right back in fix-it mode. I started to wonder where all this was leading, and whether I was going to find myself in 10 or 20 years trying with increasing desperation to patch together things that were inevitably going to fall apart. I had a feeling that there must be more to life than this.

Then one day I wandered into a class on Buddhist meditation. The teacher was an English nun, was a dead ringer for Julie Andrews, only bald. She was funny and irreverent and the things she said made sense to me. I didn't like meditation at first, but I liked her, and I liked the way the classes made me feel: lighter, clearer. My problems seemed distant, and less like problems, and I was able to go out into my day feeling peaceful and positive. I was more relaxed, and able to face any challenges with an open heart.

That was eleven years ago. I am now a dedicated student and practitioner of Kadampa Buddhist meditation and teachings. I'm discovering over time a deepening sense of inner peace that is always there, beneath the turbulence of my daily thoughts. It's becoming easier to focus my attention in ways that brings happiness. Difficulties no longer throw me the way they used to. When unpleasant feelings arise it is easier to see them for what they are—just temporary weather systems moving through, with no power to destroy the clear blue sky of my mind. I feel so lucky to have found these simple and practical tools taught by Buddha so many years ago, and to have an opportunity to share them with others.

Please join us for a series of public talks in Sausalito on Modern Buddhism—Happiness From a Different Source. Each talk will be self-contained with guided meditations and plenty of time to ask questions and discuss how we can easily incorporate these ancient practices into our daily lives. Whether you are curious about meditation or have been meditating for years, whether you are looking for support in your spiritual life or just want a quiet place to relax and de-stress, everyone is welcome. No special clothing or equipment is needed. This class is suitable for adults of all ages as well as teens.

Instructor **Eva Brzeski** is the teacher of Prayers for World Peace at KMC San Francisco. She is well-loved for her sincerity and warmth, and she shows the joy of living a spiritual life.

Hosted by: Kadampa Meditation Center San Francisco

[www.MeditateInSanFrancisco.org](http://www.MeditateInSanFrancisco.org)

For more info: **415-407-9891**, [epc@MeditateInSanFrancisco.org](mailto:epc@MeditateInSanFrancisco.org)

Edgewater Room, Sausalito Community Center 7pm-8:15pm: Thursday, September 17, Monday, October 19, Thursday, November 19, 2015. \$12 per class, series of 3 for \$30.



# Sausalito on the Waterfront

foundation

## What's Happening?

There are plenty of events to attend!

Do you like to dress up, dance, and listen to music? Come on out to the **Naughty or Nice Gala** and dance the night away!

Do you like parades? What about fireworks? Come on out and watch the **Lighted Yacht Parade and Fireworks**, all while enjoying great food from one of the gourmet food trucks?

Are you into arts and crafts? Do you have kids that like to craft? We have something for the whole family! Join us for the **Holiday Arts and Crafts Fair**. It's Free!

Join us for all the wonderful events you can be a part of!

## December 11-13, 2015

12/11 Naughty or Nice Gala

12/12 28th Annual Lighted Boat Parade & Fireworks Spectacular

12/12 Children's Holiday Fair on Saturday



Sausalito On The Waterfront Foundation  
3030 Bridgeway | Suite 117 | Sausalito CA 94965

415-990-1630  
[info@sausalito-on-the-waterfront.org](mailto:info@sausalito-on-the-waterfront.org)

### Sausalito's Three Sister Cities

Sausalito is honored to have vibrant “sister city” relationships with three wonderful cities on three separate continents: Viña Del Mar, Chile; Sakaide, Japan and Cascais, Portugal. The purpose and mission of each program is to promote a cross-cultural and economic exchange between the two cities. One 501(c)(3) organization oversees the “councils” from each program, but each relationship has developed a unique identity. All three have forged strong bonds between the residents of their respective “sisters”.

To honor our three sister cities, in July of this year, flags representing each of the three countries were raised during a ceremony at City Hall. Flag poles will eventually be permanently installed in the plaza outside of the Litho Street entrance to City Hall.



Cheryl Popp, Rolando Ortega, Cathy Stierhoff at Chilean Cultural Festival in May

### VIÑA DEL MAR, CHILE

In 1960, we formed our first bond with Viña Del Mar, Chile. At that time, Sausalito's main square was re-named Viña del Mar Plaza. Viña del Mar in return, named its soccer stadium Estadio Sausalito. The huge stadium is adjacent to Parque Sausalito, in the neighborhood called Sausalito. In 1968, Chilean sculptor and Viña native, Sergio Castillo, donated a sculpture to Sausalito called “Hermanadad”, or “sisterhood”. It was recently refurbished and remains today in Gabrielson Park along the Sausalito waterfront.

Back in March of this year, the Viña Sister City committee held a very successful fund raiser, **007 Fashion**. Local “celebrities” modeled fashions from Sausalito boutiques, including Gene Hiller Menswear, GrDano, Lisa Lebow and Barcelino. Guests were treated to champagne, martinis and an amazing array of foods donated by local restaurants.

In April, our team was invited to participate in the 24th Annual Chilean Cultural Festival in San Francisco. Amidst the music, dancing and eating, we had a table with photos and information about our program and were pleased to support this very lively Bay Area Chilean community.

At the Flag Installation Ceremony held in July, our committee honored Rolando Ortega, the Chilean General Consul, who has served in this capacity in San Francisco for the past five years. Sr. Ortega is returning to Santiago but promises to remain in contact with our group. He has been a strong supporter and friend to our committee and will be sorely missed.

In October, a group of 10–12 delegates from Sausalito will travel to Viña del Mar, Chile. The visit coincides with the 15th anniversary of AGEPE (Asociacion Gremial de Empresarias y Profesionales, or Association of Women Business Owners and Professionals).

For the past four years, our committee has partnered with AGEPE to build an Entrepreneurial Women in Business Exchange program. Over the years, we have developed workshops both here and in Viña around business strategy, marketing, customer relationship and business expansion. Our team has learned from AGEPE members and we believe that they have learned from our commitment and business knowledge as well. This October, we will continue our business curriculum and hold workshops focusing on marketing, leadership, financial understanding and business planning.

We look forward to reporting on our journey to Chile in an upcoming edition of *Sausalito Magazine*.

### SAKAIDE, JAPAN

Sakaide has been our “sister” since 1988, when a group of city leaders from both continents envisioned bringing our communities together. At that time, the Seto-Ohashi Bridge, a 10-mile colossus connecting several islands in the Seto Inland Sea in Japan, had just been completed. One end of this magnificent bridge terminated at Sakaide. They found a common bond with Sausalito, which like Sakaide, is a waterfront community at the base of a world-renowned bridge.

Since then, every other year, students from Sakaide come here, or students from Sausalito/Marin County travel to their “sister city” for a 10-day cultural exchange. Over the years the two communities have crafted programs that we believe tear down barriers, build meaningful and lasting relationships, and help the students learn about living and working together successfully.

In May of this year, we held our annual “Full Moon Blossom Festival,” an enchanting evening of Japanese culture including taiko drum



Former exchange students in traditional Japanese garb



Taiko drummers of Raijin, from the University of California, Berkeley

demonstrations, Japanese dancing, delectable food provided by Yoshi Tome of Sushi Ran, sake tasting and an astounding raffle.

All of the proceeds from this successful event go toward scholarships for sending students to Japan, as well as for programming when students come here. This summer, we are thrilled that 13 students from Marin had the opportunity to travel to Sakaide for the 10-day exchange. We'll give you a full report of their adventures in an upcoming edition.

### CASCAIS, PORTUGAL

Our town has a long and rich Portuguese heritage. In recognition of that heritage, in 2013 we welcomed our newest "sister" Cascais, located on the coast of Portugal, just outside of Lisbon. Like Sausalito, Cascais' roots are in fishing, boat building and sailing.

The mainstay of the Cascais program is our Youth Sailing Exchange Program with the Sausalito Yacht Club and Clube Naval in Cascais. In July, we hosted the first international youth sailing exchange in the Bay Area with six student sailors from Cascais who were joined by Cascais civic leaders. The program included racing, regattas and sailing instruction as well as a

cultural introduction to the Bay Area and our rich Portuguese history. Stay tuned for photos and a recap of this program in an upcoming edition of Sausalito Magazine.

Our Cascais sister city program also sponsors local cultural events, including Fado performances (traditional Portuguese folk music), a Portuguese film festival and art shows featuring Portuguese artists. In addition, we recently helped publish a bilingual children's book—*Maria and the Lost Calf*—which tells the tale of a Portuguese dairy farmer's daughter in the Marin Headlands at the turn of the century. The book has won several awards.



Youth Sailors at the Sausalito Yacht Club

### For more information about our program

Visit [www.sausalitosistercities.org](http://www.sausalitosistercities.org) or the Sausalito Sister City Facebook page.



Fado Night at the Pines



## The Sausalito Historical Society (SHS)

We are a group of friends, neighbors, colleagues, local merchants, scholars, writers, artists, historians, history buffs and enthusiasts who've been keeping Sausalito's past alive since 1975. The SHS is an entirely volunteer 501(c)(3) non-profit organization that collects and preserves art, artifacts, photographs and printed materials that document Sausalito's history. We provide access to the collection for public and academic research and develop publications and outreach programs to inspire local interest in Sausalito's history. As a result, we are able to educate the visiting public and to enrich the community. Annual membership dues, donations, and funds raised are used for new acquisitions, maintenance of the collection and public outreach through exhibits and publications.

### EXHIBIT LOCATIONS

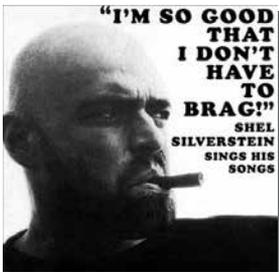
The Society staffs and manages the Ice House Visitor Center and Museum featuring a permanent display of local history. There is also a gift area featuring works of art by local artists and a selection of gift items relating to Sausalito and its history. The Ice House is open from 11:30am-4pm on Tuesday through Sunday, and is located at 780 Bridgeway (across from Casa Madrona).

Begin at the Ice House and take our Sausalito Sets Sail walking tour with historic panels along the waterfront to Whaler's Cove.

The Historical Society's Exhibit Room and the Phil Frank History and Research Room are located on the top floor of City Hall. A team of dedicated Docents are available to assist and guide you. You will encounter a changing exhibit of historical significance plus an opportunity to do research through our Archives. The Exhibit and Research Rooms are open from 10am-1pm on Wednesdays and Saturdays, and is located at 420 Litho Street. (The entrance is on the right side of the City Hall parking lot).

Step back to a dramatic time in Sausalito history by touring the Historic World War II Marinship Exhibit at the Bay Model. This display of photographs, paintings and actual artifacts from the WWII ships and yard was developed by the staff of the U.S. Army Corps of Engineers and the SHS. The Marinship Exhibit is open from 9am-4pm on Tuesday through Saturday and is located in the Bay Model Visitors Center at 2100 Bridgeway.

### ONGOING EXHIBIT: REMEMBERING SHEL SILVERSTEIN



An exhibit in the Historic Society's Gallery celebrating the work of former Sausalito resident Shel Silverstein was produced by Bill Kirsch and Larry Moyer. Silverstein's diverse and remarkable body of work earned him renown as a cartoonist, illustrator, poet, author of popular children's books, screenwriter and award winning songwriter.

The exhibit opened on May 1 in conjunction with the Sausalito Library's People Series. Come visit us and listen to Shel singing his original songs and reading his poetry as you view the exhibit.

### FUTURE EVENTS

Keep an eye on our website for some great events being planned for the Fall/Winter season: [www.sausalitohistoricalsociety.org](http://www.sausalitohistoricalsociety.org)

## Sausalito Historical Society News

### CELEBRATING SAUSALITO'S RICH ARTISTIC HERITAGE

With funding assistance from the Sausalito Art Festival Foundation, the Ice House is teaming up with Sausalito artists to introduce visitors to our deep artistic roots. We have started selling an expanded selection of note cards and postcards with images from Sausalito painters and photographers. We have also teamed up with the Sausalito Artists Association to offer tours of art studios in the ICB Building and other locations. We are also exploring possibilities for additional locally designed art in our gift shop and art demonstrations in the planned Ice House Plaza.



### THE ICE HOUSE PLAZA PROJECT HEATS UP

Plans to build a plaza adjacent to the downtown Historical Ice House Visitor Center and Museum are now progressing after a short hiatus. The passing of Sausalito Foundation co-founder, inaugural Ice House docent and citizen extraordinaire, Bea Seidler, left a crucial leadership void for this project. As a result, the Sausalito Foundation and the Sausalito Historical Society (both 501 c(3) non-profit organizations) have teamed up to renew the fundraising drive to make this project a reality.

The Sausalito Foundation and Sausalito Historical Society have already raised \$32,000 for the Plaza. We are particularly excited about a new 50% matching grant opportunity from the State of California and are pulling out all the stops to get the funding application filed with the State by the September 1 deadline. Up to 25% of the match can come from in-kind services, so we will be looking for both donations and donated professional services and materials. To sign up to help or for further information contact [dwhitson26@gmail.com](mailto:dwhitson26@gmail.com).

### NEED A FEW GOOD VOLUNTEERS AT THE ICE HOUSE

Are you interested in learning more about Sausalito History? Do you like meeting people from all over the world? Do you have a few hours available one day a week to share your love of the real Sausalito with those who visit here?

The Ice House Visitor Center and Museum hosts over 30,000 visitors per year from every part of the US and countries from every continent. We have a staffed front desk for answering general visitor questions and selling merchandise from our small gift shop. But we could also use volunteer docents during peak hours in the adjoining museum to give a warm welcome and help those visitors to appreciate the rich history of our town.

All volunteers will be trained and given the opportunity (if you would like) to channel your inner Sally Stanford or William Richardson, the sea captain who founded Sausalito. You can regale our guests with tales of the early Miwoks, the sailors and the artists who have inhabited our shores. Or, share your own stories about earlier days in Sausalito.

Sound like fun? If this interests you or you would like to volunteer in another area such as the Schools Program, digitalizing our catalog, doing research, or many other areas. Please contact the Sausalito Historical Society at [info@sausalitohistoricalsociety.org](mailto:info@sausalitohistoricalsociety.org) or call 415-289-4117.

### SHS SCHOOLS PROGRAM

Now in its fifth year, the goal of the program is to encourage teachers and students to explore Sausalito's interesting past asking two fundamental questions: what is history and what part do I play in history? The initial unit features a then-and-now appreciation of Sausalito's historic downtown buildings and businesses. The second and third units introduces colorful personalities and families from Sausalito's past and the Marinship World War II shipyard.



*Third grade students and parents from Willow Creek Academy enjoy ice cream from Lappert's (Isaac Lappert in front) after completing an SHS Schools Program tour of Sausalito's downtown Historic District.*

Working in concert with Bayside teacher Jim Scullion and Willow Creek teachers Anne Siskin and Kevin Breakstone, the program continues to challenge young students to learn about local history and to understand how they are part of it.

Kevin Breakstone, the newest teacher to take part in the program, sums up the experience this way. "Through hands-on experience, access to museums and displays, and role-playing, the Sausalito Historical Society guided the kids into true conceptual and factual knowledge of Sausalito and Marin City history. The awareness that they live in a town shaped by history, and that they themselves are part of that history will live with my students forever."

Jim Scullion of Bayside Academy in Marin City writes that the program has given his students "insight into the importance of the Marinship and Marin City. The students talked for days about their visit to the Bay Model Marinship display. They feel very special that the area where they live and go to school was such an important part of history."

Finally, Anne Siskin of Willow Creek Academy writes, "as we looked carefully at the historical photographs, maps, newspapers, artwork, documents and artifacts collected and displayed at the Historical Society, Ice House and Bay Model, and visited historical buildings, we too became historians of the city where we live."

### LETTER FROM THE PRESIDENT

I'm not an "early adopter" anymore. I doubt I'll ever buy a wrist phone from Apple. I'm content to drive a twenty year-old auto. I get grumpy when I have to change to a new PC operating system when the older one has been doing just what I need.

I'm not exactly a Luddite. But, in general, I'd rather fix something than throw it away and replace it with the latest fad/unintelligible electronic gadget/new style.

Christ Episcopal Church, at San Carlos & Santa Rosa Avenues, installed an organ in 1891. Like all organs since medieval times, the keyboard controlled the sound from the pipes with mechanical connections. Over the years, more pipes increased the variety of the music. Instead of having a young man operate a hand-pump to provide the air, electronic motors were introduced.

But, by 1949, the organ had become dusty, and, well, old-fashioned. So a new keyboard controller was installed with electro-pneumatic action, the latest technology.

Now those electric switches and relays are worn out, and the whole system is tired. The easiest and most common thing to do would be to purchase new electronic technology. But guess what? Real musicians agree the best sounds are produced by returning to the old ways. The organ can be refurbished.

In June, Christ Episcopal Church chose to have the entire organ removed and transported to a company in San Leandro whose website proclaims: "The staff at Hupalo and Repasky believes craftsmanship and attention to detail need not be limited to only the construction of new, but also to preserve the great works by those who preceded us."

That's a statement I can believe in. It's consistent with what attracts me to the work of the Sausalito Historical Society.

The organ is scheduled to be reinstalled in Sausalito in October.

*See you soon,*

*Jerry Taylor, President Sausalito Historical Society*

## Library News Fall 2015

### LIBRARY INFORMATION

Address: 420 Litho Street  
Phone: 289-4121  
Web: sausalitolibrary.org  
Facebook: SausalitoPublicLibrary

Hours:  
Monday-Thursday, 10am -9pm  
Friday-Saturday, 10am-5pm  
Sunday, noon-5pm

### LIBRARY SERVICES

#### UNLIMITED ACCESS TO LYNDA.COM

Unlimited Access to lynda.com  
Sausalito residents now have access to the vast collection of technology training courses and video tutorials available from lynda.com—all you need is a library card. The courses and tutorials cover everything from using your iPhone to video editing, at levels from beginner to advanced. All are taught by industry experts like Dan Gookin. Visit the Library homepage for a link to the Library's lynda.com account.

#### HOMEBOUND DELIVERY PROGRAM

The Sausalito Library offers a homebound delivery service to Sausalito residents who are unable to visit the Library on their own. Staff will pair volunteers and participants and can assist in the selection of books, DVDs, music CDs and other materials. This is a free service. For application and program information, please contact Augie Webb at **289-4121** or **awebb@ci.sausalito.ca.us**.

#### EXHIBIT YOUR ARTWORK IN THE LIBRARY

Thanks to the generous donation of an art hanging system by the Friends of the Library, the Library is now able to offer regular exhibits of work by local artists on the Library's walls. If you are interested in exhibiting your artwork in the Library, please contact Abbot Chambers at **289-4123** or **achambers@ci.sausalito.ca.us**. Please note that exhibit space is reserved for artists who either reside in Sausalito or rent or own studio space within Sausalito.

#### MUSEUM PASSES

MARINet Discover & Go is an online service you can use to reserve and print free and discount passes to Bay Area museums and cultural institutions like the Asian Art Museum, the Bay Model Visitor Center, the Lawrence Hall of Science, the Exploratorium, and the California Academy of Sciences. Your library card number and PIN are all you need to use the service. Visit our website for a link to Discover & Go.

#### FREE ADMISSION TICKETS TO THE DE YOUNG MUSEUM AND THE PALACE OF THE LEGION OF HONOR

In addition to the Discover & Go online service, the Library offers free general admission tickets to the de Young Museum and the Palace of the Legion of Honor in San Francisco. Every adult library card holder living in Sausalito is entitled to two tickets per year. These tickets are purchased through grants from the Friends of the Library and the Sausalito Art Festival Foundation.

#### E-BOOKS, E-AUDIOBOOKS, AND DIGITAL VIDEO FOR YOUR COMPUTER OR MOBILE DEVICE

The Sausalito Library offers an impressive online collection of electronic books, e-audiobooks, and digital movies. If you're not familiar with these resources, please visit our website and take a look. If you're curious but aren't sure whether e-books are worth your while, please consider signing up for a one-on-one tutorial with a librarian. We are also available to help you get set up on your laptop, mobile phone, tablet, iPad, Kindle, or e-reading device. For more information, please email Abbot at **achambers@ci.sausalito.ca.us**.

#### DC COMICS ON HOOPLA

The Library's Hoopla collection of digital movies, TV shows, and audiobooks has a new addition—comic books! A large archive of comics and graphic novels from DC Comics is now available, including titles featuring Superman, Batman, and Green Lantern. Look for Hoopla under the Downloads section of the Library website.

#### LEARN A LANGUAGE

Mango Languages is an online, interactive language learning tool for adults, featuring over 40 foreign languages for English speakers and more than 15 English language courses for non-English speakers. Look for "Learn a Language" under Services on the Library website.

#### SAUSALITO NEWS ARCHIVE

Thanks to a generous grant from the Sausalito Library Foundation, we are now able to offer online access to digital archives of the *Sausalito News* from 1923 to 1957, bringing the total online coverage of the *Sausalito News* to 1885 to 1957. The *Sausalito News* was Sausalito's weekly newspaper until it went out of business in 1966. The archive may be searched and browsed via the California Digital Newspaper Collection, maintained by the University of California, Riverside. You can find the collection on the web at [cdnc.ucr.edu](http://cdnc.ucr.edu), or via the Library website.

### Programs for Adults

Sunday, September 13

#### HOME ABROAD

5:30pm inside the Library

#### Read to Me! Story Hour for Adults

Join your neighbors and relive the childhood delight of being read to as local readers narrate the best in classic and contemporary short fiction for adults. September's theme is "Home Abroad." If you're interested in becoming a future reader, please email A.T. Lynne at **atlynnel@gmail.com**.

Friday, September 18

**THE MAGICAL ADVENTURES OF THE KINDNESS VAN, BODHI**

7pm inside the Library

**Sausalito People**

What would happen if you decided to spend time spreading messages of kindness and giving away things just for the sheer fun of delighting people? You would be surprised at how magical and fun life can feel. Join Sausalito residents **Peter Grazier** and **Nance Cheifetz** as they share the adventures of their “kindness van,” Bodhi. Committed to creating more delight, kind acts and fun, they take their van out and about the neighborhoods of the Bay Area. Come be part of the fun as Peter and Nancy share what they have seen on their kindness adventure. Bring your kids, share a story of your own and get ready to be touched by the folks they have met and what they have learned.

Thursday, September 24th

**SAN FRANCISCO BASEBALL NOIR: MYSTERY BALL '58**

7pm in the Council Chambers

**Sausalito Library Speaker Series**

Journalist and screenwriter **Jeff Polman** has also written three retro baseball novels, in which he creates characters and plots and wraps them around the “replayed” action on the diamond. His latest, *Mystery Ball '58*, is a send-up of a 1950s pulp thriller, set mostly in San Francisco during the first season the Giants and Dodgers played on the West Coast. Polman will talk about his unusual creative process and read a few selections from the “diary” of Snappy Drake, former Pacific Coast League pitcher and Seals Stadium usher, who finds a dead body in his section of the grandstand on Opening Day and has to solve the mystery in order to prevent future murders. “San Francisco is a wonderful baseball town and chock full of fog and history,” says Polman, “so it seemed like the perfect setting for this tale.”

Friday, September 25

**WHERE'S WALDO? THE NORTH END OF SAUSALITO, THEN AND NOW**

7pm inside the Library

**Sausalito People**

Sausalito residents **Mike Moyle** and **Larry Clinton** will be on hand to take us on a fascinating trip through the north end of Sausalito in time and space. With aerial photos, stills, and video, Larry and Mike will capture a changing town from Sausalito's early days to the present. Themes will include Waldo Point, the old rail yards, Pine Point (which ultimately became landfill for the Marinship shipyards), and Whiskey Springs (site of a distillery until the 1960s). This program is co-sponsored by the Sausalito Historical Society.

Tuesday, September 29, 2015

**IL TROVATORE BY VERDI**

Il Trovatore by Verdi

7pm in the Edgewater Room

**Met Opera Preview**

Join **Tom Wilhite** for a preview of the upcoming Metropolitan Opera performance of Verdi's *Il Trovatore*, including background information about the composer and the opera and a selection of audio and video clips from past performances. Tom's preview takes place on the Tuesday before the Saturday morning Live in HD simulcast from the Met—screened locally at Sausalito's CinéArts theater. All are welcome!

Friday, October 2

**SAUSALITO AND THE U.S. ARMY CORPS OF ENGINEERS**

7pm inside the Library

**Sausalito People**

So how much do you really know about the U.S. Army Corps of Engineers and the Bay Model Visitor Center? You probably know they host the Sausalito Art Festival each year, but do you know how the Bay Model came to be in Sausalito? In this program presented by Bay Model Park Manager **Chris Gallagher**, you'll learn about this hidden gem in our community and all the different functions that happen out of the Sausalito facility. You'll also learn about the role of the U.S. Army Corps of Engineers on San Francisco Bay, as well as on the national and international front. Join us and gain a new appreciation for what happens down by the waterfront!

Sunday, October 4

**BOO!**

5:30pm inside the Library

**Read to Me! Story Hour for Adults**

Join your neighbors and relive the childhood delight of being read to as local readers narrate the best in classic and contemporary short fiction for adults. October's Halloween theme is “Boo!” If you're interested in becoming a future reader, please email **A.T. Lynne** at [atlynne1@gmail.com](mailto:atlynne1@gmail.com).

Thursday, October 8

**LOVE & BETRAYAL: CUBA, VIETNAM, VIENNA & LONDON**

7pm in the Council Chambers

**Sausalito Library Speaker Series**

Join NPR critic **Peter Robinson** for an engaging exploration of love and betrayal in films written by Graham Greene. Peter will begin by showing scenes from *Our Man in Havana* and *The Third Man*, both directed by Carol Reed. Both films are dramatic stories of the battleground between good and evil, one set in pre-Castro Cuba and the other in post-war Vienna. Clips from *The Quiet American* (with Michael Caine as wartime correspondent covering Vietnam) and *The End of the Affair* (with Ralph Fiennes and Julianne Moore) will follow, adding sex, intrigue and politics to the theme of love and betrayal. This makes for a must-see movie night out at the Sausalito Library! Peter Robinson is editor of San Francisco Books & Travel and president of the San Francisco Literary Society.

Friday, October 9

**NEAL GOTTLIEB: INCORRIGIBLY DELICIOUS**

7pm inside the Library

**Sausalito People**

Sausalito resident **Neal Gottlieb**, “Founding Twin” of Three Twins Ice Cream, started the company in 2005 in a tiny San Rafael scoop shop following a stint as a Peace Corps Volunteer. Despite endless challenges, such as raising money to complete the company’s first factory during the Great Recession, he has grown Three Twins into a national brand available in thousands of grocery stores. In his talk, Neal will tell the story of growing the brand from a local gem to a national treasure by being innovative, philanthropic and authentic. And yes, ice cream will be served.

Tuesday, October 13, 2015

**OTELLO BY VERDI**

7pm in the Edgewater Room

**Met Opera Preview**

Join **Tom Wilhite** for a preview of the upcoming Metropolitan Opera performance of Verdi’s *Otello*, including background information about the composer and the opera and a selection of audio and video clips from past performances. Tom’s preview takes place on the Tuesday before the Saturday morning Live in HD simulcast from the Met—screened locally at Sausalito’s CinéArts theater. All are welcome!

Thursday, October 15

**ARCTIC CHANGE:**

**ASKING THE PHYTOPLANKTON ABOUT CLIMATE IN THE ARCTIC OCEAN**

7pm in the Council Chambers

**Sausalito Library Speaker Series**

Join climate scientist **Zachary Brown** as he describes his research in the High Arctic. Through photos and stories, he will share the experience of climbing aboard an icebreaking vessel for weeks in the 24-hour daylight and frigid temperatures of the polar seas. Zachary will also delve into what his team has learned: the way that changes in sea ice affect the biological realm of this harsh and remote region of the planet—as well as inviting controversial industrial expansion. Finally, he will share his newest work: creating an institute for education and research in his homeland of Alaska.

Friday, October 16

**BILL BRODER**

7pm inside the Library

**Sausalito People**

**Bill Broder** will read from his latest novels: *Belief: A Novel* and *Six Hands Clapping*. A contemporary tale, *Belief: A Novel*, portrays a man whose search for God and whose care giving infuriates his family and friends. The hero’s spiritual and fleshly appetites are closely allied. He feels most connected to life and God during the act of loving and love-making. The lives of the women for whom he cares—wives, daughters, and lovers—unfold as they try to unravel the mystery that surrounds his initial plight.

*Six Hands Clapping* is a unique American family story depicting the recent rise of Zen Buddhism in the United States. It is a tale of love, utopian religious ideals, and human frailty that has been repeated in different

forms on this continent since the landing of the Pilgrims at Plymouth. The novel, told from the point of view of the children of two American-born Zen Buddhist leaders, begins when the mother invites her grown children to witness her suicide at her Women’s Meditation Center in the Yolla Bolly Wilderness of Mendocino County, California. These two novels, as well as the other publications of The Ainslie Street Project, will be on sale. Half of the proceeds will be donated to the Friends of the Sausalito Library.

Thursday, October 22

**COHOUSING IN MARIN**

7pm in the Edgewater Room

**Sausalito Library Speaker Series**

Millions of Baby Boomers will soon be looking to move into retirement housing. Many will be unable to find it—or afford it. Cohousing is a good answer to this dilemma. Cohousing combines the autonomy of private ownership with the advantages of community living. It is a great option for seniors to age in place gracefully in a supportive environment. Marin Senior Cohousing is a forum for people 55+ interested in forming a Cohousing Development in the North Bay. In this presentation you’ll learn what cohousing is, the benefits of cohousing, what Marin Senior Cohousing is up to, and if cohousing is right for you. This presentation is sponsored by Sausalito Village and Age Friendly Sausalito.

Tuesday, October 27, 2015

**TANNHÄUSER BY WAGNER**

Tannhäuser by Wagner

7pm in the Edgewater Room

**Met Opera Preview**

Join **Tom Wilhite** for a preview of the upcoming Metropolitan Opera performance of Wagner’s *Tannhäuser*, including background information about the composer and the opera and a selection of audio and video clips from past performances. Tom’s preview takes place on the Tuesday before the Saturday morning Live in HD simulcast from the Met—screened locally at Sausalito’s CinéArts theater. All are welcome!

Sunday, November 1

**COWBOY TALES**

5:30pm inside the Library

**Read to Me! Story Hour for Adults**

Join your neighbors and relive the childhood delight of being read to as local readers narrate the best in classic and contemporary short fiction for adults. November’s theme is “Cowboy Tales” If you’re interested in becoming a future reader, please email **A.T. Lynne** at [atlynnel@gmail.com](mailto:atlynnel@gmail.com).

Tuesday, November 17, 2015

**LULU BY BERG**

7pm in the Edgewater Room

**Met Opera Preview**

Join **Tom Wilhite** for a preview of the upcoming Metropolitan Opera performance of Berg’s *Lulu*, including background information about the composer, the opera and a selection of audio and video clips from past performances. Tom’s preview takes place on the Tuesday before the Saturday

morning Live in HD simulcast from the Met — screened locally at Sausalito's CinéArts theater. All are welcome!

Sunday, December 6

### **MORE ADVENTURES AT SEA**

5:30pm inside the Library

#### **Read to Me! Story Hour for Adults**

Join your neighbors and relive the childhood delight of being read to, as local readers narrate the best in classic and contemporary short fiction for adults. December's theme is "More Adventures at Sea." If you're interested in becoming a future reader please email **A.T. Lynne** at [atlynnel@gmail.com](mailto:atlynnel@gmail.com).

## **Programs for Children**

We're adding new programs all the time, be sure to check the website or call the Library for the most updated information.

### **TODDLER STORY TIME WITH MOLLY**

Wednesdays, 9:40am and 10:40am

Council Chambers

For kids 0-3 and their caregivers.

Fabulous books and rollicking songs!

### **WEDNESDAY AFTERNOONS AT THE LIBRARY**

Wednesdays. Come by anytime between 3 & 4:30pm

Edgewater Room

Perfect for kids ages 4-8 but everyone is welcome

Join us every Wednesday for fun, playful programs. These afternoon events include movies, art programs, science explorations, our monthly Lego Club, special story times and more. Check the website or the library for details.

### **LEGO CLUB**

2nd Wednesday of every month

September 9, October 14, November 11, December 9

Come to the Edgewater Room anytime between 3 & 4:30pm

Ages 3+

We have a huge Lego collection, come build with us! We'll have Duplos in the Children's Room for kids under 3.

## **Programs for Teens**

### **LGBT TEEN BOOK GROUP**

2nd Monday of every month

October 12, November 9, December 14

Friends of the Library Room

Teens ages 14-18

All LGBT and questioning teens, along with their allies, are invited to the LGBT Teen Book Club. Come to the meeting even if you haven't read the book and help us choose the next month's title. Free copies of the book are available (while supplies last). We'll have pizza and snacks! For more information and to get a copy of the book, please contact **Erin Wilson**, the Children's & Young Adult Librarian, **415-289-4121** or [ewilson@ci.sausalito.ca.us](mailto:ewilson@ci.sausalito.ca.us).

## **Sausalito Library Trustees**

The Library Board of Trustees serves as a liaison between the Library and the community and between the Library and the Sausalito City Council. The five-member Board is appointed by the City Council, with members serving three-year terms. The Board's role is to review the administration of Library operations, make recommendations and establish policies. The Board usually meets on the second Tuesday of each month at 4pm. For inquiries about becoming a Library Trustee or a Trustee alternate, please contact Sausalito City Clerk **Debbie Pagliaro** at **415-289-4165**.

## **Friends of the Sausalito Public Library**

You are invited to become a member of the Friends of the Sausalito Public Library. Your membership will aid the Friends in their support of the Library.

The Friends provide "wish list" funding as requested by the Sausalito City Librarian. This includes support for the Speaker Series and the Sausalito People series, children's programs and story times, museum passes, and equipment such as the new projection system in the Library.

You may donate by becoming a member, making a monetary donation, or donating books and other media. These may be used to replace worn materials in the Library collection or sold in the Friends Bookstore on the second floor of City Hall. The Bookstore is open Mondays from 9am to 5pm, and Wednesdays and Saturdays from 10am to 1pm. Please come in to browse our ever-changing collection and find a wide range of materials at very reasonable prices.

Donations may be dropped off at the collection box outside the Bookstore on the second floor of City Hall or in the Library. A cart is available to bring books in from the parking lot. Donations of multiple boxes or bags are best brought to the Bookstore during open hours. If that is not possible, call Libby Wilkinson at **332-0206** to arrange a time convenient for you.

All donations are tax deductible to the fullest extent of the law.

You can become a member in person at the Library or online at [friendsofthesausalitolibrary.org](http://friendsofthesausalitolibrary.org) or by email to [fosi94965@gmail.com](mailto:fosi94965@gmail.com).

You are also invited to donate your time by volunteering in the Bookstore. Contact Libby Wilkinson at **332-0206** or [libbywilkinson2@gmail.com](mailto:libbywilkinson2@gmail.com). To help on Saturday please call Mary Lou Anderson at **332-6440**.

Volunteers also help at the Library by reshelving books and processing interlibrary loan materials. If you have an hour or two each week and would like to become more closely involved with the Library, contact Jim Delano at **215-6538** or [jdelano43@comcast.net](mailto:jdelano43@comcast.net).

We welcome and appreciate your membership, your participation, and your ideas.



## Sausalito Library Foundation

The Sausalito Library Foundation is proud to have co-funded the revitalization of the Sausalito Library and we're pleased to see how the community has embraced the change. The number of children who use the Library continues to climb as our youngest residents enjoy the revamped area for kids and their caretakers. And in the living room area, new shelving and furnishings that welcome browsers and borrowers during regular hours are mobile. Reconfigured, the Library is now a gathering place for the community to enjoy after-hours programs such as the successful Sausalito People Series.

The Foundation provides long-term support for the Sausalito Public Library. Donations and bequests from the community are used to maintain a revenue source to fund technology, special programs, and capital improvements. We work to ensure that our Library remains an essential community resource now and in the future. In light of remarkable shifts in technology and the delivery of information, the Foundation will help the Sausalito Library evolve and adapt so that the Library's physical space and planned programs meet ever-changing needs.

Our thanks go out to the many individuals and organizations whose generous contributions have helped build our financial resources. Income from and appreciation of these gifts have helped the Foundation Fund grow. With this growth, we're helping to safeguard our Library's future.

### FOUNDATION INFORMATION

For more information about the Library Foundation, please write to 420 Litho Street, Sausalito 94965. Email messages may be directed to [jo.gold@comcast.net](mailto:jo.gold@comcast.net).

### HOW YOUR DONATIONS SUPPORT THE LIBRARY

Sausalito Library Foundation: The Foundation uses donations from individuals, organizations, and businesses to establish a long-term revenue source that supports the Library through special programs and projects.

### FRIENDS OF THE LIBRARY

The Friends' primary source of income is the Friends Bookstore on the top floor of City Hall. Your book donations and volunteer time help the Friends support short-term projects at the Library and pay for items on the Library's wish list.

**PLEASE NOTE:** The Foundation and the Friends of the Library are separate organizations, both 501(c)(3) nonprofits, that complement one another and collaborate to meet our Library's needs beyond the capabilities of city funding. Neither the Friends of the Library nor the Sausalito Library Foundation contributions are meant to supplant our publicly funded Library budget.

## Neighborhood Disaster Preparedness

Preparing for and responding to a disaster begins with first preparing yourself and your family. When a large disaster strike, the City of Sausalito's emergency services workers will likely be overwhelmed by calls for service, so you may need to turn to your neighbors for assistance. This is one of the reasons it's vital that you build good relationships with them so that you may help each other prepare before a disaster strikes. Here are some hints to help guide you and you neighbors in your preparedness efforts:

1. Introduce yourself and get to know your neighbors individually.
2. Set up a meeting with your neighbors to discuss the importance of working together to prepare for emergencies.
3. Discuss and develop emergency plans with your neighbors for meeting places, methods of communication, and ways to work together in the event of a disaster.
4. Share resource ideas for food storage items, water, first aid kits, and 72-Hour portable emergency kits. Discuss earthquake preparedness tips and recommended supply lists which are available on our webpage.
5. If your neighbors are willing to share personal information, collect and distribute a list with your names, addresses, phone numbers and any special needs.
6. List the skills and equipment of neighbors that could be useful in an emergency (e.g. those with medical training, those with experience in electrical systems, and those who own chain saws, generators, axes, crow bars, ropes, water purifiers etc.).
7. Encourage your neighbors to join you in obtaining emergency training such as CPR, First Aid or Community Emergency Response Team (CERT) training. You and your neighbors can obtain training from organizations such as the Red Cross and the Southern Marin Fire Protection District.

The Sausalito Police Department encourages neighbors to work together in order to prepare for disasters. The City of Sausalito's Emergency Services Manager, Sergeant Bill Fraass, is available to meet with you and your neighbors to discuss the importance of disaster preparation and provide advice to guide you in your organizational efforts. We further encourage you to obtain information from the following websites in order to better help you prepare:

### CITY OF SAUSALITO EMERGENCY PREPAREDNESS:

[www.ci.sausalito.ca.us/index.aspx?page=667](http://www.ci.sausalito.ca.us/index.aspx?page=667)

### SOUTHERN MARIN FIRE PROTECTION DISTRICT:

[www.southernmarinfire.org/](http://www.southernmarinfire.org/)

### FEDERAL EMERGENCY MANAGEMENT AGENCY:

[www.fema.gov/](http://www.fema.gov/)

### AMERICAN RED CROSS:

[www.redcross.org/prepare](http://www.redcross.org/prepare)

By working together you will be able to make your family's, and your neighborhood's response to a disaster a safer and more organized one.

If you have any questions regarding neighborhood disaster, please contact Sergeant Fraass at **415-289-4171** or [bfraass@ci.sausalito.ca.us](mailto:bfraass@ci.sausalito.ca.us).

Bill Fraass

Sergeant, Emergency Services Manager



ORIGINAL ARTWORK: KAY CARLSON

**Sausalito Community Boating Center at Cass Gidley Marina**

**All Aboard!**

**Friday, Oct. 16, 2015**  
**6:00pm**  
**Bay Model, Sausalito**

**A fundraising Gala**  
**[cassgidley.org](http://cassgidley.org)**

## Age Friendly Sausalito

Last year the City of Sausalito was accepted into the World Health Organization's (WHO) Global Network of Age-friendly Cities and Communities. This participation provides a global platform for information exchange, mutual learning and support. Membership is not a certification of age-friendliness. Rather, it reflects a city's commitment to listen to the needs of their aging population, assess and monitor their age-friendliness and work collaboratively with older people and across sectors to create accessible physical environments, inclusive social environments, and an enabling service infrastructure.

This Summer, Thanks to grants from Marin Community Foundation and the Board of Supervisors, the City of Sausalito's Age Friendly Sausalito Task Force has hired a professional consultant to help complete the Age Friendly Strategic Plan for the City of Sausalito and the WHO.

This is very exciting news that celebrates the two years of work that the Task Force, assisted by many community volunteers, has accomplished while becoming the first City in Marin County and only the third in the State to join the WHO Global Network of Age Friendly Cities.

The Age Friendly Sausalito survey that was sent to residents 55 and older in Winter 2013 provided a great deal of information for the baseline assessment created by the Task Force. This was coupled with months of interviews with City Staff, Service Organizations and other Stakeholders to develop a list of priorities for the strategic plan. Some issues brought up in the survey had immediate solutions that could be implemented. For example, many seniors found it difficult to wrestle their large trash containers down their stairs or steep driveways. So now seniors can call Bay Cities Refuse at **415-332 3646**, Monday through Friday, from 8am to 3pm and ask for KIM to receive help from the trash collectors in moving their containers.

Bay Cities Refuse provides this special accommodation at no charge. Currently, three major projects are in the works based on the larger priorities. Workshops to facilitate Home Sharing continue to be held; a system for improved information and streamlined processes for home modifications is being worked on, and CARSS - Call A Ride for Sausalito Seniors - is the latest project to 'roll out' as an answer to the need for localized transportation for residents who are no longer able to navigate our geography driving or walking. CARSS was recently accepted by WHO as an international model of what it means to be Age Friendly and will be listed on the WHO Age Friendly website.

Our new consultant, Susan Poor, comes to us with a deep knowledge base and rich experience in working with "aging in place" and age friendly issues, having participated in Age Friendly San Francisco, the development of San Francisco Village, and the Board of the National Village Network. Working with the Age Friendly Task Force and Community stakeholders, she will be addressing the additional age friendly priorities in the Strategic Plan along with the future sustainability of the Age Friendly movement in Sausalito.

The Strategic Action Plan, to be completed in spring of 2016, will reflect the needs expressed by the community, and will be a guide for continuing improvements to make the City age-friendly. Opportunities for more input will be provided along the way and we look to the creativity and innovation that Sausalito is so rich in, to help fashion our own brand of an all-age-friendly City in which we can all enjoy growing up and growing old together.

## CARSS

### Call A Ride for Sausalito Seniors

#### CARSS NOW GOES TO GATEWAY SHOPPING CENTER IN MARIN CITY!!

**WHAT is CARSS?** CARSS is a FREE transportation program that is a partnership between Age Friendly Sausalito and Sausalito Village. CARSS started on May 4th.

**WHO is eligible to be a CARSS Rider?** Residents of Sausalito and the Floating Homes (as far North as Gate 6-1/2) who are 60 years and older or disabled. Riders must complete an application before their first ride.

**WHO drives?** Vetted and trained Volunteer Drivers provide rides in their own vehicles.

**WHERE can riders go?** Rides are available within the borders of the City of Sausalito and the Floating Homes up to Gate 6 1/2 as well as Gateway Shopping Center in Marin City.

**WHEN can riders call?** Riders can call the phone line up to a week ahead to make a reservation but reserved rides must be in by 5pm the night before. Riders can also call the same day for a short notice ride.

**WHAT are the HOURS OF OPERATION?** In this beginning phase, rides are available between the hours of 10am and 2pm Monday through Friday. As more Volunteer Drivers become available, the hours will expand.

**CAN I VOLUNTEER?** YES! Volunteers Drivers are ALWAYS needed. Volunteer Drivers will be asked to sign up for a minimum of one 4 hour shift (10am to 2pm) per month (more would be wonderful!). Drivers will receive training and background checks will be required.

**WHERE can I find MORE INFORMATION and an application to Drive or Ride?**

WEB: [www.carss4you.org](http://www.carss4you.org)

EMAIL: [infocarss4you@gmail.com](mailto:infocarss4you@gmail.com)

PHONE: 415-944-5474





## Sausalito Village

Sausalito Village is dedicated to enhancing the ability of our members to live independently, remaining active and integral to our community as we age. Sausalito Village is a California nonprofit 501(c)(3) organization operated by a volunteer board of directors. Visit our website at [www.sausalitovillage.org](http://www.sausalitovillage.org).

A key element of membership in Sausalito Village is a dedicated telephone number that you can call to request assistance and referrals to the types of services and support you require. We call this our Concierge Service. Most of our referrals are to a dedicated team of more than 65 direct service volunteers, all of whom have been thoroughly vetted and passed a background check. These volunteers are available to help with transportation, take a member grocery shopping, pick up prescriptions, run an occasional errand, assist with computers and other electronic equipment, and make friendly home visits or daily or weekly phone checks. At the request of a member, trained volunteers will do a safety assessment of the member's home, make recommendations for modifications that can be taken to reduce risks, and refer the member to volunteer and/or paid service providers to accomplish these modifications. A health care advocacy group, consisting of volunteers with experience in some area of the health care field, will assist members in navigating their way through the increasingly complicated health care system to ensure that their individual needs are identified and appropriately addressed.

When the type of assistance needed by a member goes beyond what a volunteer can reasonably offer and requires the help of a paid professional, referrals will be made to service providers whose qualifications and references have been thoroughly checked or who are personally recommended by Sausalito Village members.

In addition to the Concierge Service, membership opens up the opportunity to become part of a vibrant community of people who share in many social, cultural, and recreational events. Sausalito Village organizes and provides transportation to many cultural programs and events in the San Francisco Bay Area. There are also monthly member get-togethers, monthly meetings with guest speakers, a chair yoga class, a memoir group, a weekly bocce game, a book group, a monthly singalong, volunteer recognition events, holiday celebrations, and numerous other activities.

Members of the Sausalito Village Board of Directors are Tricia Smith (President), Betsy Stroman (Vice President), Judy Haslam (Secretary), Teddie Hathaway (Treasurer), Charlie Arenson, Alice May, Felicity Kirsch, Linda Sempliner, Rick Seymour, Stella Shao, Jackie Kudler, Annie Dorsey, Charles Kaufman and Carolyn Zaroff. For more information contact us at [info@sausalitovillage.org](mailto:info@sausalitovillage.org) or at 332-3325.

## Sausalito Village Made Simple

**WHAT is Sausalito Village?** Sausalito Village is a volunteer, non-profit organization dedicated to helping Sausalito residents stay engaged in their community and age comfortably in their homes.

**HOW does the Village work?** Although the heart of the Village is its volunteers and members, the Village Concierge is at the hub. One phone call to the Concierge links members to vetted and member-referred businesses, health care advocates, a volunteer for a ride to a medical appointment, and to answer questions. A full calendar of activities, events and day trips keep members active and connected. Many local merchants offer Sausalito Village members discounts.

**WHO can be a MEMBER?** Anyone who lives in Sausalito and the Floating Homes can be a member, although most members are 55 and older. Everyone can be a supporter.

**Is there a COST?** Membership is \$200 for a one or two person household. A limited number of reduced or full fee waivers are available for residents interested in joining but unable to afford the annual fee.

**WHO can be a VOLUNTEER?** Anyone can be a volunteer! The Village runs on volunteers and there is always a place for YOU.

**WHAT are the VOLUNTEER OPPORTUNITIES?** There are many ways to volunteer depending on your interests, skills and availability. Volunteers are needed to provide direct service such as driving, electronic technical assistance, leading a class, or 'behind the scenes' in helping to keep the Village non-profit running.

WE HOPE TO HEAR FROM YOU!!

Visit [www.sausalitovillage.org](http://www.sausalitovillage.org) or call 415-332-3325

Sausalito Village is a California non-profit 501(c)(3)



### Sausalito Village Board Member Spotlight: Alice May

Sausalito Village is a non profit organization that is run by a volunteer Board of Directors, of which Alice May is a respected and beloved member! Alice brings incredible skills to the Board—a brilliant mind, a snappy wit and a delightful smile.

Alice was born in Iowa and raised in South Dakota, a far cry from the Bay Area. When she arrived in San Francisco, she became a trailblazer for women in finance and played a key role in opening up Montgomery Street for women. She says she had no real plan, just a sense that she would succeed and that she did by becoming Vice President at Dean Witter working directly with Dean's brother Jack.

Alice has a history of volunteering as an active member with the Sausalito Woman's Club, and many organizations devoted to the arts. Sausalito Village is lucky to have Alice as part of the hard-working Board. If you see Alice around town, please say 'thank you' for all she does for Sausalito.

### Senior Events, Activities & Trips

**Calling all Senior Citizens**—Sausalito Village, Sausalito's Age Friendly Task Force, Sausalito Edgewater Senior's Club and The City of Sausalito Parks and Recreation Department are working together to provide fun activities for you! Here is a sampling of many ways to get involved, go on a trip, or learn about topics of interest. There are plenty more activities for members of Sausalito Village and the Edgewater Senior's Club. You can learn more by joining either organization.

**Trip information details**—The trips listed below are offered first to the membership of the sponsoring organization and then any remaining space in the vehicle is available for public registration. Registration information for trips is listed in the trip description.

### AUGUST

**8/18 – Edgewater Senior's Club Social Meeting** – Bring a sack lunch and enjoy the company of others, including celebration of club members birthdays, book exchange and card bingo. Edgewater Room, City Hall 420 Litho Street, 11am-1:30pm

**8/18 – Sausalito Village Trip – De Young Museum in S. F. to see "J.M. Turner: Painting Set Free."** Everyone pays trip expenses, such as lunch, museum entrance fees, etc. on their own. Non members of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**8/26 – Sausalito Village and the Sausalito Library present Sausalito Documentary Films: *Houseboat Wars*** – Marianne Dolan joined Galilee Harbor's struggle to survive when she moved to Sausalito in the early 1990's. After Galilee won the right to build a new home, she began researching in archives, interviewing residents and watching old waterfront home movies to learn how they succeeded. *Houseboat Wars* is the product of that effort. Guest: Filmmaker Marianne Dolan.

This summer Sausalito Village and the Sausalito Library are co-sponsoring a repeat of the documentary film series that was offered last winter in the library. This is a good chance to see them if you missed them the first time or would like to see them again. All shows are free. Edgewater Room - City Hall, 420 Litho Street beginning at 3pm

**8/25 – River Rock Casino with Buffet Lunch.** Call **289-4140** on Wednesday August 5 to inquire about pricing and availability.

### SEPTEMBER

**9/1 – Edgewater Senior's Club Business Meeting** – Bring a sack lunch and attend the Edgewater Senior's Club business meeting. Members may vote on the action of the club, but guests are always welcome to attend and get information and join. Free Event. Edgewater Room – City Hall, 420 Litho Street 11:30am-1:30pm

**9/2 – Sausalito Village Trip – UC Botanical Gardens in Berkeley.** Free tour of gardens with plants from the cactus, sunflower, orchid, lily and health families. Trip expenses—lunch, museum entrance fees, etc.—not included. Non members of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**9/9 – Sausalito Village Informational Meeting** – Annual Potluck Lunch. Bring your favorite dish to share and learn about Sausalito Village activities coming up in the fall, also share your suggestions for presenters/topics for the rest of the year's free monthly informational meetings. Free Event. Edgewater Room – City Hall, 420 Litho Street Noon-2pm.

**9/15 – Edgewater Senior's Club Social Meeting – Bocce Games and Pot-Luck Picnic in Dunphy Park.** Bring your favorite dish and enjoy the company of others, celebrate the birthdays of club members and play a game or two of

boce ball. Free Event. Dunphy Park Bocce Ball Courts, 11am-1:30pm

**9/24 - Edgewater Senior's Club Trip – Oakland Zoo including lunch.**

Call **289-4140** on Wednesday September 2 to inquire about pricing and availability.

**9/29 – Sausalito Village Trip - Legion of honor in S.F. to see “Ancient Luxury and the Roman Silver Treasure from Berthouville.”** Everyone pays trip expenses, such as lunch, museum entrance fees, etc. on their own. Non members of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**OCTOBER**

**10/6 – Edgewater Senior's Club Business Meeting** – Bring a sack lunch and attend the Edgewater Senior's Club business meeting. Members may vote on the action of the club, but guests are always welcome to attend, get information and join if interested. Free Event. Edgewater Room – City Hall, 420 Litho Street 11:30am-1:30pm

**10/14 – Sausalito Village Informational Meeting** – Sausalito Village invites you to attend our monthly informational meets. TOPIC: Kenneth Henry & Michael Sheats present “Creating your Age-Friendly Home” Bring your own lunch, cookies and water provided. Edgewater Room, City Hall, 420 Litho Street Noon-2pm

**10/15 – Sausalito Village Trip: Oakland Museum to see “Fertile Ground: Art and Community in California featuring California Artists”** – Depart and return time TBA. All participants pay trip expenses, (lunch museum entrance fees, etc.) on their own. Nonmembers of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**10/20 – Edgewater Senior's Club Social Meeting** – Join us for Oktoberfest, pot-luck side dishes, sausage and friendship. Enjoy the company of others, including celebration of club member's birthdays. Book exchange and card bingo. Edgewater Room, City Hall 420 Litho Street, 11am-1:30pm

**10/21 – Sausalito Village Trip: Senior Health Fair** – Depart and return time TBA. All participants pay trip expenses, (lunch, museum entrance fees, etc.) on their own. Nonmembers of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**10/22 – Edgewater Senior's Club Trip** – Golden Gate Fields 'A Day at the Races' Call **289-4140** on Wednesday October 7 to inquire about pricing and availability.

**NOVEMBER**

**11/3 – Edgewater Senior's Club Business Meeting** – Bring a sack lunch and attend the Edgewater Senior's Club business meeting. Members may

vote on the action of the club, but guests are always welcome to attend, get information and join if interested. Free Event. Edgewater Room – City Hall, 420 Litho Street 11:30am-1:30pm

**11/4 - Sausalito Village Trip: De Young Museum to see “Jewel City: Art from the Panama-Pacific Int'l Exposition”** – Depart and return time TBA. All participants pay trip expenses, (lunch museum entrance fees, etc.) on their own. Nonmembers of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**11/11 – Sausalito Village Informational Meeting** – Sausalito Village invites you to attend our monthly informational meets. TOPIC: Ciji Ware: “De-cluttering with a Difference” Bring your own lunch, cookies and water provided. Edgewater Room, City Hall, 420 Litho Street Noon-2pm

**11/17 – Edgewater Senior's Club Social Meeting** – Bring a sack lunch and enjoy the company of others, including celebration of club member's birthdays, book exchange and card bingo. Edgewater Room, City Hall 420 Litho Street, 11am-1:30pm

**11/19 - Sausalito Village Trip: Mexican Museum & Museo Italo American in Fort Mason and lunch at Green's** – Depart and return time TBA. All participants pay trip expenses, (lunch museum entrance fees, etc.) on their own. Nonmembers of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**DECEMBER**

**12/1 – Edgewater Senior's Club Business Meeting** – Bring a sack lunch and attend the Edgewater Senior's Club business meeting. Members may vote on the action of the club, but guests are always welcome to attend, get information and join if interested. Free Event. Edgewater Room – City Hall, 420 Litho Street 11:30am-1:30pm

**12/8 - Sausalito Village Trip: Holiday Lunch and walking tour to see Christmas decorations in San Francisco** – Depart and return time TBA. All participants pay trip expenses, (lunch museum entrance fees, etc.) on their own. Nonmembers of Sausalito Village also pay a fee of \$10 for a seat in the van. For more information and to reserve, contact Sharon Seymour at **331-1362** or **sharon126@aol.com**. Date and times subject to change.

**12/9 – Sausalito Village Informational Meeting** – Sausalito Village invites you to attend our monthly informational meets. TOPIC: Tom Theodores: “How City Hall Works for You” Bring your own lunch, cookies and water provided. Edgewater Room, City Hall, 420 Litho Street Noon-2pm

**12/15 – Edgewater Senior's Club Annual Holiday Luncheon** – Meet the new board of directors and enjoy the company of others at the holiday luncheon. Location and Time TBA. To reserve call **289-4140** on Wednesday December 2.



### Edgewater Senior Club

The Edgewater Seniors of Sausalito have been meeting for 38 years. The many members meet for a variety of social gatherings, presentations, trips and friendly conversation. A large percentage of the club members are longtime residents of Sausalito and all are an important part of our community.

To be eligible for membership, one must be at least 55 years of age and pay annual membership dues of \$15 at the beginning of each year. Clergy of all faiths are accepted as honorary members.

#### PURPOSE

The Edgewater Seniors Club was created to provide an opportunity for members to create and develop friendships, enjoy special events and share experiences.

#### BOARD OF DIRECTORS 2015:

President: Judith Leachman  
Vice President and Historian: Rose De Martini  
Secretary: Shiela Keogh  
Treasurer: Wera Musaus  
Sunshine Person: Flora Rogers

#### MEETINGS

Regular brown bag lunch meetings are held on the first and third Tuesday of every month. The first meeting of the month is a business meeting. The second is a social meeting that offers programs, special presentations and birthday celebrations. Meetings begin at 11am in the Edgewater Room located in the lower level of City Hall.

Members in good standing receive 25% discount on monthly trips. Details of trips (cost, sign-up information and times) are available in the Club's monthly newsletter. Call for a copy! Contact Anita Cheng at **289-4152** for more information regarding the Senior Club or trip information.

#### UPCOMING ADVENTURES

OCTOBER: Golden Gate Fields – Lunch included  
NOVEMBER: Rotary Senior Luncheon  
DECEMBER: Holiday Luncheon – Location TBA

# Registration Form

Register for your favorite classes anytime, day or night, from your home or office computer. Go to [www.sausalitoparksandrecreation.org](http://www.sausalitoparksandrecreation.org).

first name	last name
address	city/state/zip
home phone	work phone
email	

Would you like to receive email updates about upcoming programs, registration information, events, and more?  yes  no

## Course/Program Information

first name	last name	birth date	code #	program name	fee
TOTAL →					

## Method of Payment (Please select one of the following)

Cash \$	Check #	<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard	<input type="checkbox"/> AmEx
Credit Card #			EXPIRES (mm/yy)	CVV#

*Registrations are accepted depending on class availability. No registration will be accepted unless accompanied by full payment. Resident fees apply to anyone living or owning property in Sausalito and youth in the Sausalito/Marin City School District. All others pay non-resident fees.*

## Refund Policy

A full refund will be issued if the Sausalito Parks & Recreation Department cancels a class/program or if the registration was received after maximum class/program enrollment has been met. Refunds will be issued less a \$10 processing charge ONLY IF REQUESTED 5 WORKING DAYS OR MORE PRIOR TO CLASS/PROGRAM. No refunds will be issued for cancellations made within 5 working days prior to the start of a class/program.

## Class Makeups

No make-up classes are offered by the Recreation Department. It is the participant's responsibility to meet all classes as scheduled.

**WAIVER** [All City of Sausalito classes require the signature of the registering adult or the parent or guardian of any minor(s)]

Permission to participate in the above programs, including associated travel sponsored by the City of Sausalito—Parks & Recreation Department, is given for myself and/ or child as shown above. In consideration of participation in this program, I hereby indemnify and hold harmless and release the City of Sausalito, its agents, its employees and volunteers working for the City from any and all liability for injury suffered by myself or my child arising from or connected with this program. I assume all risk for any injuries. I sign of my own free will.

Registrant's signature (parent or guardian if participant is under 18 years old)
Print name
Second registrant's signature (if two adults are registering on same form)
Print name

SAUSALITO PARKS & RECREATION DEPARTMENT 420 LITHO STREET, SAUSALITO, CA 94965. FAX: 415-289-4189.

CUT HERE

# PLAYLAND

## INDOOR BOUNCE HOUSE!

### AGE 7 AND UNDER

Whether it's sunny and hot or cold and rainy, come inside for a safe and fun time! This fun-filled program features a full sized gymnasium filled with inflatable jumpies and a whole lot more. We have a 17-ft x 17-ft toddler bouncy zone with obstacles and a 3-ft slide, a 15-ft tall ride-the-wave slide, a 15-ft x 15-ft palm tree bounce house, and a 14-ft x 14-ft sports arena bounce house with a slide. We provide balloon animals, fun music, air hockey tables, wagons, cars, hula hoops, toddler zone on tumbling mats and plenty of balls to play catch.

Kids seeking a quieter setting can relax in our art room that has coloring, drawing and reading tables, a puppet theater and three train tables with plenty of cool trains for everyone. The interior of the building is a stroller free zone but we have plenty of dry and covered stroller parking available right outside the building.

- Kids must be barefoot or wear socks in jumpy house facility
- Parents are not allowed in the jumpies
- Adults not allowed in facility without child present
- We accept cash, check or credit cards (Visa, AmEx & Mastercard)

We offer FREE hot coffee, and natural teas. Hot drinks are for adults only. Playland is staffed by several coaches.

### Playland Session Dates and Times

M,T,TH,F,SA Ongoing 9am-Noon \$10R \$12NR  
 Closed: Wednesdays, Sundays and 8/29, 9/5, 9/7, 10/3, 11/26, 12/25, 1/1

### LET'S HAVE A GREAT PARTY!

Reserve and pay for parties with the City of Sausalito Parks & Recreation Department: **289-4152**.  
 Playland Office (Answered 9am–11:30am when playland is open—no messages): **339-9154**.  
 Playland Operator Mt. Tam Adventure Camps: **377-9678**. Playland is located in the MLK Gymnasium 610 Coloma Street, Building 6, Sausalito

**PLAYLAND PARTY:** Up to 14 kids age 7 and under. A private cake room with balloons and decorations is exclusively for your groups use. You share the bouncy house facility with the public. This hour and a half party consists of one hour of bounce house time and half an hour in the private cake room. Balloon animals and decorations are provided as a parting gift. No alcohol may be served at these parties. An additional half hour of bounce time is added on Saturday

M or F	Ongoing	10:30am-Noon	\$150R	\$160NR
SA	Ongoing	10am-Noon	\$200R	\$210NR

**PLAYLAND PATIO PARTY:** Up to 14 kids age 7 and under. Outdoor picnic tables under the sturdy awning are set with festive balloons and decorations exclusively for group use. You share the bouncy house facility with the public. This two-hour party consists of an hour and a half of bounce time and half an hour cake and present time at your picnic tables. Balloon animals and decorations are provided as a parting gift. **NO ALCOHOL.**

SA	Ongoing	10am-Noon	\$150R	\$160NR
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**PRIVATE:** Up to 60 guests have full and exclusive use of the bounce house facility, only kids age eight and under are permitted in the bouncy houses. Facility is set-up like the spectacular daily set-up including: Four jumpies, air hockey tables, kids cars, wagons, hula hoops, basketball hoop, train tables, art room and so much more. You may serve food at anytime that works for your party. Alcohol may be served at your Private Party event, you must first file a special event permit application with the City of Sausalito and pay the additional \$50 processing fee for the permit.

SA	Ongoing	12:30pm-2:30pm, 3pm-5pm, 5:30pm-7:30pm		
SU	Ongoing	2:30pm-4:30pm, 5pm-7pm		
	Up to 15 kids		\$300R	\$310NR
	16-25 kids		\$350R	\$360NR
	26-35 kids		\$400R	\$410NR
	36-50 kids		\$425R	\$435NR
	Up to 50 kids		\$450R	\$460NR

### Pre-Ballet for Mommy and Me (Ages 2-3 Years)

Moms and Nannies are encouraged to participate in this fun and musical introduction to creative movement. This playful class improves motor skills as children perform finger plays, dance to nursery rhymes and move with balls or scarves to music. Wear comfortable clothing that is easy to dance in. Come barefoot or wear ballet shoes. Children must be the minimum age by the first day of class.

Course # 13391.4151				
W		9/8-10/28	9:30am-10:15am	\$104R \$114NR
Course # 13391.4152				
W		11/4-12/16	9:30am-10:15am	\$78R \$88NR
Exercise Room - City Hall, 420 Litho Street, Sausalito				

### Pre-Ballet Ages 3-4 Years

For children who want to try a ballet class, this is a fun introduction. Dancers develop gross and fine motor skills, learn cooperation, self control and class etiquette all while learning basic ballet. They catch fairies when they plie, jete over a colored ribbon and dance with a scarf to a story. Dancers should wear simple leotards, tights and ballet slippers. For questions about the class contact Miss Matrisha at **415-722-8281**.

Course # 13392.4151				
W		9/8-10/28	10:30am-11:15am	\$104R \$114NR
Course # 13392.4152				
W		11/4-12/16	10:30am-11:15am	\$78R \$88NR
Exercise Room - City Hall, 420 Litho Street, Sausalito				

## Zumba for Kids

Join the party! Zumba exercise classes are "Fitness-parties" blending upbeat world rhythms with easy-to-follow choreography for a total-body workout. You burn calories, improve flexibility and coordination, improve cardiovascular health and tone your body while doing the easy to follow dance moves. Zumba Kids runs 30-45 minutes depending on age and Zumba offers the perfect combination of age-appropriate fitness and fun. Kids with lots of energy and limited attention spans and/or dance skills are given simple choreography in a fun class that feels more like a party than a lesson.

Instructor **Marleny** is a certified Zumba instructor who loves to teach Zumba fitness classes to groups of all age levels.

### AGES 4-6

Course # 13821.3151				
TH	8/27-9/24	3:30pm-4pm	\$50R	\$55NR
Course # 13821.4152				
TH	10/1-10/29	3:30pm-4pm	\$50R	\$55NR
Course # 13821.4153				
TH	11/5-11/19	3:30pm-4pm	\$30R	\$35NR
Course # 13821.4154				
TH	12/3-12/17	3:30pm-4pm	\$30R	\$35NR

### AGES 7-11

Course # 13822.3151				
TH	8/27-9/24	4:15pm-5pm	\$60R	\$70NR
Course # 13822.4152				
TH	10/1-10/29	4:15pm-5pm	\$60R	\$70NR
Course # 13822.4153				
TH	11/5-11/19	4:15pm-5pm	\$48R	\$53NR
Course # 13822.4154				
TH	12/3-12/17	4:15pm-5pm	\$36R	\$41NR

Exercise Room – City Hall, 420 Litho Street, Sausalito

## California Youth Cheerleading

California Youth Cheerleading is a program designed for children ages 4-10. Our class will enhance your child's coordination, confidence and self esteem within a non-competitive environment. We put emphasis on having FUN! Students should wear loose and comfortable clothing with tennis shoes.

For additional information please contact instructor Kristi **415-305-1864** or e-mail [cyccheerleading@gmail.com](mailto:cyccheerleading@gmail.com)

Pom-Poms are mandatory and will be available for purchase on the first class for \$20. T-Shirts and additional uniform items will also be available in class for purchase.

JOIN US FOR A FREE INTRODUCTION CLASS ON AUGUST 31.

Course# 15901.4151				
M	8/31-11/23*	5pm-5:30pm	\$104R	\$114NR

MLK Gym, 610 Coloma Street Building 6, Sausalito

\*No class 9/7

## Rebound Basketball Academy

Rebound Basketball Academy is an excellent educational program for children promoting sports activities. We run basketball programs in several private schools and cities in the Bay Area.

Preschool through 2nd grade program focus on developing sports skills, improving self-esteem, and fair play while teaching basketball fundamentals such as dribbling, passing, and shooting. Fun games will be played towards the end of each day.

Third through fifth grade program focuses on sport skills development, participation, and team work. Classes will emphasize the fundamentals of basketball in offense and defense. Fun games and scrimmages will be played towards the end of each day.

For more information, please contact Manuel Minzer, CEO of Rebound Basketball Academy Inc: **408-499-6707** or [manuelminzer@yahoo.com](mailto:manuelminzer@yahoo.com).

[www.reboundbasketballacademy.blogspot.com](http://www.reboundbasketballacademy.blogspot.com)

Six players minimum, eighteen maximum.

### PRESCHOOL (3-5 YEARS)

Course # 15632.4152				
SA	9/12-11/21	9:35am-10:10am	\$140R	\$150NR

Robin Sweeny Park Basketball Courts, 420 Litho Street, Sausalito

### K-5th GRADE

Course # 15633.4153				
SA	9/12-11/21	10:15am-11am	\$150R	\$160NR

Robin Sweeny Park Basketball Courts, 420 Litho Street, Sausalito

## Capoeira

Capoeira is an Afro-Brazilian martial art form that incorporates acrobatics, dance, percussion, and songs in a rhythmic dialogue of body, mind, and spirit. It is a communal game in which two players play each other inside a circle, formed by the other players who create rhythm for the game by clapping, singing and playing traditional instruments. The two 'capoeiristas' play a game together using capoeira movements, camouflaging self-defense kicks with playful acrobatics and dance-like moves, spontaneously creating a strategy to fool the other player and perhaps catch them off guard. At the same time, the two players work together to build a beautiful, harmonic and naturally-flowing game. For videos and photos, please go to [www.abada.org](http://www.abada.org).

### AFTER SCHOOL CAPOEIRA (Age 7-12)

Course # 13824.4151				
TU	9/1-9/29	3:30pm-4:30pm	\$75R	\$85NR
Course # 13824.4152				
TU	10/6-10/27	3:30pm-4:30pm	\$60R	\$70NR
Course # 13824.4153				
TU	11/3-11/24	3:30pm-4:30pm	\$60R	\$70NR
Course # 13824.4154				
TU	12/1-12/15	3:30pm-4:30pm	\$45R	\$50NR

Exercise Room – City Hall, 420 Litho Street, Sausalito

## Painting with Diana Bradley

This course is meant for anyone interested in painting and art. The aim is simple: to inspire, to challenge and to grow in a friendly and fun setting. Get advice on composition, drawing, perspective and learn a few new painting techniques. Bring your own art supplies and medium, and Instructor **Diana Bradley** collaborates with you, offers her own insights and the class discusses pieces as they progress. Diana is a signature member of the National Watercolor Society and teaches sketching as an artist in residence at Yosemite.

Course # 21182.3153				
TH	9/3-9/24	2pm-5pm	\$48R	\$53NR
Course # 21182.4151				
TH	10/1-10/29	2pm-5pm	\$60R	\$70NR
Course # 21182.4152				
TH	11/5-11/19	2pm-5pm	\$36R	\$41NR
Course # 21182.4153				
TH	12/3-12/31	2pm-5pm	\$48R	\$58NR

Edgewater Room – City Hall, 420 Litho Street, Sausalito  
\*No Class 12/24

## Restoring Wooden Furniture

Learn hands-on to restore wooden furniture. Antiques through accidents welcome. Gain the fundamentals and traditional techniques to learn how to professionally restore the wooden furnishings in your home. Basic tool use and finishing techniques will be covered including; cabinet scrapers chisel with sharpening, staining, finishing, French polishing and advanced workshops including “Chinoiserie” using gold & bronzing powder, spray guns and difficult repairs.

NOTE: The full class meets for two Friday sessions and students are invited to meet in smaller groups with the instructor for a Saturday or Wednesday session as arranged between classes. Students provide their own furnishing to restore, please call instructor (**331-1451**) to ensure that a proposed piece will be finished with the scope of the class time-frame.

Instructor **Richard Morton** has been restoring antique furniture in the Bay Area for the past 30 years and has studied the art of furniture repair extensively at home and abroad, including a three year apprenticeship in Japan. See some examples of Richard’s work under the furniture restoration link on his website [www.rickproductions.com](http://www.rickproductions.com).

Course # 21521.3153				
F	9/11-9/18	9:30am-12:30pm	\$195R	\$205NR
Course # 21521.4151				
F	10/9-10/16	9:30am-12:30pm	\$195R	\$205NR
Course # 21521.4152				
F	11/13-11/20	9:30am-12:30pm	\$195R	\$205NR
Course # 21521.4153				
F	12/11-12/18	9:30am-12:30pm	\$195R	\$205NR

Fine Antique Restoration, 610 Coloma Street, Suite 710, Sausalito

## Basketry Classes

Instructor **Emily Dorvin**, award-winning, nationally-known fiber artist, has exhibited at shows and galleries in and out of the country for the last 38 years. For 33 years she owned and operated Various & Sundries in San Anselmo, selling contemporary crafts. She has taught different techniques of basketry to children and adults for 17 years. She is now teaching one-day Saturday workshops in her Sausalito studio. In all her workshops, all levels are welcome and materials are included.

### COILED BASKETRY

Relaxing, ongoing, spiraling... Learn to form a strong and beautiful basket by wrapping and stitching around a core foundation, connecting in a spiral. Experiment with shape, color, pattern and a variety of stitches. Very individualized instruction. Traditional techniques with a modern approach. BRING: Scissors, note pad, pencil and a bag lunch.

Course #21241.4151				
SA	9/26	10am-4pm	\$53R	\$63NR

Studio #205, ICB Building, 480 Gate Five Road, Sausalito

### TWINED AND PLAITED BASKETRY

Weaving, criss-cross, over and under... Explore one of the most traditional forms of woven basketry. Use reed to develop simple and fast techniques for a variety of weaves. Enjoy the process and go home with a completed basket. You will receive personalized instruction and satisfying results. BRING: Scissors, note pad, pencil and a bag lunch.

Course #21242.4151				
SA	10/10	10am-4pm	\$53R	\$63NR

Studio #205, ICB Building, 480 Gate Five Road, Sausalito

### RANDOM WEAVE BASKETRY

Transform modern, urban, ordinary materials into an extraordinary, free-form vessel. Play with fun materials using this unconstrained basketry technique. BRING: Scissors, note pad, pencil and a bag lunch.

Course #21243.4151				
SA	10/24	10am-4pm	\$53R	\$63NR

Studio #205, ICB Building, 480 Gate Five Road, Sausalito

### WACKY BASKETRY

Get wacky, be silly, and express yourself! Enjoy an unpredictable class. Stretch your imagination while creating a free-form vessel, using a mixture of techniques. Bring: Recycled plastic, wire, rags, crazy stuff and collected junk. BRING: Scissors, note pad, pencil and a bag lunch.

Course #21244.4151				
SA	11/14	10am-4pm	\$53R	\$63NR

Studio #205, ICB Building, 480 Gate Five Road, Sausalito

## Voices For All Voicover Workshops and Courses

Voices For All was created with a single goal in mind: To be the place for voiceover artists to find success through education and support. Our greatest asset in achieving this goal is our talented team of voiceover industry professionals. You will not find such a group of committed industry insiders anywhere else. They each have the talent and passion for educating, empowering, and supporting aspiring voice actors.

We are extraordinarily proud of our staff. Offering great education is the first step. VFA is the place to begin your journey into the world of professional voiceover artistry. If you want to become a voice actor, you have come to the right place. Teaching and supporting our students is our passion and our sole mission. We hope you will contact us and learn why our graduates are so happy they chose VFA. Come join the family.

We look forward to getting to know you and helping you reach your goal as a voiceover artist.

### INTRODUCTION TO VOICEOVERS

Join this fun and empowering two-hour introductory workshop, covering the different types of voiceovers and what tools are needed to find success. You will be coached as you read a script, and be recorded so you can receive a professional voiceover evaluation later. You'll have the knowledge necessary to help you decide if this is something you'd like to pursue.

Course #21931.4151

W 10/7 7pm-9pm \$59R \$69NR  
Edgewater Room – City Hall, 420 Litho Street, Sausalito

### INTRODUCTION TO VOICEOVERS: ONE-ON-ONE

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audio book, commercial or cartoon character and think "I could do that!?" If so, then you could have what it takes to begin working as a professional voiceover artist. Current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering 90 minute introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. Your instructor will coach you in this one-on-one video chat setting as you read from real scripts. Your performance will be critiqued and recorded so you can receive a professional voice evaluation later. Come ready to laugh, learn and to be inspired. Check out the video to get a better idea of what is offered in these sessions.

Course #21931.4152

ONLINE COURSE – DATE & TIME ARRANGED WITH INSTRUCTOR  
AN INTERNET CONNECTION & DEVICE CAPABLE OF RUNNING THE FREE  
INTERNET APPLICATION SKYPE ARE REQUIRED FOR THIS COURSE!

\$59R \$69NR

### TECHNIQUE IN VOICEOVER

Prerequisite Class 'Introduction to Voiceovers' must be taken and completed prior to taking the Technique in Voiceover course. Technique in Voiceover goes beyond the introduction class and allows the student one-on-one access to a working voiceover coach for a deeper dive into script reading and basic voiceover techniques. This class is tailored for Introductory students considering voiceover and interested in coaching in the area of voiceover their voice is best suited.

Course# 21931.4153

ONLINE COURSE – DATE & TIME ARRANGED WITH INSTRUCTOR  
AN INTERNET CONNECTION & DEVICE CAPABLE OF RUNNING THE FREE  
INTERNET APPLICATION SKYPE ARE REQUIRED FOR THIS COURSE!

\$59R \$69NR

### Marin Humane Society Dog Handling Class: Family Dog I

#### For Dogs Four Months and Older

This beginning-level class teaches the fundamentals of good manners: sit-down, stay, come, polite greetings and walking, wait at doors, and leave it. **FIRST CLASS IS A MANDATORY INTRODUCTORY SESSION FOR PEOPLE ONLY—NO DOGS, PLEASE!** The first class orientation session is for BOTH small breed and large breed owners, it will begin at 9:30am and last for 1.5 hours. Please bring proof of your dog's vaccination to the introductory session.

Instructor **Ingrid Volen** has been a volunteer for the Marin Humane Society for several years, assisting in more than 200 dog training classes and teaching a wide variety of classes from Beginning Puppy to Family Dog I. Ingrid is a graduate of the highly respected Canine Behavior Academy I & II at the Marin Humane Society.

Course #: 21721.4151

SA 9/12-10/17 9:30-10:30am \$165R \$175NR

Course #: 21721.4152

SA 10/24-12/5 9:30-10:30am \$165R \$175NR

\*FIRST CLASS WILL MEET 9:30-11:00am NO DOGS, PLEASE! BRING  
VACCINATION INFO.

Exercise Room – City Hall, 420 Litho Street, Sausalito



## Coach Yourself to a Better Life

Before you invest thousands of dollars and a year of your life in the services of a personal coach, attend this course and learn the five key components to effective self coaching. Instead of hiring someone else to be your advocate, your cheerleader and your mentor—learn what it takes to develop these qualities in yourself. You will learn:

- To incorporate minor shifts in everyday language and thinking to make extraordinary positive changes in your relationships
- To rebuild sound sleep habits to dramatically change your outlook
- To harness your inherent ability as a master self-hypnotist and use it for your benefit
- A simple way to put your goals in the palm of your hand
- To ask the right questions and illuminate answers that work

**A. T. Lynne, CCHt**, has been practicing hypnotherapy in Sausalito since 2004. She helps clients regain control of their lives and ensure unwavering connection to their best intentions through hypnosis and personal coaching.

Course #21662.4151  
 M 10/5-12/21 6pm-7pm \$105R \$115NR  
 Edgewater Room – City Hall, 420 Litho Street, Sausalito

## Screenwriting 101

With the incessant demand for video entertainment, the advent of short serials on the web, and apps that can turn your iPhone into a camera capable of shooting feature films, more and more people are encouraged to make their own movies. In this course, local Screenwriter and author **A.T. Lynne** will teach you the basics of screenwriting. Through reading and analysis of three short stories and their script equivalents, you will gain an understanding of acts, scenes, characters, and genres as well as the specific terms and formatting required to create a movie script. Come learn how to translate any story into the language of film.

**A.T. Lynne** is a Sausalito hypnotherapist and screenwriter. She has written both short and feature-length screenplays, and has worked as script editor for short films. Her screenplay, *EDWARD'S HEART*, was a second round finalist in KAOS, British Short Screenplay competition. In 2002, A.T. earned her BA degree in Creative Arts with an emphasis in screenwriting from San Jose State University.

Course #21661.4151  
 M 10/5-10/26 11m-noon \$52R \$62NR  
 Edgewater Room – City Hall, 420 Litho Street, Sausalito

### Interested in Teaching a class?

If you have a special skill or are particularly knowledgeable about a subject and would like to share it with others, drop us a line. Proposals for all ages, classes, and/or workshops are encouraged. Contact Jeff Dybdal, Parks & Recreation Super-visor at **289-4140** or send to [jdybdal@ci.sausalito.ca.us](mailto:jdybdal@ci.sausalito.ca.us).

## Taiko – Adult I (Introduction)

Drums provided! Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course is a basic introduction to taiko, including Japanese expressions, the kinds and use of taiko, and the sounds of various taiko beats. Students will be playing on actual drums.

A \$90 materials fee (per session) will be collected by the instructor of this course.

NOTE: Taiko requires peak physical conditioning and flexibility. Instructor reserves the right to reject questionable physical conditions and/or require a doctor's written permission and written waiver of liability.

Course # 22341.4151  
 SU 9/13-11/1 10am-Noon \$60R \$70NR  
 Course # 22341.4152  
 SU 11/8-12/20 10am-Noon \$60R \$70NR  
 Exercise Room – City Hall, 420 Litho Street, Sausalito  
 Instructor: Kensuke Sumii

## Swing Dance

Basic, simple and versatile style of dance taught in a relaxed, fun environment. Swing Dance can be learned with or without a partner since instruction is given for leaders and followers. Dancing with various partners throughout the class is encouraged, but not required.

Instructor **Robin Leonard** has taught in various locations and has been swing dancing for many years. Feel free to call her at **916-521-8364** with any questions or comments.

Course #23701.3152  
 W 8/5-8/26 7pm-8pm \$40R \$45NR  
 Course #23701.3153  
 W 9/2-9/23 7pm-8pm \$40R \$45NR  
 Daily drop-in \$13R \$15NR

Interested in group swing dance classes in October-December?  
 Call **289-4152** and ask about availability.

Exercise Room – City Hall, 420 Litho Street, Sausalito

## Qigong

Qigong is an ancient Chinese health care system integrating physical postures, breathing techniques and focused intention. Qigong (pronounced “Chi Kung”) is made up of two Chinese words. Qi (pronounced chee) means the life force or vital energy that flows through all things in the universe. Gong (pronounced gung) means accomplishment, or skill cultivated through steady practice. Together, Qigong (Chi Kung) means cultivating energy—a system practiced for health maintenance, healing and increasing vitality.

**Jadeera** is a Qigong practitioner and teaches it and several other movement classes including Belly Dance for Fun + Fitness.

Course #24921.4151  
 M 9/14-10/26 5:30pm-6:30pm \$70R \$80NR  
 Course #24921.4152  
 M 11/2-12/14 5:30pm-6:30pm \$70R \$80NR  
 Exercise Room – City Hall, 420 Litho Street, Sausalito

## Belly Dance for Fun + Fitness

Belly Dance fun for everyone! Learn the beautiful art of Belly Dance from Jadeera professional dance artist and teacher. **Jadeera** has studied dance for 35 years and has been teaching for 16 years. She is also a certified Yoga and Qigong Instructor and fuses the mind/body/spirit practices into all classes to enhance ability, understanding and expression of Belly Dance as a living art, rooted in cultures of North Africa and the Middle East. Jadeera currently performs as a professional belly dancer at several Bay Area venues—participation in this class can lead to performance opportunities for dedicated students interested in public performance. Optimal results will be attained by a full session's attendance, but the class is open to drop-in attendance.

Course #23921.4151

M	9/14-10/26	7:30pm-8:30pm	\$70R	\$80NR
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Course # 23921.4152

M	11/2-12/14	7:30pm-8:30pm	\$70R	\$80NR
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Exercise Room – City Hall, 420 Litho Street, Sausalito

## Zumba

Join the party! Zumba exercise classes are “Fitness-parties” blending upbeat world rhythms with easy-to-follow choreography for a total-body workout that feels like a celebration. You burn calories, improve flexibility and coordination, improve cardiovascular health and tone your body while doing the easy to follow dance moves.

Instructor **Marleny** is a certified Zumba instructor who loves to teach Zumba to groups of all age levels. If you are worried about joining a class like this, she wants you to know there is no experience necessary. It's for all ages and she wants each class to feel like a party. The best part for her is, “you don't even need to have to know how to dance, you just feel the rhythm, move your body and follow the instruction. Before you know it, you're getting fit, your energy levels are soaring and you learn some fun new dance steps. Zumba has it all, it's easy to do, effective and is totally exhilarating fun!”

Course # 23821.3151

M	8/17-8/31	6:30pm-7:30pm	\$30R	\$35NR
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Course # 23821.3152

M	9/14-9/28	6:30pm-7:30pm	\$30R	\$35NR
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Course # 23821.3153

TU	8/18-9/1	10:30am-11:30am	\$30R	\$35NR
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Course # 23821.3154

TU	9/8-9/29	10:30am-11:30am	\$40R	\$45NR
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Course # 23821.3155

TU	8/18-9/1	6:30pm-7:30pm	\$30R	\$35NR
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Course # 23821.3156

TU	9/8-9/29	6:30pm-7:30pm	\$40R	\$45NR
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Daily Drop-In

M & TU	8/17-9/29	Time Varies by day	\$12R	\$14NR
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Exercise Room – City Hall, 420 Litho Street, Sausalito

## Tai Chi Basics for the Beginner and Intermediate Student

Tai Chi is a gentle, complete exercise using flowing movements. Tai Chi improves balance, circulation, posture, body awareness, and mood. Students are exposed to the traditional principles from which the mystical qualities of this Ancient Chinese Art arise. The basic use of breath and the fundamentals of footwork will be included.

Instructor **Joe Quinn** has been teaching Yang Style Tai Chi for 15 years.

*A paying student can attend the next Chi by the Bay class for free.*

Course # 24321.4151

TH	Ongoing	6:15pm-7:15pm	\$70R	\$80NR
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SEVEN CLASSES

Daily Drop-In			\$10R	\$12NR
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Exercise Room – City Hall, 420 Litho Street, Sausalito

## Chi by the Bay

Enjoy the gentle flowing movements of Qigong in the same beautiful waterfront location as Jazz and Blues by the bay. Qigong is an ancient philosophical system of harmonious integration of the human body with the universe. It is Art and Science that plays an active role in protecting and strengthens health. Qigong resists premature senility and prolongs life.

Beginners are encouraged and welcomed

Led by instructor **Joe Quinn**, a retired fire fighter and massage therapist. Joe studied Qigong at the East West Academy of Healing Art with Dr. Effie Chow. *A paying student can attend the next Tai Chi Basics for the Beginner and Intermediate Student class for free.*

Course # 24322.4151

SA	Ongoing	9am-10am	\$70R	\$80NR
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SEVEN CLASSES

Daily Drop-In			\$10R	\$12NR
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Gabrielson Park, Sausalito

## Rosen Method Movement

These classes are simple and fun and include different kinds of music and support movements that are designed to improve alignment and flexibility. By gently moving joints and muscles, we come in contact with the parts in us that are open as well as those that have been closed because of tension or physical and emotional pain. As range of motion increases, the breath comes in more fully and we come in touch with a new awareness of our bodies and a renewed feeling of our selves.

**Tina Kelly Green** is a licensed Rosen Movement teacher and Certified Rosen Method and Transformational Bodywork Practitioner.

Daily Drop-In

M,TH	Ongoing	8:30am-9:30am	\$10R	\$12NR
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Exercise Room – City Hall, 420 Litho Street, Sausalito

### Amy Lynn Sabel

Instructor **Amy Lynn Sabel** has helped thousands of people of all shapes, ages, and sizes to eliminate back, neck and joint pain. The key is proper exercise and stretching every morning. It takes about 15 minutes and keeps you pain-free, limber and ready for the day. The best part is—IT FEELS GOOD! Anyone willing to put in the time can learn Amy's basic exercises and stretching routines. We brush our teeth daily to keep them healthy—doesn't it make sense to have a daily exercise routine to keep your spine and joints flexible, strong and pain free? Call Amy at **250-5439** with questions or to inquire about private sessions.

### Stretch and Be Your Best!

Learn a series of specific exercises that help warm up your muscles safely and efficiently, enhancing circulation, range of motion and core strength. Professional athletes use this type of stretching, called Active Isolated stretching, to prepare their bodies for competition and to prevent injuries. EVERYONE, athlete and non-athlete, can move with ease by doing this 15-minute routine daily. Flexibility is youth!

Course # 24034.4151  
 SA 10/24 2:30pm-4pm \$55R \$65NR  
 Marin Body Awareness Center, 980 Magnolia Ave, Suite 6B, Larkspur  
 Instructor: Amy Lynn Sabel

### Knees, Knees, Knees!

Learn specific exercises to help relieve knee pain. By safely strengthening your quadriceps, (muscles on front of thigh) and stretching your hamstrings, (muscles on back of thigh), you will gain strength and stability for the knees. Learn proper body alignment, including posture techniques, to help you stand, sit, and walk with without hurting your knees. If your knees are talking to you, it's time to start listening and give them the help they deserve!

Course# 24033.4151  
 SA 11/7 2:30pm-4pm \$55R \$65NR  
 Marin Body Awareness Center, 980 Magnolia Ave, Suite 6B, Larkspur  
 Instructor: Amy Lynn Sabel

### Back Pain Relief

In college, instructor Amy Lynn Sabel broke her back. Always very active, she would not settle with daily back pain. This led her to develop a series of assisted stretching and core strengthening exercises that have kept her pain-free and active. Amy wishes she could stand on top of a mountain and shout her discoveries to the world, but the next best thing is offering the Back Pain Relief class to interested students. 90% of Americans will have some kind of back pain, but you don't have to live with it!

Course # 24032.4151  
 SA 10/10 2:30pm-4pm \$55R \$65NR  
 Marin Body Awareness Center. 980 Magnolia Ave., Suite, 6B Larkspur  
 Instructor: Amy Lynn Sabel

### THE POWERFUL 3: Music, Movement & Relaxation

This experiential one-hour class will energize, educate, and improve memory with the non-pharmacological interventions of music, movement and relaxation. Professionals, caregivers, and family members, seniors will learn techniques in this interactive therapeutic class that will have a profound impact on your social, physical, and emotional wellbeing.

All are welcome. Research is showing that music, movement and relaxation can improve and arrest memory loss associated with dementia and people living Alzheimer's disease.

Sing, move, drum, dance, laugh, connect, celebrate life with Instructor Kat Downey; author, musician, composer, dancer, presenter, Reiki practitioner & Alzheimer's expert.

Course # 21741.3151  
 F 9/11-10/16 10:30am-11:30am \$54R\* \$64NR\*  
 \*Age 55+ Senior Citizen Discount \$42R \$47NR  
 Daily Drop-In \$10R\* \$12NR\*  
 \*Age 55+ Senior Citizen Discount \$8R \$9NR  
 Edgewater Room – City Hall, 420 Litho Street, Sausalito

### Core Restore Yoga

Melissa's class is a joyful and gentle class for everyBODY!

Instructor **Melissa McArdle** has practiced yoga for more than fifteen years, is certified with Yoga Alliance and focuses on the union of body and mind via the breath. Melissa's teaching style is eclectic, taking cues from Hatha, Vinyasa, Strala and a love of movement and freedom. She has developed her own unique style of flow and alignment. Her classes are fun and playful with easy-to-follow instructions, encouraging students of all levels to work deeply while honoring and working with individual limitations.

Please bring a yoga mat to class

FIVE-CLASS PASS  
 Course # 24611.4151  
 TU 5 Visits in Ongoing Session 5:30-6:30pm \$55R \$65NR  
 TEN-CLASS PASS  
 Course # 24611.4152  
 TU 10 Visits in Ongoing Session 5:30-6:30pm \$100R \$110NR  
 DAILY DROP-IN  
 TU Ongoing 5:30pm-6:30pm \$12R \$14NR  
 Exercise Room – City Hall, 420 Litho Street, Sausalito

### Yoga with Dr. Ehret

**Dr. Richard Ehret**, Chiropractor, teaches a basic Hatha Yoga routine to increase flexibility, release tension and tone muscles. Join this drop-in class for an hour of development and relaxation for the mind, body and spirit.

Course #24501.4151  
 TH Ongoing 7:30pm-8:45pm \$80R \$90NR  
 TEN CLASSES  
 Daily Drop-In \$10R \$12NR  
 Exercise Room – City Hall, 420 Litho Street, Sausalito

## Stacked Adventures

Stacked Adventures was created to give people the opportunity to create their own outdoors adventures at their own pace, with their own ideas of what they want to experience while doing so, closely to home and affordably. Our service is a hybrid of guide, gear, and concierge service catering to people who do not have the gear, skill level, and/or knowledge to do their own outdoor adventure. Our top priority is SAFETY! We provide top quality gear, professional guides, and very experienced outdoor professionals to ensure you have the wilderness experience that is right for you.

### FAMILY KAYAKING

Join us for a special kayak tour of the Bothin Marsh Preserve, the calm shallow waters of the lagoon west of the Richardson bridge perfect for the "little ones." The day will begin with a discussion on equipment and instructions on kayaking. We will then hit the water, cruising at a relaxed pace using very stable kayaks. Kids will have the opportunity to paddle, or just enjoy the ride with stops for snacks and play on & off the water. Fee covers Up to three persons: either one adult with two children or two adults with one child. Minimum Age: 5.

Course # 24871.3151  
SU 8/23 9:30am-11am \$70R \$80NR

Course # 24871.4151  
SU 9/5 9am-10:30am \$70R \$80NR

Course # 24871.4152  
SU 9/5 11am-12:30pm \$70R \$80NR

Course # 24871.4153  
SU 10/3 9am-10:30am \$70R \$80NR

Course # 24871.4154  
SU 10/3 11am-12:30pm \$70R \$80NR

Course # 24871.4155  
SU 11/1 9:30am-11am \$70R \$80NR

Course # 24871.4156  
SU 11/1 11am-12:30pm \$70R \$80NR  
Specific launch site will be emailed to registered participants by instructor

### LEARN TO KAYAK

The day begins with a discussion on land, equipment overview, paddle techniques, and safety. We will go through these initial exercises designed to help everyone get comfortable while developing boat control. We will return to land for more discussion on kayak transport, car loading, and more paddle techniques. We will have a short break for lunch, then continue practicing our paddle techniques while touring the area. We will be practicing kayak rescues which will require you to get in the water; this is not mandatory but highly recommended. Minimum Age: 12.

Course # 24872.4151  
SA 9/19 9am-2pm \$75R \$85NR  
Specific meeting and launch site will be emailed to registered participants by instructor

### KAYAKING FOR BOOMERS

This program is designed for people who are part of the "Boomer" generation (50yrs+) and want to remain active. You set the pace of instruction and practice while we provide emphasis on ease, safety, and comfort. The day will begin with a "land" discussion, covering equipment, paddle techniques, and safety. Then tour the area practicing our new skills, take a short break for lunch, then continue practicing our paddle techniques. We will end the day covering on-land transportation, auto loading/unloading systems, and next steps for progression. Minimum age: 50.

Course # 24874.4151  
M 9/21 9am-noon \$60R \$70NR  
Meeting and launch site will be emailed to registered participants

### KAYAK AND DINE

Spend the day touring the local water ways with a break for lunch at one of the many waterfront restaurants in the area. The program will begin with a quick discussion on land covering equipment and instructions on basic kayaking. Then tour the area with stops to enjoy the scenery and local marine wildlife. Enjoy the sea breeze, sunshine, and local cuisine. Instructor will make arrangements with restaurant but participants will pay for their orders. Minimum Age: 12.

Course # 24875.4151  
SU 12/6 10am-1:30pm \$68R \$78NR  
Specific launch site and restaurant location will be emailed to registered participants by instructor

### SUNSET/MOONLIGHT COUPLES KAYAKING TOUR

Spend the evening touring the local waterways while the sun sets over the horizon. The program will begin with a quick discussion on land covering equipment and instructions on basic kayaking. We will tour the area with a stop to enjoy the sunset, sea breeze, and local marine life. We will paddle back under the moonlight. Minimum Age: 18.

Course # 24876.4151  
F 10/16 5:30pm-8:30pm \$130R \$140NR  
Course # 24876.4152  
SA 11/14 4pm-7pm \$130R \$140NR  
Specific launch site will be emailed to registered participants by instructor



### Leisure Walks in Marin

Do you find the rugged trails of Marin too challenging? Join us for easy and fun walks in the flat lands and gentle slopes of Marin. We'll birdwatch, admire the wildflowers and meditate on the beautiful scenery. This is a great opportunity to adventure outside, meet new people and enjoy the magic of nature. Length of walk is approximately two miles. Classes are coed. Enrollment is limited. Led by nature guide **Donna Simonsen** who also teaches Gentle Yoga Classes. "Spend the day at home and you'll never remember it; spend the day outdoors and you'll never forget it." – Mrs. Terwilliger

Course # 24213.3153				
F	9/4-9/25	2pm-3:30pm	\$65R	\$75NR
Course # 24213.4151				
F	10/2-10/23	2pm-3:30pm	\$65R	\$75NR
Course # 24213.4152				
F	11/6-11/27	2pm-3:30pm	\$65R	\$75NR
Course # 24213.4153				
F	12/4-12/25	2pm-3:30pm	\$65R	\$75NR

Location directions to Trailheads mailed or emailed with receipt.

### Hiking Adventures and Gentle Yoga

Join us for an inspiring hike and discover the magic of Marin's hiking trails. Connect with nature to rejuvenate, replenish and nurture yourself and reawaken the elements of wilderness within. We will pause to do some simple yoga amidst the beauty of nature and then explore Marin's most magnificent hiking trails with abundant magical redwood forests, majestic mountains, winding creeks and rolling hills. The hikes are moderately challenging and average four to six miles. Directions to trailheads are given at time of registration. Enrollment is limited. Led by **Donna Simonsen**, inspirational Nature Guide and Yoga Teacher.

Course # 24221.3153				
F	9/4-9/25	9am-Noon	\$90R	\$100NR
Course # 24221.4151				
F	10/2-10/23	9am-Noon	\$90R	\$100NR
Course # 24221.4152				
F	11/6-11/27	9am-Noon	\$90R	\$100NR
Course # 24221.4153				
F	12/4-12/25	9am-Noon	\$90R	\$100NR

Location directions to Trailheads mailed or emailed with receipt.

### What? The Class I Wanted To Take Is Cancelled!

We're sorry, but our excellent programs don't always meet the necessary enrollment requirements. When people wait until the last minute to register they are often disappointed to hear that the class was cancelled due to under-enrollment. Please register at least a week early so we have an accurate count of participants with which to make cancellation decisions.

### Open Gym Drop-In Adult Basketball

MLK Gymnasium is open from 8pm-10pm on Monday Evenings for pick-up basketball games. Novice to Advanced players are welcome with half-court games forming on an ad-hoc basis throughout the night.

TUESDAY EVENING MAY BECOME AVAILABLE IF DEMAND IS HIGH ENOUGH  
CALL PARKS AND RECREATION 289-4152 TO CHECK ON TUESDAY EVENING AVAILABILITY

#### DAILY DROP-IN

M	11/2-12/28	8pm-10pm	\$3R	\$5NR
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MLK Gymnasium, 610 Coloma Street, Building 6

### Marin Table Tennis Club

MLK Gym is an excellent, well-lit location for table tennis. The club has been attended by hundreds of enthusiasts, with a typical night seeing from 12 to 20 players. We offer six tournament-class Stiga tables and nets. We also provide balls and paddles. A variety of play formats allows competition and recreation for all levels, from beginners to tournament players. Come try us out, meet new players in a friendly atmosphere, improve your game and have a great time! Please wear non-marking athletic shoes.

Sponsored by the Sausalito Parks and Recreation Department, the Marin Table Tennis Club and Stiga Corporation.

Course # 25531.4151				
TH	Ongoing	7pm-10pm	\$35R	\$40NR
TEN-VISIT PASS				
Daily Drop-In		7pm-10pm	\$4R	\$5NR

MLK Gym, 610 Coloma Street, Sausalito  
Instructor: Marin Table Tennis Club

### Marin Table Tennis Club Table Tennis for Beginning and Intermediate Players

Enjoy the game of "ping pong" and learn the sport of "table tennis" with an open play format, with coaching available. This class is designed for new players and those rediscovering the game after years, but will provide opportunity for everyone who desires to train, play or understand the sport at a higher level.

Balls and paddles provided. Please wear non-marking athletic shoes.

Course # 25532.4151				
TH	Ongoing	6pm-7pm	\$35R	\$40NR
10-VISIT PASS				
Daily Drop-In		6pm-7pm	\$4R	\$5NR

Private coaching available by appointment. Fees vary.  
MLK Gym, 610 Coloma Street, Sausalito  
Instructor: Marin Table Tennis Club

## Adult Tennis Classes

### LEVEL 1: INTRO TO TENNIS

Students are introduced to the basic skills of tennis, including forehand, backhand, serve, and volley. Emphasis is placed on proper stroke technique and enjoyment of the game.

Course # 25551.4151  
 TH 9/17-11/19 6:30pm-8pm \$250R \$260NR  
 TEN-WEEK COURSE  
 Marinship Tennis Courts, Sausalito

### LEVEL 2: EARLY INTERMEDIATE TENNIS

Students are taught stroke production, practice skills, and tennis related games. Focus is on additional stroke development and an introduction to strategy and rules.

Course # 25552.4151  
 W 9/16-11/18 6:30pm-8pm \$250R \$260NR  
 TEN-WEEK COURSE  
 Marinship Tennis Courts, Sausalito

### LEVEL 3: INTERMEDIATE TENNIS

Students are taught stroke production, practice skills, and tennis related games. Focus is on additional stroke development and an introduction to strategy and rules.

Course # 25553.4151  
 TU 9/15-11/17 6:30pm-8:30pm \$200R \$210NR  
 TEN-WEEK COURSE  
 MLK Park Tennis Courts, Sausalito

### ROUND ROBIN DOUBLES

A great way to improve your doubles skills. Play and meet new friends. No partner required. All ability levels accepted. Maximum 20 players.

Drop-in  
 SA Ongoing 8am-10am \$12R\* \$14NR\*  
 MLK Park Tennis Courts, Sausalito  
 \*per class

### LEVEL 3: WINNING DOUBLES STRATEGY

Focus on doubles strategy.

Course # 25554.4151  
 M 9/14-11/16 6:30pm-8pm \$250R \$260NR  
 TEN-WEEK COURSE  
 Marinship Tennis Courts, Sausalito

For Additional Information contact Erik Johansson  
 457-9217, erik@tennisinmarin.com, www.tennisinmarin.com

### TUNE-UP CLINIC

For level 2+ players who have been away from the game for awhile.

Course # 25555.4151  
 SA 9/12-11/14 10:30am-noon \$250R \$260NR  
 TEN-WEEK COURSE  
 Marinship Tennis Courts, Sausalito



### 2015 Fall Bocce Ball League

The Sausalito Fall Bocce Ball League is limited to thirty-two teams. The league consists of four eight-team divisions. All teams must have: at least two players present per game, a minimum team roster of four players, and a maximum of eight. Regular season play is scheduled for seven games with the top six teams from each division advancing to an exciting single-elimination playoff to determine the finalists who will compete in the league championship, the 'SuperRoll'. With a full thirty-two team league, there are 7 guaranteed games in all for each team, more for teams that earn spots in the playoffs.

Fewer teams registered will result in fewer games for all teams. Saturday and Sunday mornings are reserved for make-up games due to weather cancellations. Divisional Championships and the League Championship 'The Super Roll' are scheduled for Saturday October 31st with all teams invited to attend the bocce league barbeque and watch the final games.

REGISTRATION OPENS AUGUST 12, 9AM AT THE PARKS & RECREATION CENTER FRONT COUNTER, 420 LITHO STREET  
 CAPTAIN'S MEETING AUGUST 27, 5pm  
 Sausalito Parks and Recreation Game Room, 420 Litho Street

TH & F 9/10-10/30\* 5pm-8pm  
 \$100 Team Registration Fee +Per-Player fee of \$10R \$20NR  
 SA 9/12 9am-3pm Opening Weekend  
 SA 10/31 9am-3:30pm Finals for Qualifiers  
 Dunphy Park Bocce Courts, Sausalito

## UNIVERSITY OF CALIFORNIA SAN FRANCISCO OUTDOOR PROGRAMS AND THE CITY OF SAUSALITO'S PARKS AND RECREATION DEPARTMENT TEAM UP!

Sausalito and Its Community Residents are eligible for the UCSF Student Discount Rate for UCSF Campus Life Services Outdoor Programs. You must live in zip code 94965 to receive this benefit.

To register, contact Kirk McLaughlin at UCSF Outdoor Programs at 415-502-2121 or email [kirk.mclaughlin@ucsf.edu](mailto:kirk.mclaughlin@ucsf.edu).

### SEPTEMBER 12—SAUSALITO HOUSEBOATS AND HARBOR SEALS KAYAK TRIP

10am-12:30pm

Cost: \$49 for Sausalito residents (regular price: \$64)

### SEPTEMBER 19—MENDOCINO CAMPING AND SEA CAVE KAYAKING

1pm Saturday-1pm Sunday

Cost: \$165 for Sausalito residents (regular price: \$199)

Includes all camping gear, food, permits and guides (transportation not included). Kayak rental on Sunday not included.

### SEPTEMBER 26—FULL MOON KAYAK TRIP

7pm-10pm

Cost: \$60 for Sausalito residents (regular price: \$80)

### OCTOBER 3-4—BIG SUR EXPLORER CAMPING TRIP

Come explore Big Sur and camp in style. We'll base ourselves out of Limekiln State Park and visit gorgeous beaches, redwood forests and waterfalls.

All camping equipment, food and guides provided.

Cost: \$165

### OCTOBER 4—GOLDEN GATE AND BEYOND KAYAK TRIP

We'll be heading out the Gate and a mile further to Pt. Diablo and Bonita Cove. Be ready for an adventure! Previous kayaking experience required. Lunch not included.

9am-4pm

cost: \$85, lunch not included

### OCTOBER 10—SUNSET HIKE ON MOUNT TAM

We'll meet at the Mtn Home Inn and hike to the East Peak and back for a stunning display of the sun setting over the Bay.

3:30pm-8pm

Cost: \$26

### OCTOBER 18—ANGEL ISLAND "IRON MAN" ADVENTURE

Challenge yourself on this ten-mile paddle circumnavigating, Angel Island and run to the top of Mt. Livermore on the island.

Some previous kayaking experience required.

9am-4pm

Cost: \$85, lunch not included

### OCTOBER 24—FULL MOON KAYAK TRIP

Pure magic as we glide along the shores of Sausalito and watch the full moon rise.

5pm-8pm

Cost: \$60

### NOVEMBER 6-8—YOSEMITE VALLEY IN THE FALL CAMPING TRIP

We'll be staying in the tent cabins of Curry Village in Yosemite Valley for the Fall colors. We'll go on a six-mile hike past Vernal and Nevada Falls and enjoy the lack of crowds on this off-season adventure.

Transportation and food not included.

Arrive by 11 pm on Friday. Trip finishes after lunch on Sunday

Cost: \$199

### NOVEMBER 11—TIDEPooling, SUNSET AND BBQ AT DUXBURY REEF IN BOLINAS

Join us for an afternoon of exploring the intertidal zone of Duxbury Reef. Our guides will share their stories and knowledge about the incredible world at the shore of our ocean.

Enjoy a BBQ as we relax and watch the sun set into the ocean afterwards. Food included.

2:30pm-5:30pm

Cost \$35

### NOVEMBER 21—FULL MOON KAYAK TRIP

Pure magic as we glide along the shores of Sausalito and watch the full moon rise.

4pm-7pm

Cost: \$60

### NOVEMBER 21-22—BIG BASIN CAMPING TRIP

Come visit California's oldest State Park, and home to the largest continuous stand of Ancient Coast Redwoods south of San Francisco.

All camping equipment, food and guides provided.

Cost: \$165

### DECEMBER 12—SAUSALITO PARADE OF LIGHTS KAYAK TRIP

Enjoy this spectacular night on the Bay from the intimate perspective of a kayak!

4pm-9pm

Cost: \$80

**To register, contact Kirk McLaughlin at UCSF Outdoor Programs at 415-502-2121  
or email [kirk.mclaughlin@ucsf.edu](mailto:kirk.mclaughlin@ucsf.edu).**

**A. Martin Luther King Jr. Park and Gym** (available for rentals)

Gym. Five tennis courts, running track, lawn area, playground, two basketball courts, and softball field. Located at 610 Coloma Street.

**B. Remington Dog Park**

One-acre dog park. Located at 100 Ebbtide Avenue.

**C. Marinship Park** (available for rentals)

Three lighted tennis courts, parking lot, large lawn area and bathrooms. Located at Marinship/Libertyship Way

**D. Langendorf Playground** (available for rentals)

Small children's area, lawn, BBQ and picnic tables. At the intersection of Easterby Street and Woodward Avenue.

**E. Schoonmaker Beach**

Shoreline Public Access. Adjacent to 85 Libertyship Way

**F. Robin Sweeny Park**

Lighted basketball court, playground, grass area and picnic area.

Located at Caledonia and Litho Street.

**G. Edgewater Room, Exercise Room and Clubhouse at City Hall** (available for rentals)

Edgewater Room has meeting space, Exercise Room has a large wooden floor and Game Room has a variety of recreation activities for children and adults.

All located at City Hall, corner of Caledonia and Bee Streets.

**H. Dunphy Park** (available for rentals)

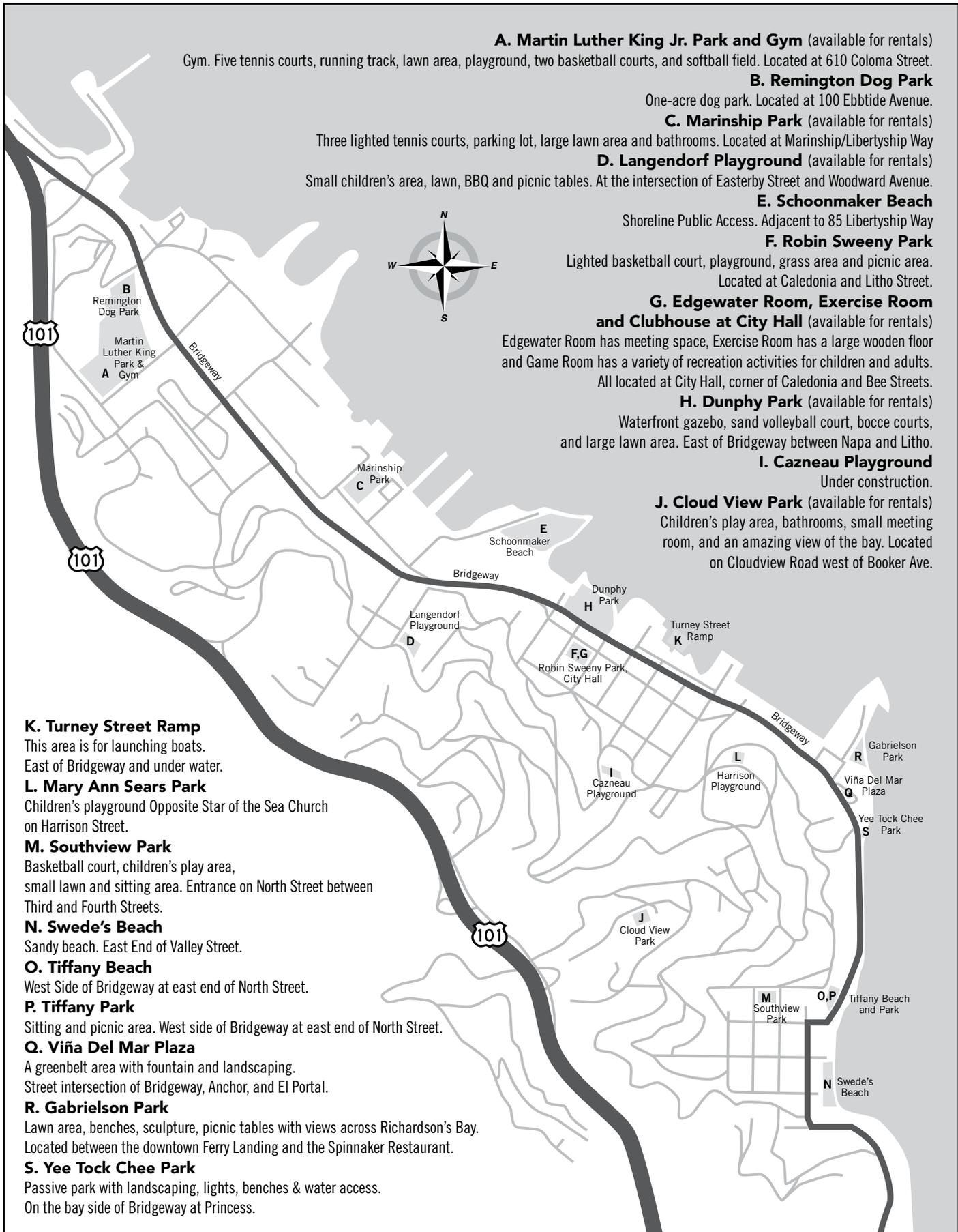
Waterfront gazebo, sand volleyball court, bocce courts, and large lawn area. East of Bridgeway between Napa and Litho.

**I. Cazneau Playground**

Under construction.

**J. Cloud View Park** (available for rentals)

Children's play area, bathrooms, small meeting room, and an amazing view of the bay. Located on Cloudview Road west of Booker Ave.



**K. Turney Street Ramp**

This area is for launching boats. East of Bridgeway and under water.

**L. Mary Ann Sears Park**

Children's playground Opposite Star of the Sea Church on Harrison Street.

**M. Southview Park**

Basketball court, children's play area, small lawn and sitting area. Entrance on North Street between Third and Fourth Streets.

**N. Swede's Beach**

Sandy beach. East End of Valley Street.

**O. Tiffany Beach**

West Side of Bridgeway at east end of North Street.

**P. Tiffany Park**

Sitting and picnic area. West side of Bridgeway at east end of North Street.

**Q. Viña Del Mar Plaza**

A greenbelt area with fountain and landscaping. Street intersection of Bridgeway, Anchor, and El Portal.

**R. Gabrielson Park**

Lawn area, benches, sculpture, picnic tables with views across Richardson's Bay. Located between the downtown Ferry Landing and the Spinnaker Restaurant.

**S. Yee Tock Chee Park**

Passive park with landscaping, lights, benches & water access. On the bay side of Bridgeway at Princess.

## Facility & Park Rentals

Planning a Special Event? Having a party? Need a professional environment to hold a business meeting? We're here to assist you in planning your next event.

We offer you several different parks that can serve as the perfect venue for your wedding, birthday party, fundraiser or performance. Most of our parks are located on the waterfront with breathtaking views, all at affordable rates!

Need an indoor facility? Your guests are bound to feel at ease in our charming, historic City Hall building located at 420 Litho Street, complete with a conference room including a full service kitchen, a patio nestled

beneath the trees, an exercise room that's great for social gatherings, and a game room for kids to enjoy. Our center is equipped with rectangular tables and chairs. Our conference room offers a supportive environment, perfect for professional gatherings.

If your meeting requires a larger area, the Martin Luther King Gymnasium located at 610 Coloma Street, is available. If you need break-out space, this is a perfect location for team-building sessions and conferences.

Call the Parks and Recreation Department today to see which facilities best suit your needs. Reservations are required and facilities are booked in advance, so call **289-4152** for more information.

### Sausalito Facility and Park Rental Fees

PARKS		Sausalito Non-Profit Groups	Residents	Non- Residents	Commercial Groups
<b>Dunphy Park (Includes parking lot)</b>					
Area 1	Main Area including Gazebo	\$26 per hour	\$37 per hour	\$47 per hour	\$58 per hour
Area 2	Sand Volleyball Area	\$16 per hour	\$26 per hour	\$37 per hour	\$47 per hour
Area 3	Bocce Court (Rates per court)	\$16 per hour	\$26 per hour	\$37 per hour	\$47 per hour
<b>Marinship Field</b>		\$21 per hour	\$26 per hour	\$32 per hour	\$42 per hour
<b>Martin Luther King Field (#1 or #2)</b>		\$21 per hour	\$26 per hour	\$32 per hour	\$42 per hour
<b>Langendorf Park</b>		\$16 per hour	\$28 per hour	\$42 per hour	\$58 per hour
<b>Cloudview Park</b>		\$16 per hour	\$28 per hour	\$42 per hour	\$58 per hour
<b>Tennis Courts - Marinship &amp; MLK (Hourly Rates)</b>		\$21 per hour	\$26 per hour	\$32 per hour	\$42 per hour
<b>Other Parks</b>		\$16 per hour	\$28 per hour	\$42 per hour	\$58 per hour
<b>FACILITIES</b>					
<b>Edgewater Room</b>	Groups under 25	\$21 per hour	\$32 per hour	\$42 per hour	\$58 per hour
	Groups over 25	\$37 per hour	\$47 per hour	\$58 per hour	\$84 per hour
<b>Exercise Room</b>	Groups under 25	\$21 per hour	\$32 per hour	\$42 per hour	\$58 per hour
	Groups over 25	\$37 per hour	\$47 per hour	\$58 per hour	\$84 per hour
<b>Game Room</b>	Groups under 25	\$21 per hour	\$26 per hour	\$37 per hour	\$47 per hour
	Groups over 25	\$32 per hour	\$42 per hour	\$53 per hour	\$68 per hour
<b>MLK Gymnasium</b>		\$42 per hour	\$58 per hour	\$74 per hour	\$89 per hour

## Important Phone Numbers, Fax Numbers, and Email Addresses

### Administration Department

420 Litho Street, Sausalito CA 94965 • 415-289-4100 • Fax 415-289-4167

City Manager	Adam Politzer	289-4166	apolitzer@ci.sausalito.ca.us
City Attorney	Mary Wagner	289-4103	mwagner@ci.sausalito.ca.us
Assistant to City Manager/City Clerk	Debbie Pagliaro	289-4165	dpagliaro@ci.sausalito.ca.us
Interim Administrative Services Dir./Treasurer	Brian Moura	289-4105	bmoura@ci.sausalito.ca.us
Sr. Accounting Technician	Joe Finnegan	289-4150	jfinnegan@ci.sausalito.ca.us
Sr. Accounting Technician	Elena Shankin	289-4101	eshankin@ci.sausalito.ca.us
Sr. Accounting Technician	Cindy Kato	289-4148	ckato@ci.sausalito.ca.us
Human Resources	Susan Paterson	289-4130	spaterson@ci.sausalito.ca.us
Administrative Analyst/Deputy City Clerk	Lilly Schinsing	289-4134	lschinsing@ci.sausalito.ca.us
Administrative Aide	vacant	289-4199	

### Business Licenses

Muni Services 800-987-0999 M-F 9am to 5pm

### Technology

Technology Manager	Rhett Redelings	289-4196	rhett@ci.sausalito.ca.us
Technology Assistant	Russell Jaycox	289-4195	rjaycox@ci.sausalito.ca.us

**Library** Library Hours: Monday–Thursday 10am to 9pm, Friday and Saturday 10am to 5pm, Sunday noon to 5pm

420 Litho Street, Sausalito CA 94965 • 415-289-4121 • Fax 415-331-7943

City Librarian	Abbot Chambers	289-4123	achambers@ci.sausalito.ca.us
Assistant City Librarian	Augie Webb	289-4122	awebb@ci.sausalito.ca.us
Children's Librarian	Erin Wilson	289-4122	ewilson@ci.sausalito.ca.us
Senior Library Assistant	Peggy Gill	289-4122	pgill@ci.sausalito.ca.us
Library Assistant	vacant	289-4122	

**Community Development Department—Planning and Building** Office Hours: Monday–Thursday, 7:30am–5pm. Fridays, 7:30am–12pm.

420 Litho Street, Sausalito CA 94965 415-289-4128 • Fax 415-339-2256 • TO SCHEDULE BUILDING INSPECTIONS: 415-289-4100 Ext. 811

Community Development Director	Danny Castro	289-4133	dcastro@ci.sausalito.ca.us
Building Inspector	Kenneth Henry	289-4136	khenry@ci.sausalito.ca.us
Associate Planner	Calvin Chan	289-4129	cchan@ci.sausalito.ca.us
Assistant Planner	Becca Walters	289-4135	rwalters@ci.sausalito.ca.us
Assistant Planner	Josh Montemayor	289-4108	jmontemayor@ci.sausalito.ca.us
Permit Technician	Albert Viana	289-4137	aviana@ci.sausalito.ca.us
Administrative Aide	vacant	289-4132	

**Parks & Recreation Department** Office Hours: Monday–Friday 8:30am to 12pm, 1pm to 5pm

420 Litho Street, Sausalito CA 94965 • 415-289-4152

Parks & Recreation Director	Mike Langford	289-4126	mlangford@ci.sausalito.ca.us
Recreation Supervisor	Jeff Dybdal	289-4140	jdybdal@ci.sausalito.ca.us
Recreation Supervisor	Julie Myers	289-4198	jmyers@ci.sausalito.ca.us
Administrative Aide	Anita Cheng	289-4197	acheng@ci.sausalito.ca.us

**Public Works Engineering** 420 Litho Street, Sausalito • 415-289-4106

**Maintenance** Office Hours: Monday–Friday 6am to 3pm.

530 Nevada Street, Sausalito CA 94965 • 415-289-4113 • Fax 415-289-4138

EMERGENCY: CALL POLICE DEPARTMENT DISPATCH: 415-289-4170

Public Works Director	Jonathon Goldman	289-4176	jgoldman@ci.sausalito.ca.us
Senior Engineer	Andy Davidson	289-4180	adavidson@ci.sausalito.ca.us
Assistant Engineer	Alex Chan	289-4190	achan@ci.sausalito.ca.us
Public Works Division Manager	Loren Umbertis	289-4113	lumbertis@ci.sausalito.ca.us
Public Works Foreperson	Kent Basso	289-4193	kbasso@ci.sausalito.ca.us
Sewer Systems Coordinator	Pat Guasco	289-4192	pguasco@ci.sausalito.ca.us
Administrative Aide	Katie Laufman	289-4106	klaufman@ci.sausalito.ca.us

**Police Department** Office Hours: Monday–Thursday 7am to 5pm

29 Caledonia Street, Sausalito CA 94965 • 415-289-4170 • Fax 415-289-4175 • Emergency 911 • Parking Citations: 415-289-4149

Chief of Police	Jennifer Tejada	289-4170	jtejada@ci.sausalito.ca.us
Police Captain	John Rohrbacher	289-4177	jrohrbacher@ci.sausalito.ca.us
Administrative Aide II	Erika Lindeman	289-4173	elindeman@ci.sausalito.ca.us
Administrative Aide I	Dawn Barbour	289-4174	dbarbour@ci.sausalito.ca.us

**Parking and Transportation Division** Hours: Monday–Thursday 9am to 5pm

For general information, Commuter Parking & Resident Parking SmartCards, please visit the Sausalito Police Department located at 29 Caledonia Street. Residential Area Parking Permits are available for purchase Monday–Thursday 8:30am–1:30pm. Please call 415-289-4149 for more information.

Lead Parking Attendant	Elliott Holt	289-4116	eholt@ci.sausalito.ca.us
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**Fire and Emergency Medical Services** Office Hours: Monday–Friday 8am to 4pm.

Southern Marin Fire Protection District • 415-388-8182 • Fax 415-388-8181 • Emergency 911

Sausalito Station, 333 Johnson Avenue, Sausalito, CA 94965 • 415-289-4156

Deputy Chief	Chris Tubbs	388-8182	ctubbs@smfd.org
Administrative Assistant	Susan Kim	388-8182	skim@smfd.org

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